

Buying guide

Office, conference, gaming, home and children's chairs

10

ALEFJÄLL, FJÄLLBERGET, FLINTAN, GRÖNFJÄLL, HATTEFJÄLL, JÄRVFJÄLLET, LÄKTARE, LÄNGFJÄLL, MARKUS, MULLFJÄLLET, SMÖRKULL and VALLFJÄLLET office chairs and LIDKULLEN active sit/stand professional stool include a free 10-year limited warranty. For details visit IKEA.us/warranty.



Sit perfectly for your activities

A great sitting position helps you feel more creative, energetic and efficient. Start with who you are and how you'll use the chair. If you work from home for shorter periods, basic adjustable functions may be enough. For full-time work in the office, you'll need additional chair settings and more support for your arms and head. Love to game? Choose a gaming chair that helps you perform at your best. And for the younger ones, we have chairs adapted for drawing and doing homework.

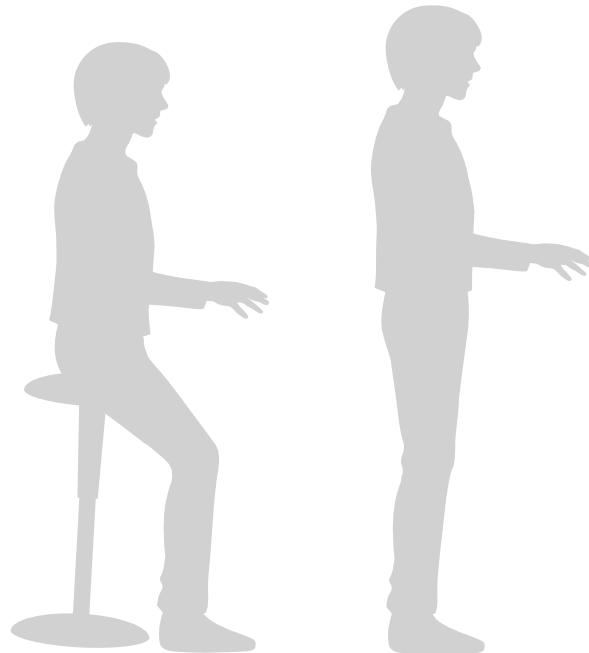
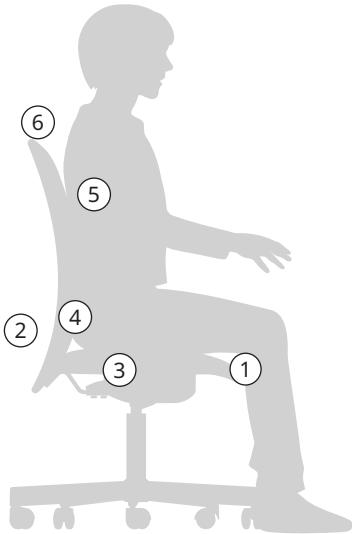
A high standard of accuracy has been sought in the preparation of this buying guide. We apologize for, but will not be bound by or responsible for, errors and omissions in this buying guide.

Not all products may be available in all stores. See what is available at your local store by visiting IKEA.us. For more detailed product information, see the price tag or visit IKEA.us. All products shown require assembly. All textiles shown are imported.



Good to know

The human body is made to move, so ideally, your workspace should give you the choice of sitting, standing or leaning, allowing you to change positions often.



Sitting

1. You should be able to stretch your legs under the table and turn 90° to the left and right. The hips and knees should be at an angle of approx. 95-100° with your feet flat on the floor. If you share the chair with other people, the height adjustable seat allows all of you to sit comfortably.
2. It doesn't matter if you're short or tall. With an adjustable seat depth or a height adjustable backrest you can try different depths and heights and get exactly the support your legs and back need.
3. A chair with tilt function makes it easy to change sitting position, regardless of whether the tilt function is in the seat or the backrest – or in both places.
4. The lumbar region is where we usually feel the first onset of tiredness. A chair with built-in lumbar support relieves pressure on your back.
5. Armrests reduce strain on arms and shoulders. Adjustable armrests reduce strain even more – regardless of how tall or short you are. Make sure that the armrests don't prevent the chair from being drawn close to the desk, and that they don't restrict your movements.
6. If you've been sitting at your desk for some time, it may feel nice to lean back and change your position for a moment. With a headrest on your chair, your head and neck also get some well-deserved relaxation.

Leaning

A standing support enables a position between sitting and standing, and it's ideal when you have a height adjustable desk.

- Provides freedom of movement for your upper and lower body.
- Activates and strengthens your body's core muscles.
- Gives you an open posture which improves your circulation and metabolic rate.

Standing

Don't forget to stand up as well. Alternating between sitting and standing is good for you circulation and productivity. Check out our height adjustable desks since they're ideal for alternating between sitting, leaning and standing.

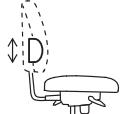
Good to know



Height adjustable seat; for a comfortable sitting posture regardless of body height.



Height-adjustable backrest; provides support in all the right places and helps your body to maintain a naturally good posture.



Adjustable lumbar support; helps maintain the correct posture while sitting which reduces strain on muscles on your lower back.



Adjustable seat depth; easy to adapt for increased support to your thighs and back.



Adjustable headrest depth; adjust the depth position of the headrest to fit your needs, reducing strain on the neck and shoulders.



Adjustable tilting neck support; adjusting the headrest angle for optimal support and comfort reduces neck muscle strain and prevents discomfort during prolonged sitting.



Adjustable headrest height; allows for proper alignment of the head and neck, reducing the risk of discomfort from prolonged sitting.



Armrests; provide support for the upper part of your forearms and reduce strain on the back and shoulders.



2D adjustable armrests; height and width adjustable armrests enable a relaxed position for arms and shoulders and reduce the risk of tension.



3D adjustable armrests; height, width, and depth adjustable armrest helps you find the most comfortable and supportive position for the arms and shoulders, leading to improved posture and reduced fatigue.



Manual tilt tension; allows you to adjust the resistance to suit your movements and weight.



Automatic tilt tension; your body weight determines how much resistance the backrest offers.



Synchronized tilt mechanism; allows the chair to move with you. The backrest moves more than the seat when you lean back, so torso/hips open up. This improves circulation and keeps energy levels up.



Tilt lock; allows you to lock the tilt in the upright, the lowest position and different positions in-between.

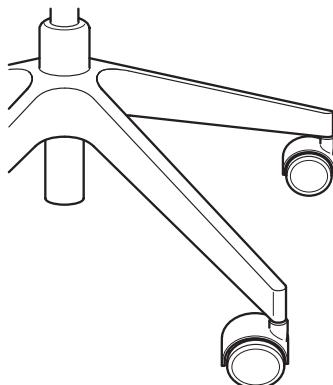


Removable washable seat cover; easy to keep clean and fresh, as you can take it off and machine wash it.



Removable washable backrest and seat cover; the cover is easy to keep clean and fresh, as you can take it off and machine wash it.

Safety casters



Chairs should stay where you leave them and not roll away on their own. That's why we put safety casters on our chairs. The casters have a built-in pressure-sensitive brake mechanism so that they roll freely and easily when you sit on the chair – and brake when you stand up. Note that even though the casters don't roll when braked, they can still slide on the floor if the chair is pushed.

Office Chairs

Includes a free 10-year limited warranty. Visit IKEA.us/warranty for details. All products on this page have been tested for residential use, use in commercial environments and meet the requirements for durability and stability set forth in the ANSI/BIFMA standards. Visit IKEA.us for details.



10

FLINTAN Swivel chair Self adjusting tilt tension. May be completed with FLINTAN armrests. The cover is removable and machine washable. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz. Seat W18½×D19¼". H17½-22". Tested for 276 lbs.

Black	904.890.29
Beige	004.922.05



FLINTAN Pair of armrests Relieves the pressure on arms and shoulders. Fits FLINTAN swivel chairs.

Black	104.890.33
Beige	504.921.99



10

SMÖRKULL Office chair with armrests Automatic tilt tension, synchronized tilt mechanism and tilt lock. Height-adjustable armrests. The cover for seat and backrest is removable and machine washable. Rubber-coated casters; run smoothly on any type of floor. Design: Sarah Fager. Seat W18½×D19¼". Height adjustable 17½-22". Tested for 276 lbs.

Gräsöns dark gray	705.034.51
Gräsöns red	105.034.54



10

MARKUS Swivel chair The mesh material of the backrest allows air through to your back during long sitting periods. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Medium: Seat W20%×D18½". Height adjustable 18½-22½". Tested for 276 lbs.

Vissle dark gray	902.891.72
Vissle light gray	305.218.62

Large: Seat W22½×D19¼". Height adjustable 18½-22½". Tested for 276 lbs.

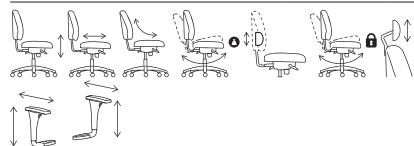
Vissle dark gray	505.888.04
------------------	------------



10

JÄRVFJÄLLET Swivel chair with height adjustable armrests The mesh material of the backrest lets air through to your back during long sitting periods. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain. Seat W20½×D18½". Height adjustable 17½-22". Tested for 276 lbs.

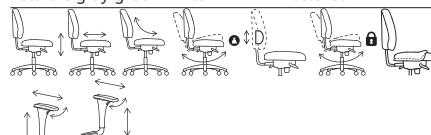
Glose black	605.106.40
Grann white	705.218.55



10

GRÖNFJÄLL Office chair with armrests 3D adjustable armrests give you complete support. You can adjust the height and width, and you can pivot the armrests to create a relaxed position for your wrists when using for instance, a mobile phone. Seat and armrest covers are removable and washable. Seat W20½×D18½". Height adjustable 18½-22½". Armrests adjustable H11½-14½". Tested for 276 lbs.

Letafors yellow-brown/black	305.329.12
Letafors gray/black	005.034.78
Letafors gray-green/white	205.329.22



GRÖNFJÄLL Headrest W18½×D6½×H12½"

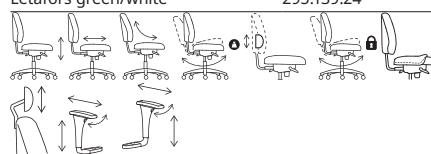
Letafors yellow-brown/black	305.329.07
Letafors gray/black	205.034.82
Letafors gray-green/white	005.329.18



10

GRÖNFJÄLL Office chair with arm/headrest The curved headrest creates an embracing feeling and minimizes visual distractions. 3D adjustable armrests give you complete support. You can adjust the height and width, and you can pivot the armrests to create a relaxed position for your wrists when using for instance, a mobile phone. Seat and armrest covers are removable and washable. Seat W20½×D18½". Height adjustable 18½-22½". Armrests adjustable H11½-14½". Tested for 276 lbs.

Letafors yellow-brown/black	395.139.28
Letafors gray/black	695.139.17
Letafors green/white	295.139.24

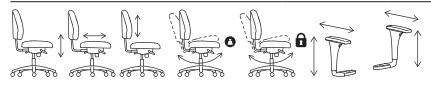


10

HATTEFJÄLL Swivel chair with height and width adjustable armrests An ergonomic office chair with gently curved lines. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain.

Seat W19½×D15¾". Height adjustable 18½-20½". Tested for 276 lbs.

Gunnared beige/white	005.389.58
Gunnared dark gray/black	205.389.76
Gunnared medium gray/white	005.389.63



Office Chairs

Includes a free 10-year limited warranty. Visit IKEA.us/warranty for details. All products in this column have been tested for residential use, use in commercial environments and meet the requirements for durability and stability set forth in the ANSI/BIFMA standards. Visit IKEA.us for details.



10

CENTERHALV Office chair Comfy, lightweight and easy to move around. The shape and flexibility of the 3D adjustable armrests adds to the comfort. Other important ergonomic features include adjustable seat height and depth, adjustable lumbar support, as well as automatic tilt tension and tilt lock. Seat W20½×D18½". Height adjustable 18½-22". Tested for 276 lbs.

Black

106.011.24



10

ALEFJÄLL Swivel chair The genuine grain leather is a treat in terms of softness and comfort – also both seat and back are tilt- and height-adjustable to give you maximum support. Guaranteed to outlast years of ups and downs. Seat W20½×D16½". Height adjustable 17½-22". Tested for 276 lbs.

Gloss black

103.674.61



10

LIDKULLEN Active sit/stand support Gives you an active sitting position thanks to tilting mechanism of the seat. It is ideal when you have a height adjustable desk. Seat Ø15". Height adjustable 23¼-31¾". Tested for 276 lbs.

Gunnared dark gray

504.457.87



Conference Chairs

Most conference chairs include a free 10-year limited warranty. Visit IKEA.us/warranty for details. All products on this page have been tested for residential use, use in commercial environments and meet the requirements for durability and stability set forth in the ANSI/BIFMA standards. Visit IKEA.us for details.



10

LÄNGFJÄLL Conference chair Five legs with casters.

A comfortable conference chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design. Choose a black or white base. Complete with armrests, sold separately. Seat W20½×D16½". Height adjustable 16½-20%". Tested for 276 lbs.

Gunnared beige/black

291.775.69

Gunnared beige/white

592.523.69

Gunnared dark gray/black

591.775.77

Gunnared dark gray/white

792.523.87

Gunnared green/black

695.060.59

Gunnared green/white

595.060.69

Gunnared red-orange/black

295.060.75

Gunnared red-orange/white

895.060.63



10

LÄNGFJÄLL Pair of armrests Relieves the pressure on arms and shoulders. Fits LÄNGFJÄLL swivel chairs.

Black

503.205.65

White

703.205.69



10

FJÄLLBERGET Conference chair Five legs with casters. The curved bent wood back and armrests are both comfortable and stylish. Seat W16½×D15¾". Height adjustable 16½-22". Tested for 276 lbs.

White stained oak veneer/

304.877.64

Gunnared light beige

403.964.19



10

LÄKTARE Conference chair Conference chair with clean Scandi-design in natural, light birch veneer. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. Comfy, elegant, sturdy yet lightweight and stackable conference chair with lumbar support. Removable/washable covers (sold separately) made from recycled polyester- a durable fabric with a wool-like feel, a warm look and a two-toned mélange effect. Keep a few extra covers at hand for quick and easy replacements or updates when needed. Can stack up to seven chairs. Choose a black or white base. Seat W17¾×D16¾×H18½". Tested for 242 lbs.

Birch veneer/black

995.032.57

Birch veneer/white

095.031.91



Conference Chairs

Includes a free 10-year limited warranty. Visit IKEA.us/warranty for details. All products on this page have been tested for residential use, use in commercial environments and meet the requirements for durability and stability set forth in the ANSI/BIFMA standards. Visit IKEA.us for details.



LÄKTARE conference chair with chair cover. Comfy, elegant and easy-to-place conference chair. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. Removable/washable cover (see details below). Seat W17¾×D16¾×H19¼". Tested for 242 lbs.

Gunnared beige/black	495.032.07
Gunnared beige/white	195.032.75
Gunnared light green/black	795.032.63
Gunnared light green/white	895.032.48
Gunnared medium gray/black	895.032.67
Gunnared medium gray/white	895.032.53



LÄKTARE Chair cover Sold separately. Chair covers have a simple and elegant expression that is easy to place in any conference room. Keep a few extra covers at hand for quick and easy updates when needed. LÄKTARE chair covers are soft and comfy, made from dope-dyed 90% recycled polyester. It is a durable fabric with a wool-like feel, a warm look and a two-toned melange effect. Available in several colors for an easy match with the other furniture in the room.

Gunnared light beige	105.280.01
Gunnared light green	705.279.99
Gunnared medium gray	305.280.00



TOSSBERG/LÄNGFJÄLL base	Max load
Grann black/ LÄNGFJÄLL black	276 lbs. 395.122.31
Grann black/ LÄNGFJÄLL white	495.096.95
Grann light brown/ LÄNGFJÄLL black	395.130.99
Grann light brown/ LÄNGFJÄLL white	495.130.94
Gunnared beige/ LÄNGFJÄLL black	095.131.09
Gunnared beige/ LÄNGFJÄLL white	895.131.05
Gunnared dark gray/ LÄNGFJÄLL black	495.131.26
Gunnared dark gray/ LÄNGFJÄLL white	995.131.19



TOSSBERG/MALSKÄR base	Max load
Grann black/ MALSKÄR black	243 lbs. 195.081.74
Grann black/ MALSKÄR white	295.081.97
Grann light brown/ MALSKÄR black	695.082.04
Grann light brown/ MALSKÄR white	695.082.18
Gunnared beige/ MALSKÄR black	495.082.24
Gunnared beige/ MALSKÄR white	195.082.30
Gunnared dark gray/ MALSKÄR black	895.082.36
Gunnared dark gray/ MALSKÄR white	495.082.43

TOSSBERG Conference chair with LÄNGFJÄLL or MALSKÄR Swivel base with casters

Seat W17¾×D15¾". Height adjustable 17¾ -22½". The high-resilience foam seat retains its shape over time and has small holes in the core that allow air to circulate. You can lean back with perfect balance, as the tilt tension mechanism is easy to adjust. The high backrest and the curved shape of the chair, provide good lower back support and prevent your back from getting tired. You sit comfortably and longer with a relaxed posture. Choose black or white LÄNGFJÄLL base or black or white MALSKÄR base.

Gaming Chairs



HUVUDSPELARE Gaming chair The backrest gives you good lumbar support – and even when the game heats up, you stay cool thanks to the mesh net. Seat W18½"×D16½". Height adjustable 16¾–20¾". Tested for 243 lbs.

Black 705.076.04



LÖPARBANA Gaming chair This gaming chair helps you play at the top of your game. Adjust the headrest and seat height to enjoy a comfortable support that allows you to focus when the match begins. Seat W18½"×D18¾". Height adjustable 17¾–21¼". Tested for 243 lbs.

Vissle dark gray 305.863.30

Vissle green 105.863.31



Gaming chairs below have been tested for residential use and use in public environment and meet the requirements for durability and stability set forth in the following standards: ANSI/BIFMA and EN standards. Visit IKEA.us for details.

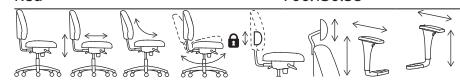


STYRSPEL Gaming chair Helps you play at the top of your game. Adjust the headrest, lumbar support, armrests and the seat height and depth – the mesh material keeps you cool when the game heats up! This chair gives your arms a comfortable support and reduces tension in your neck and shoulders since the padded armrests can be adjusted upwards/downwards, forwards/backwards and inwards. The armrests are attached to the backrest, so they recline together with the backrest to provide support for various activities, like when you're playing on your phone. Seat W19¾"×D18½". Height adjustable 18¾–23¼". Tested for 243 lbs.

Blue/light gray 705.066.90

Dark gray/gray 505.220.35

Red 706.130.58



MATCHSPEL Gaming chair The whole body enjoys nice support, and you can adjust the height of the chair, neck and armrests to sit really comfy when the game begins. Seat W21¼"×D18¾". Height adjustable 18½–23¼". Tested for 243 lbs.

Bomstad light gray 305.715.31



BÄSTBOLL Gaming chair The gaming chair that helps you perform at your best with its great comfort and ergonomics where you can adjust the armrests, headrest, seat height and lumbar support and enjoy the airy, high-quality mesh. Seat W19¾"×D18½". Height adjustable 18¾–23¼". Tested for 276 lbs.

Black/Mjuk black 205.862.55

Blue/Mjuk light gray 205.859.63



Home Office Chairs



STIGBYGEL Swivel chair with armrests A swivel chair with armrests made of handwoven rattan. Has a body-shaped backrest that provides good support for the lower back. Seat W20½×D17¾". Height adjustable 18½-22½". Tested for 243 lbs.

Beige/white 505.564.31

Brown/black 205.711.93



SMÄLLEN Swivel chair To adjust the seat height, spin the seat upwards or downwards. You sit comfortably thanks to the seat's generous size and the high backrest that provides good back support. The texture of the seat is inspired by the pattern on golf balls, a classic expression that adds a nice look to the chair and makes the seat easier to keep clean. Seat W15½×D15½". Height adjustable 15¾-20½". Tested for 243 lbs.

Black 005.034.35



LOBERGET/MALSKÄR Swivel chair These casters are designed for soft floors. Seat W17¾×D17¾". Height adjustable 17¾-22½". Tested for 243 lbs.

White/White 194.454.69

White/Black 294.885.71



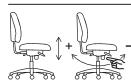
ELDBERGET/MALSKÄR Swivel chair Lower back support, adjustable height and sturdy casters – this desk chair really has it all. Use it at the desk, roll it to the dining table and add PYNTEN seat pad for extra soft and comfortable sitting. Seat W17¾×D16¾". Height adjustable 16¾-21¾". Tested for 243 lbs.

Dark gray/black 593.318.47



REMBERGET Swivel chair Tilt tension that allows you to adjust the resistance to suit your movements and weight. Improved shape of the armrests gives your arms better support when working at the desk. Seat W18¾×D16¾". Height adjustable 17¾-21¾". Tested for 276 lbs.

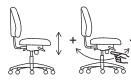
Bomstad black 406.110.94



MILLBERGET Swivel chair Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight. Padded armrests offer comfortable support for your arms while working at the desk. To adjust the tilt tension, turn the knob under the seat to increase or decrease the resistance. Seat W20½×D17¾". Height adjustable 20½-24¾". Tested for 243 lbs.

Murum beige 904.893.93

Murum black 004.893.97



BLECKBERGET Swivel chair High-quality density foam will keep the chair comfortable for many years to come. Neat and compact design that makes it easy to place the chair anywhere, even in smaller spaces. Design: Francis Cayouette. Seat W18½×D16¾". Height adjustable 18¾-22¾". Tested for 243 lbs.

Klovsta white/orange-brown 105.643.29

Klovsta white/gray 205.732.72



ÖRFJÄLL Swivel chair High-quality density foam will keep the chair comfortable for many years to come. Design: Sebastian Holmback & Ulrik Nordentoft. Seat W19¼×D16¾". Height adjustable 18¾-22¾". Tested for 276 lbs.

White/Vissle light gray 995.909.85

White/Vissle blue 495.909.83

Black/Vissle red 295.909.84



ODGER Swivel chair Comfortable to sit on thanks to the bowl-shaped seat and rounded shape of the backrest. Seat W17¾×D17¾". Height adjustable 16¾-21¾". Tested for 243 lbs.

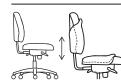
White/Beige 703.086.85



BJÖRKBERGET Swivel chair The elegant and simple design adds an airy and light expression to your home office, dining area or dressing table. Removable and machine washable cover. Adjustable feet make it sit securely on uneven floors. The polyester in the fabric is made of recycled PET-bottles, therefore reducing consumption of new raw materials and lowering the footprint on the environment. Design: Mia Cullin. Seat W17×D16". Height adjustable 18¾-20¾". Tested for 243 lbs.

Idekulla beige 804.871.58

Idekulla blue 404.871.60



KOLON Floor protector Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. If the floor protector is left lying on the floor for a long period a vacuum may form and cause damage to your floor. Therefore, lift the floor protector at regular intervals for ventilation.

L39¾×W47¼" 448.811.00

Accessories



LÄNSELARE Floor protector Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. With this floor protector, you can focus on winning and avoid worrying about the gaming chair's casters ruining the floor or waking someone up. Your feet also avoid the chill of resting on any cold floor.
Black/white
43 1/4" x 39 3/8"
605.476.29



PYNTEN Seat pad Tailor made to fit LOBERGET and ELDBERGET adult swivel chairs perfectly. Soft and comfortable to sit on while giving your room a warm and cozy look. W17" x D16 1/4".
Dark gray
904.749.90



FREIVID Anti-fatigue mat If you usually stand at a desk, then this mat can come to the rescue. Filled with foam that relieves pressure on the knees and back, and with a washable cover that has anti-slip material on the underside. The cover is easy to keep clean as it is removable and machine washable. Anti-slip material on the underside.
Diseröd gray-green
32 1/4" x 19 3/8"
005.567.73



TRIXIG Stick-on floor protectors Self-adhesive surface protectors made of a soft, yet durable felt pad to protect sensitive surfaces under furniture legs, table lamps, flower pots, and bowls. The hexagonal shape is versatile and easy to fit on different items. Prevents scraping of chairs on the floor and the felt also makes it easier to move furniture.
Sizes: Ø 3/4" (16pcs) and Ø 1 1/8" (4pcs).

Gray
805.732.26 set of 20

Children's Chairs



ÖRFJÄLL Children's desk chair
Seat W15 1/8" x D13 3/8". Height adjustable 15-19 1/4".
White/Vissle light green
105.414.32
White/Vissle light gray
805.018.85



LOBERGET/SIBBEN Children's desk chair
Seat W12 1/2" x D12 1/8". Height adjustable 15-19 1/4". Complete with PYNTEN children's seat pad for desk chair, sold separately.
White
593.376.70



VIMUND Children's desk chair
Seat W16 1/8" x D14 1/8". Height adjustable 15-20 1/4".
Turquoise
505.319.64



DAGNAR children's desk chair
Seat W22 1/8" x D23 3/4". Height adjustable 11 1/8"-18 1/2".
Yellow
205.637.15



GUNRIK Children's desk chair
Seat W22 1/8" x D24 1/4". Height adjustable 11 1/8"-18 1/2".
Turquoise
005.637.16



Accessories



PYNTEN Children's seat pad for desk chair
Fits LOBERGET/SIBBEN children's chair. W12 1/2" x D13" x H2".
Turquoise
505.388.28

SERVICES

IKEA products are designed to be taken home and assembled by you. That way, you'll save the most money. But if you would like some help, we can offer a range of services. Assembly and delivery services fulfilled by an Independent Service Provider. Contact your local IKEA store or visit the IKEA website for details: IKEA.us/services



DELIVERY SERVICE

Most of our products are designed and packaged so that you can take them home yourself. If you prefer, we can arrange for delivery of your purchases directly to your home or business. Same day, next day or same week deliveries are available. We can also arrange for delivery at a later date if you would like.



TASKRABBIT ASSEMBLY SERVICE

All IKEA products are designed to be assembled by you, but you don't have to. We've partnered with TaskRabbit to connect you with a network of independent 'Taskers' who can provide quick and convenient assembly and mounting services for your IKEA purchases made online and in stores. You can schedule assembly service for as soon as the same day, with the Tasker of your choice. Visit TaskRabbit.com/IKEA or see a co-worker for more details.



There's more than one way to pay

We accept credit, debit and IKEA Gift Cards in our stores. We also want you to have the home you dream of; that's why we've got additional financing options for you to explore. For more information about our financing options, visit IKEA.us/creditcard

Services and prices may vary, please see IKEA.us/services or talk to us in your local IKEA store.