

Home and office chairs

10
Year Limited
Warranty
Included

MARKUS, TROLLBERGET, LÅNGFJÄLL, HATTEFJÄLL, FJÄLLBERGET, ALEFJÄLL, JÄRVFJÄLLET and FLINTAN chairs and LIDKULLEN active sit/stand support include a free 10-year limited warranty. For details visit IKEA-USA.com/warranty



Work chair with a perfect fit

Choosing the work chair is easy if you know what you need. Think about what kind of activities you will do in the chair — computer work, drawing, bill writing? And how much time you will spend sitting in it. A basic height-adjustable chair may offer the comfort you need for shorter periods. But for fulltime work, you might need one with more adjustable features to help you vary sitting positions. Do you have special needs, e.g. want relief for your back, support for your arms and shoulders? What style do you like? Let your answers to these questions guide you to the perfect work chair for you.

Can take a tough day at work

A chair that is tested for office use fulfills high requirements on ergonomics, stability, strength and durability. We know, because we put the chair through many different tests and tough challenges. For example, we sized the chair according to both European and American measurement requirements, subjected it to heavy loads and tested the endurance of each part — up to 300,000 times. We did all this to make sure it would be comfortable to sit in, safe to use and capable of enduring fulltime deskwork — for many years.

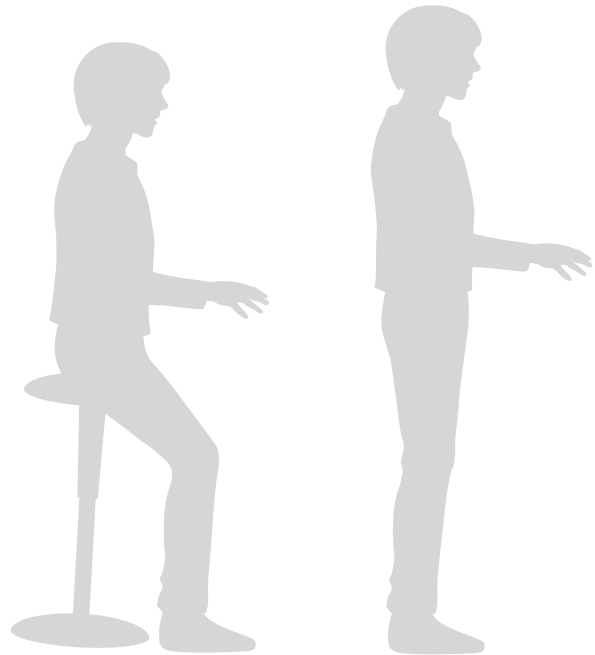
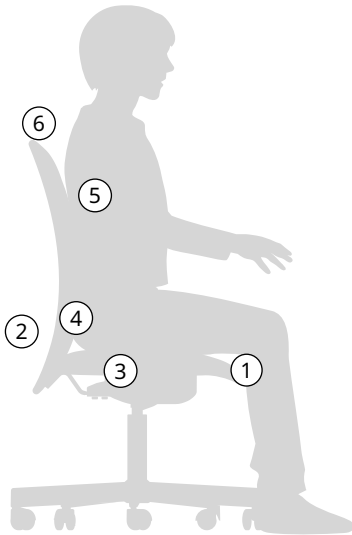
A high standard of accuracy has been sought in the preparation of this buying guide. We apologize for, but will not be bound by or responsible for, errors and omissions in this buying guide.

Not all products may be available in all stores. See what is available at your local store by visiting IKEA-USA.com. For more detailed product information, see the price tag or visit IKEA-USA.com. All products shown require assembly. All textiles shown are imported.



Good to know

The human body is made to move, so ideally, your workspace should give you the choice of sitting, standing or leaning, allowing you to change positions often.



Sitting

1. You should be able to stretch your legs under the table and turn 90° to the left and right. The hips and knees should be at an angle of approx. 95–100° with your feet flat on the floor. If you share the chair with other people, the height adjustable seat allows all of you to sit comfortably.
2. It doesn't matter if you're short or tall. With an adjustable seat depth or a height adjustable backrest you can try different depths and heights and get exactly the support your legs and back need.
3. A chair with tilt function makes it easy to change sitting position, regardless of whether the tilt function is in the seat or the backrest — or in both places.
4. The lumbar region is where we usually feel the first onset of tiredness. A chair with built-in lumbar support relieves pressure on your back.
5. Armrests reduce strain on arms and shoulders. Adjustable armrests reduce strain even more – regardless of how tall or short you are. Make sure that the armrests don't prevent the chair from being drawn close to the desk, and that they don't restrict your movements.
6. If you've been sitting at your desk for some time, it may feel nice to lean back and change your position for a moment. With a headrest on your chair, your head and neck also get some well-deserved relaxation.

Leaning

A standing support enables a position between sitting and standing, and it's ideal when you have a height adjustable desk.

- Provides freedom of movement for your upper and lower body.
- Activates and strengthens your body's core muscles.
- Gives you an open posture which improves your circulation and metabolic rate.

Standing

Don't forget to stand up as well. Alternating between sitting and standing is good for you since it increases circulation and productivity. Check out our height adjustable desks since they're ideal for alternating between sitting, leaning and standing.

Good to know



Height adjustable seat for a comfortable sitting posture regardless of body height.



Adjustable tilt tension; increase or decrease the resistance to suit your movements and weight.



Adjustable seat depth; easy to adapt for increased support to your thighs and back.



Synchronized tilt function in seat and backrest; the chair follows your movements when you lean forward or back.



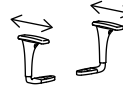
Height adjustable backrest; gives lumbar support and relieves strain on your back.



Weight compensation mechanism automatically finds the right amount of tilt tension to open up your body when you lean back.

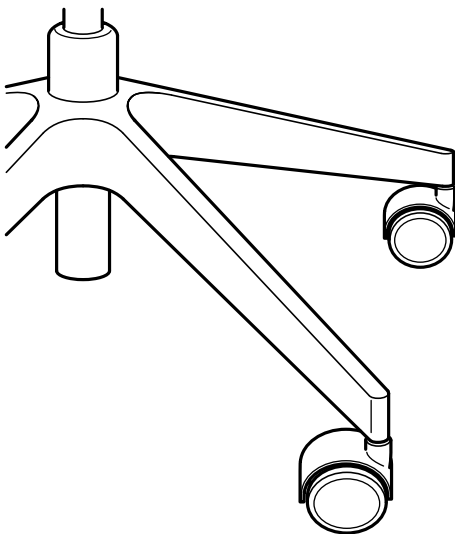


Lockable tilt function for increased stability in different sitting positions.



Depth adjustable armrest; adjust the depth according to your needs.

Safety casters



Chairs should stay where you leave them and not roll away on their own. That's why we put safety casters on our chairs. The casters have a built-in pressure-sensitive brake mechanism so that they roll freely and easily when you sit on the chair — and brake when you stand up. Note that even though the casters don't roll when braked, they can still slide on the floor if the chair is pushed.

All parts and prices

Office chairs



10
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FLINTAN Swivel chair

Seat W18½×D18". Tested for 240 lbs. Height adjustable 18½-23". Self adjusting tilt tension. May be completed with NOMINELL armrests. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle black	603.368.44	\$79.99
Vissle gray	603.368.39	\$79.99



NOMINELL Pair of armrests Relieves the pressure on arms and shoulders. Fits FLINTAN swivel chairs.

Black	902.002.69	\$20
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MARKUS Swivel chair Seat W20%×D18½". Tested for 240 lbs. Height adjustable 18%–22½". The mesh material of the backrest lets air through to your back during long sitting periods. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle dark gray	902.891.72	\$199
Glose black	001.031.02	\$229



10
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JÄRVFJÄLLET Swivel chair Seat W20½×D18". Tested for 240 lbs. Height adjustable 17¾–22". The mesh material of the backrest lets air through to your back during long sitting periods. You can adjust the lumbar support and seat depth according to your body.

Gunnared beige	004.199.55	\$229
Gunnared dark gray	603.635.97	\$229
Gunnared blue	203.636.03	\$229
Glose black	503.635.50	\$249



JÄRVFJÄLLET Pair of armrests Relieves the pressure on arms and shoulders. Fits JÄRVFJÄLLET swivel chairs.

Black	103.086.69	\$30
White	204.294.30	\$30



10
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HATTEFJÄLL Swivel chair Seat W19%×D15¾". Tested for 240 lbs. Height adjustable 16%-20½". Seat and backrest are adjustable in height and give you maximum support regardless of your body height. The safety casters have a pressure-sensitive brake mechanism that keeps the chair in place when you stand up, and releases automatically when you sit down. Design: Monika Mulder.

Gunnared beige	203.202.27	\$229
Gunnared light brown-pink	503.413.46	\$229
Gunnared medium gray	403.413.37	\$229



HATTEFJÄLL Pair of armrests Relieves the pressure on arms and shoulders. Fits HATTEFJÄLL swivel chairs.

White	303.413.47	\$30
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10
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LÄNGFJÄLL 5-leg swivel chair with casters

Seat W20%×D16". Tested for 240 lbs. Height adjustable 16%-20½". An ergonomic office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	291.775.69	\$159
Gunnared beige/white	592.523.69	\$159
Gunnared blue/black	791.775.81	\$159
Gunnared blue/white	892.523.82	\$159
Gunnared dark gray/black	591.775.77	\$159
Gunnared dark gray/white	792.523.87	\$159
Gunnared light brown-pink/black	592.610.81	\$159
Gunnared light brown-pink/white	692.524.01	\$159
Gunnared light green/black	692.809.08	\$159
Gunnared light green/white	692.809.08	\$159
Gunnared light green/white	692.523.97	\$159



10
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Warranty
Included

LÄNGFJÄLL 5-leg high-back swivel chair with casters

Seat W20%×D16". Tested for 240 lbs. Height adjustable 16%-20½". An ergonomic office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	091.776.31	\$179
Gunnared beige/white	492.524.83	\$179
Gunnared blue/black	391.776.63	\$179
Gunnared blue/white	692.525.14	\$179
Gunnared dark gray/black	391.776.44	\$179
Gunnared dark gray/white	792.525.18	\$179
Gunnared light brown-pink/black	992.611.02	\$179
Gunnared light brown-pink/white	392.525.44	\$179
Gunnared light green/black	292.809.10	\$179
Gunnared light green/white	992.525.22	\$179
Gunnared light green/black	292.809.10	\$179
Gunnared light green/white	992.525.22	\$179



LÄNGFJÄLL Pair of armrests Relieves the pressure on arms and shoulders. Fits LÄNGFJÄLL swivel chairs.

Black	503.205.65	\$20
White	703.205.69	\$20



10
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Included

ALEFJÄLL Swivel chair Seat W20%×D16½". Tested for 240 lbs. Height adjustable 17¾-22". An ergonomic office chair with a traditional look.

Glose black	103.674.61	\$299
Grann beige	103.202.23	\$299
Grann golden-brown	704.199.85	\$299



All parts and prices

Sit/stand support



GARKA Swivel chair Seat W18½×D16¾". Height adjustable 22%-30¾". You sit comfortably, regardless of your height, since the seat and footrest are adjustable. The mesh material of the backrest lets air through to your back during long sitting periods. The metal ring underneath can be used as a footrest.

Vissle black 904.197.53 **\$149**



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LIDKULLEN Active sit/stand support Seat Ø15". Tested for 243 lbs. Height adjustable 23¼-31¾". Gives you an active sitting position thanks to tilting mechanism of the seat.

Gunnared beige 604.457.82 **\$99**
Gunnared dark gray 504.457.87 **\$99**



10
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TROLLBERGET Active sit/stand support Seat Ø15¾". Height adjustable 26-31½". Tested for 240 lbs. Gives you an active sitting position thanks to tilting mechanism of the seat.

GLOSE black 603.882.58 **\$149**
GRANN beige 403.882.64 **\$149**



Conference chairs



10
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Included

LÅNGFJÄLL 4-leg swivel chair Seat W20%×D16%. Tested for 240 lbs. Height adjustable 16%-20¾". An ergonomic office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black 991.749.68 **\$129**
Gunnared beige/white 892.522.97 **\$129**
Gunnared blue/black 891.749.78 **\$129**
Gunnared blue/white 992.523.10 **\$129**
Gunnared dark gray/black 791.749.74 **\$129**
Gunnared dark gray/white 892.522.78 **\$129**
Gunnared light brown-pink/black 992.610.03 **\$129**
Gunnared light brown-pink/white 292.523.42 **\$129**
Gunnared light green/black 892.809.07 **\$129**
Gunnared light green/white 192.523.14 **\$129**



10
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Warranty
Included

LÅNGFJÄLL 4-leg high-back swivel chair Seat W20%×D16%. Tested for 240 lbs. Height adjustable 16%-20¾". An ergonomic office chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black 291.750.56 **\$149**
Gunnared beige/white 392.523.46 **\$149**
Gunnared blue/black 891.751.19 **\$149**
Gunnared blue/white 592.523.50 **\$149**
Gunnared dark gray/black 191.750.66 **\$149**
Gunnared dark gray/white 792.523.54 **\$149**
Gunnared light brown-pink/black 092.611.54 **\$149**
Gunnared light brown-pink/white 092.523.62 **\$149**
Gunnared light green/black 492.809.09 **\$149**
Gunnared light green/white 892.523.58 **\$149**



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STOLJAN Conference chair Seat W17¾×D17¾". Tested for 240 lbs. Artificial leather seat. The chairs are stackable and save space when not in use. A maximum of seven chairs can be stacked together.

Black/black 599.074.44 **\$39.99**



FJÄLLBERGET Conference chair Five legs with casters. Seat W16½×D15¾". Tested for 240 lbs. Height adjustable 16%-22". The curved bent wood back and armrests are both comfortable and stylish.

Black stained ash veneer/
Gunnared dark gray 403.964.19 **\$199**
White stained oak veneer/
Gunnared beige 304.877.64 **\$199**



10
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Included

MULLFJÄLLET Conference chair Five legs with casters. Seat W21¼×D17¾". Height adjustable 18½-23¾". A comfortable conference chair with lightly curved lines. The cover is easy to keep clean since it is removable and machine washable, while the perfect fit makes it look just as neat as a fixed cover.

Naggen beige 304.729.13 **\$179**
Naggen dark gray 104.729.14 **\$179**



MULLFJÄLLET Pair of armrests Relieves the pressure on arms and shoulders. Fits MULLFJÄLLET conference chair.

Naggen beige 704.729.11 **\$30**
Naggen dark gray 504.729.12 **\$30**

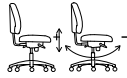
All parts and prices

Home chairs



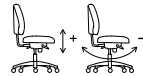
MILLBERGET Swivel chair Seat W20½×D17¾". Tested for 240 lbs. Height adjustable 17¾-22¾". Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight.

BOMSTAD black	403.317.05	\$69.99
KIMSTAD white	003.317.07	\$69.99



RENBERGET Swivel chair Seat W19¼×D16½". Tested for 240 lbs. Height adjustable 17¾-22½". Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight.

Bomstad black	503.322.38	\$49.99
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LOBERGET/BLYSKÅR Swivel chair Seat W17¾×D16¾". Height adjustable 16¾-21¼". Safety casters have a pressure-sensitive brake mechanism that keeps chair in place when you stand up, and releases automatically when you sit down.

White/white	793.318.65	\$24.99
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ELDBERGET/MALSKÅR Swivel chair Seat W17¾×D16¾". Height adjustable 17¾-22". Safety casters have a pressure-sensitive brake mechanism that keeps chair in place when you stand up, and releases automatically when you sit down. These casters are designed for soft floors.

Beige/black	693.318.56	\$34.99
Gray/black	593.318.47	\$34.99
Red/black	393.318.53	\$34.99



BLECKBERGET Swivel chair Seat W18½×D17¾". Tested for 240 lbs. Height adjustable 18½-23¼". High-quality density foam will keep the chair comfortable for many years to come. Design: Francis Cayouette.

IDEKULLA beige	303.586.39	\$49.99
IDEKULLA dark gray	903.618.70	\$49.99



ÖRFJÄLL Swivel chair Seat W19¼×D16¾". Tested for 240 lbs. Height adjustable 18½-22¾". High-quality density foam will keep the chair comfortable for many years to come. Design: Sebastian Holmbäck and Ulrik Nordentoft.

Black/VISSELE black	793.030.75	\$49.99
Black/VISSELE blue	394.160.22	\$49.99
White/VISSELE light gray	794.160.15	\$49.99
White/VISSELE yellow-green	494.160.31	\$49.99



KULLABERG Swivel chair Seat W16½×D15¾". Tested for 240 lbs. Height adjustable 17¾-21¾". Adjustable feet make the chair also stand steady on uneven floors.

Black	903.255.18	\$59.99
Pine/black	103.203.41	\$59.99



KULLABERG Stool Seat Ø13¾". Height adjustable 18½-27¼". Tested for 240 lbs. The seat is designed not to rotate so you can easily find the holes to adjust the height. Design: Sarah Fager.

Black	503.636.49	\$49.99
Pine/black	103.636.51	\$49.99



ODGER Swivel chair Seat W17¾×D17¾". Tested for 240 lbs. Height adjustable 16¾-21¼".

White/Beige	703.086.85	\$99
Anthracite	203.952.70	\$99



MOLTE Desk chair Seat W15¾×D14¼". You sit comfortably, because the chair can be easily adjusted to five different heights – 15", 16", 17¾", 19" and 20". Design: Lycke von Schantz.

Gray	202.927.76	\$14.99
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BJÖRKBERGET Swivel chair Seat W16¾×D15¾". Tested for 243 lbs. Height adjustable 18½-20½". A versatile chair that's great throughout the home. The elegant and simple design adds an airy and light expression to your home office, dining area or dressing table. Removable and machine washable cover. Design: Mia Cullin.

Idekulla beige	804.871.58	\$69.99
Idekulla blue	404.871.60	\$69.99
Idekulla dark gray	104.896.60	\$69.99

All parts and prices

Accessories



KOLON Floor protector L39¾×W47¼". Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. If the floor protector is left lying on the floor for a long period a vacuum may form and cause damage to your floor. Therefore, lift the floor protector at regular intervals for ventilation.

448.811.00 **\$19.99**



DAGOTTO Footrest W15×L19¼×H5¾". This footrest helps you sit in a good working position at your desk and reduces strain on your legs, back and neck.

Black 402.409.89 **\$17.99**



PYNTEN Seat pad W16¼×D17". Tailor made to fit LOBERGET and ELDBERGET swivel chairs perfectly. Soft and comfortable to sit on while giving your room a warm and cozy look.

Beige	004.792.37	\$5
Blue	804.792.38	\$5
Dark gray	904.749.90	\$5
Light gray	604.792.39	\$5
Red	204.792.41	\$5



FIXA Stick-on floor protectors Protects the underlying surface against wear and scratching.

Gray 004.311.51 **99c/ set of 20**

SERVICES

IKEA products are designed to be taken home and assembled by you. That way, you'll save the most money. But if you would like some help, we can offer a range of services. Assembly and delivery services fulfilled by an Independent Service Provider. Contact your local IKEA store or visit the IKEA website for details: [IKEA-USA.com/services](https://www.IKEA-USA.com/services)

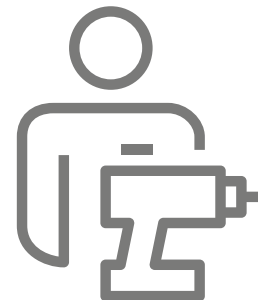


DELIVERY SERVICE

Most of our products are designed and packaged so that you can take them home yourself. If you prefer, we can arrange for delivery of your purchases directly to your home or business. Same day, next day or same week deliveries are available. We can also arrange for delivery at a later date if you would like.

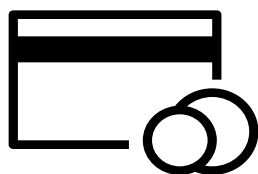
PICKING WITH DELIVERY SERVICE

We'll collect the products on your shopping list from throughout the store and arrange to have everything delivered to your home or office. See an IKEA co-worker and tell them what you're looking for and they will book and print your items on a customer order. Take this order to the check-outs and pay for your purchases, both goods and services. And you're on your way!



ASSEMBLY SERVICE

For online and in-store purchases, TaskRabbit offers quick and convenient assembly and mounting for your IKEA purchases made online and in select stores.



There's more than one way to pay

We accept credit, debit and IKEA Gift Cards in our stores. We also want you to have the home you dream of; that's why we've got additional financing options for you to explore. For more information about our financing options, visit [IKEA-USA.com/creditcard](https://www.IKEA-USA.com/creditcard)

Services and prices may vary, please see [IKEA-USA.com/services](https://www.IKEA-USA.com/services) or talk to us in your local IKEA store.