



FY26 Launch 4

SOLUPPGÅNG collection

PR Kit



[www](#) SOLUPPGÅNG Pläd 249 kr

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Get a little nature

About the SOLUPPGÅNG collection

Let's step outside and into the not-so-wild! You don't need to climb mountains or have the most advanced gear to feel close to nature. SOLUPPGÅNG (which means 'sunrise' in Swedish) makes it easy for anyone to spend time outdoors. Inspired by Nordic *friluftsliv* – 'open air living' – and Japanese urban-outdoor lifestyles, the collection turns quick escapes into extraordinary everyday adventures. Simple, accessible, and inspiring, these easy-to-bring essentials let you enjoy small doses of nature. Because with just a little nature – may it be a weekend by the sea or a peaceful pause in the park – life instantly feels bigger, calmer, and better.

New SOLUPPGÅNG Pall 199 kr



“I want to inspire people to get out into nature. The design mixes Japanese aesthetics, urban-outdoor influences, and timeless functionality, using durable natural materials in calm, earthy tones with a sporty touch.”

– Darja Nordberg,
Designer, IKEA of Sweden

Where Nordic *friluftsliv* meets Japanese urban-outdoor aesthetics

In a world of constant scrolling and information overload, many of us crave simplicity and a moment of calm. Even a short break outdoors can bring a sense of peace – and that’s what the SOLUPPGÅNG collection aims to inspire.

The collection draws from Japanese urban-outdoor culture, where city dwellers swap office wear for hiking gear on weekends and head into nearby mountains for a few restorative hours in nature. This lifestyle has shaped a new wave of Japanese brands blending outdoor functionality with contemporary city style.

SOLUPPGÅNG is equally rooted in the Nordic concept of *friluftsliv* – the love of everyday outdoor living, from hiking and picnicking to simply enjoying fresh air.

By blending the spirit of *friluftsliv* with the style of Japanese urban-outdoor design, SOLUPPGÅNG creates a harmonious collection that makes it easy – and inspiring – to enjoy the outdoors, wherever you are.

Into the not-so-wild

The SOLUPPGÅNG collection has everything you need for everyday adventures – big or small. A foldable stool and table that are easy to bring along? Check. Durable tableware and a handy spork? Check. A bucket hat that looks great with any ‘fit? Check, check, check!

New SOLUPPGÅNG Fällbart bord 399 kr





PE1007997.JPG **New SOLUPPGÅNG LED Lykta** 199 kr



New SOLUPPGÅNG Kylkorg 399 kr

PE1008002.JPG



New SOLUPPGÅNG Kylkorg 399 kr

PE1008006.JPG



New SOLUPPGÅNG Fällbart bord 399 kr

PE1008026.JPG



New SOLUPPGÅNG Pall 199 kr

PE1008029.JPG

Embracing life outdoors

A Q&A with designer Ola Wihlborg

Ola Wihlborg is a product designer at IKEA of Sweden. He has designed the cooking and eating products of the SOLUPPGÅNG collection. Based in Älmhult, Sweden and a self-professed lover of the outdoors, he enjoys hiking and spending time in nature with his family.

What was it like working with the SOLUPPGÅNG collection?

It was a great experience, especially because my family and I love the outdoors. The team and I developed products that encourage simple and enjoyable outdoor activities without making things complicated or overwhelming. The goal was to make it easy for everyone to get out and enjoy nature.

The collection was partly inspired by Nordic *friluftsliv*. Can you tell us a little bit about it?

Yes, I think that word perfectly captures my connection to nature! *Friluftsliv* has deeply influenced

my designs, even for home items like sofas. In Sweden, we have *Allemansrätten* (the Right of Public Access) – a right that allows everyone to freely explore the outdoors. You can hike in forests, visit lakes, and bike on scenic routes. Living in Älmhult makes it easy to embrace this lifestyle, with nature just outside your window.

Aside from creating products that make it easy and inspire people to spend time in nature, what other considerations did you have in the design process?

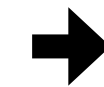
When I was designing the products, it was important for me that they're not just for the outdoors but can be used at home too. They're versatile.



For example, the foldable table is perfect as an extra table in the living room. So, you are not storing them away once you're back at home but integrating them into your everyday life.

How did you work with different materials?

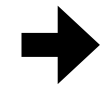
Material quality was important for the collection. For example, we used bamboo for the serving bowls, salad servers and chopping board.



New SOLUPPGÅNG Grill 799 kr

FRILUFTSLIV

Literally translated as 'open-air living', *friluftsliv* is a Nordic lifestyle that emphasises spending time outdoors, connecting with nature, and enjoying outdoor activities – whether it's through hiking, camping, or simply enjoying a walk in the park. Close to the heart of almost every Swede, it highlights the importance of spending time outside for both spiritual and physical well-being.



Bamboo is a hardwood that resists moisture and lasts long without bending or scratching easily. For the spork, mugs and plates, we used metal with enamel coating for its lasting durability, so these items can be used for a long time.

What can you say is the similarity of life at home and life outdoors?

Life at home and outdoors are similar because you often tend to create a cosy, familiar space. When you're outdoors, setting up a fire or taking a break feels like recreating a home-like atmosphere. With just a few familiar items, you can bring that comforting, secure feeling outdoors.

Any tips for would-be adventurers who are not so used to spending time in nature?

Start small. You don't need a long adventure – just step outside and find a patch of grass to sit and connect with nature. It doesn't have to be complicated.



Using durable materials such as bamboo and enamel is central to the design process, ensuring the products not only withstand outdoor conditions but also stay beautiful and functional for years to come.



New SOLUPPGÅNG Fällbart bord 399 kr

“When I was designing the products, it was important for me that they’re not just for the outdoors but can be used at home too. So, you are not storing them away once you’re back home but integrating them into your everyday life.”

- Ola Wihlborg, Designer, IKEA of Sweden

New SOLUPPGÅNG Kylkorg 399 kr



PE1008030.JPG **New** SOLUPPGÅNG Grill 799 kr

Food just tastes better outdoors, doesn't it?

There's something special about cooking under open skies – the smell of smoke, the warmth of a shared meal, the sound of laughter. The SOLUPPGÅNG collection has everything you need to make it happen, from durable tableware and handy tea towels to a sturdy cast-iron barbecue. You can create simple yet memorable outdoor meals – smoky, steamy, and full of atmosphere.

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New SOLUPPGÅNG Midjeförkläde 99 kr

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New SOLUPPGÅNG Grill 799 kr

PE1007892.JPG



New SOLUPPGÅNG Grytlapp 39 kr s2



New OLUPPGÅNG Spork 49 kr

PE1008020.JPG



New SOLUPPGÅNG Serveringskål 199 kr s2

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New SOLUPPGÅNG Spork 49 kr

PE1008011.JPG



New SOLUPPGÅNG Salladsbestick 49 kr

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"Bamboo is a hardwood that resists moisture and lasts long without bending or scratching easily. We also used metal with enamel coating for its durability so these items can be used for a long time."

- Ola Wihlborg, Designer, IKEA of Sweden

New SOLUPPGÅNG Serveringskål 199 kr s2

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“The apron is designed to move with you – perfect whether you’re cooking, gardening, or doing ceramics. The slit allows you to sit or kneel comfortably, and it includes a roomy pocket and a small loop for hanging a tea towel or utensils.”

– Darja Nordberg, Designer, IKEA of Sweden

New SOLUPPGÅNG Midjeförkläde 99 kr

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New SOLUPPGÅNG Tallrik 49 kr

PE1008016.JPG



New SOLUPPGÅNG Kökshanddukar 59 kr s2

PE1007875.JPG



New SOLUPPGÅNG Skärbräda 59 kr

PE1007794.JPG



New SOLUPPGÅNG Grytplapp 39 kr s2

PE1007891.JPG





PE1007877.JPG

Wish you were here

It doesn't take much to enjoy nature – just a comfy spot and good company. The SOLUPPGÅNG collection brings low-effort, high-comfort moments outdoors – where soft cushions, warm blankets and fresh air create that perfect feeling of “let's stay here forever.”

New SOLUPPGÅNG Pläd 249 kr



New SOLUPPGÅNG Pläd 249 kr

PE1007876.JPG



New SOLUPPGÅNG Kuddfodral 79 kr/st

PE1007805.JPG



New SOLUPPGÅNG Kuddfodral 79 kr/st

PE1013594.JPG



New SOLUPPGÅNG Kuddfodral 79 kr/st

PE1007809.JPG



“We experimented a lot with weaving techniques and fabric structures to find the right look and feel. Even though the patterns are simple, there’s a lot of craftsmanship behind them.”

– Darja Norberg, Designer,
IKEA of Sweden

New SOLUPPGÅNG Kuddfodral
79 kr

PE1007804.JPG

The softer side of nature

A Q&A with designer Darja Nordberg

Darja Nordberg is a textile designer at IKEA of Sweden. Her work explores the relationship between colour, material, and space. Outside of work, she finds inspiration in nature – hiking around the world, enjoying sauna sessions, and taking cold swims. Her dream adventure? A months-long bike journey across Europe with her partner.

Can you tell us a little bit about the design process behind the collection?

The idea is to bring people closer to nature, even if they live in the city. We wanted to design products that make it easy to step outside, go to the park, cook outdoors, or simply enjoy fresh air.

The design language is clean, functional, and understated. Nothing too loud or complicated – just timeless pieces that feel natural and easy to live with.

Aside from inspiring people to spend time outdoors, what were your main considerations in the design process?

Material choice and quality were key in designing the textiles. We focused on natural materials wherever possible, because they give such a warm and tactile feeling. Also, we wanted the materials to tell the story – to let texture and quality stand out rather than relying on bold or decorative design.



Is experimentation a big part of the process?

Yes, we experimented a lot with weaving techniques and fabric structures to find the right look and feel. By playing with the warp and weft, we could achieve subtle variations – where either the darker or lighter thread takes over. It creates a quiet depth and richness that give the textiles their character.

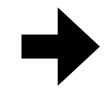


Darja's favourite items from the SOLUPPGÅNG collection

I really love the potholders and tea towels for being so simple yet so playful. I think cooking is a great indoor and outdoor activity – to meet and gather around food. So, designing a great pair of potholders and tea towels that both look and feel good is so important.



New SOLUPPGÅNG Hatt 59 kr



The collection was partly inspired by Japanese urban outdoor aesthetics. How did that influence the design?

Yes, that was part of the inspiration. I've actually never been to Japan, so I did a lot of research – looking into Japanese homes, landscapes, and colours. There's something so special about the Japanese approach to design: it's simple, but still full of expression.

That balance really inspired us by keeping things minimal and calm, but adding small, thoughtful details, like little pops of colour. That makes it also very IKEA – functional and practical, yet playful. You can see it in pieces like the tea towels: simple stripes brought to life with the bright-coloured loops.

Any advice for people who want to enjoy the outdoors more?

Keep it simple. You don't have to travel far – just step outside. Go to a park, have a coffee with a friend, take a short walk. Spending time outdoors doesn't need to be complicated; it's about being present and enjoying the moment.



New SOLUPPGÅNG Picknickfilt
349 kr

What 3 things would you bring on a not-so-wild adventure?

We asked the designers of SOLUPPGÅNG what items they would bring on an outdoor excursion. Looks like there's a clear favourite.

Darja Nordberg
Designer, IKEA of Sweden



1

Knife. I will never go outdoors without a knife. It's a must!



2

Mug. I will definitely bring the mug because coffee is essential for me when I'm outdoors.



3

Picnic blanket. When I go alone or with one of my children out in nature, we usually bring a blanket or small seat pads to sit on. This picnic blanket is just perfect, it's super nice that it lets you create this small space where you can sit.



Ola Wihlborg
Designer, IKEA of Sweden

1

Knife. (Laughs) Definitely the knife - always handy!



2

Bag. I'd bring the bag, because it fits everything. And of course some food, maybe apples. Just in case I get lost in the park and need a snack!



3

Throw. I'd bring the throw. It's important to keep warm.





“The bag is simple but full of clever details – like an expandable top that can be folded up and closed with a drawstring, and a darker base that keeps it from getting dirty.”

– Darja Nordberg, Designer, IKEA of Sweden

New SOLUPPGÅNG Picknickfilt
349 kr



For big adventures and small escapes

Go a little further. Wander somewhere new. Or simply call a friend and meet at the park to enjoy *komorebi* – the Japanese word for sunlight filtering through the trees.

However you choose to spend time outdoors, the SOLUPPGÅNG collection makes it easier – and more enjoyable. A picnic blanket to keep you comfortable, a practical bag for your snacks and essentials, and plenty more thoughtful products designed to help you slow down, unwind, and enjoy a breath of fresh air.

New SOLUPPGÅNG Väska 149 kr



New SOLUPPGÅNG Mugg 39 kr

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New SOLUPPGÅNG Picknickfilt 349 kr

PE1007831.JPG



New SOLUPPGÅNG Mugg

PE1008021.JPG



New SOLUPPGÅNG Mugg

PE1008023.JPG



New SOLUPPGÅNG Hatt 59 kr

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Content overview

Key visuals

Starter kit

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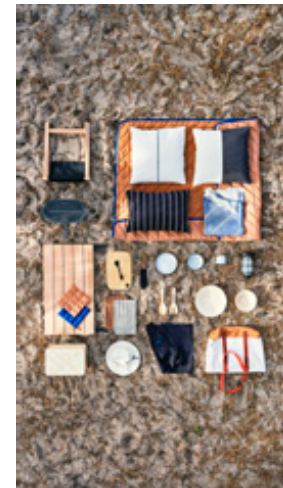
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16X9

PLEASE NOTE THAT ALL THREE FORMATS OF THIS FLATLAY IMAGE ARE ALSO AVAILABLE WITHOUT THE POT HOLDERS FOR MARKETS THAT DO NOT SELL THEM.

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9X16

Cooking & Eating

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Inside the car

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Excursion

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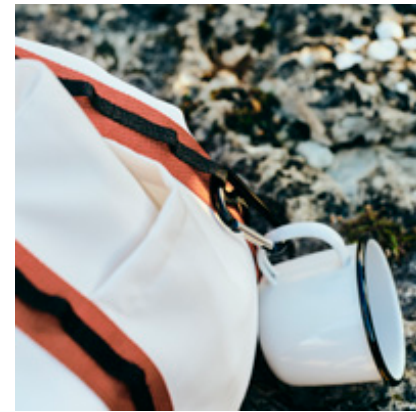
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4X3



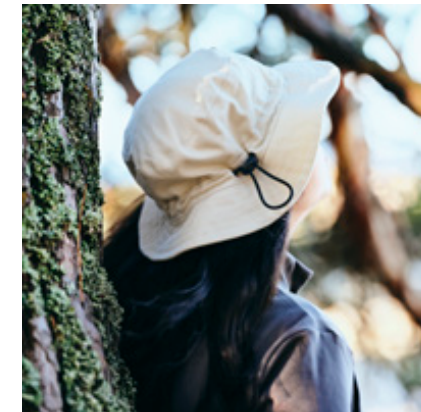
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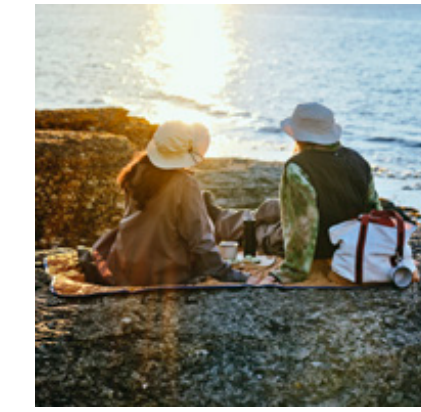
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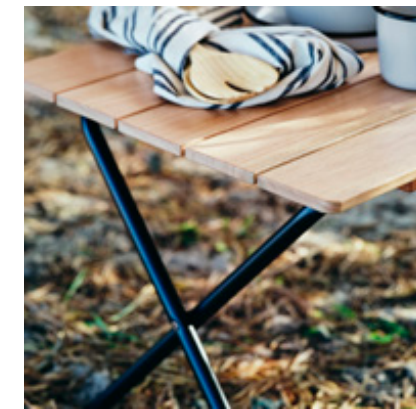
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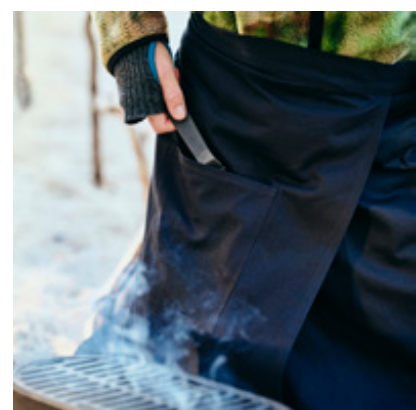
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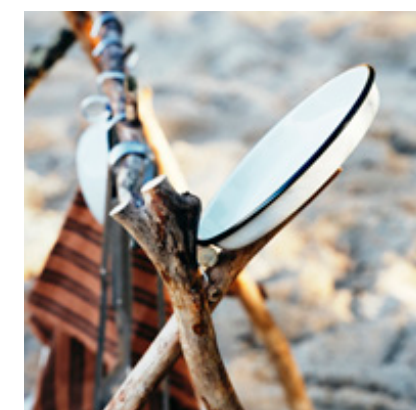
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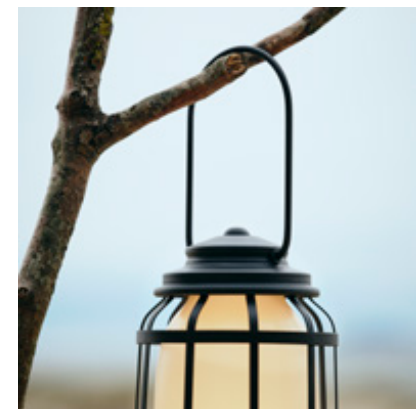
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PE1013594.JPG



PE1007809.JPG



PE1007876.JPG



PE1007378.JPG

New SOLUPPGÅNG skärbräda 59 kr Oiled bamboo. Designer: Ola Wihlborg. L35×W23cm. 106.198.69



PE1007388.JPG

New SOLUPPGÅNG salladsbestick 49 kr Oiled bamboo. Designer: Ola Wihlborg. L24cm. 506.198.67



PE1007389.JPG

New SOLUPPGÅNG serveringskål 199 kr s2 Clear lacquered bamboo. Designer: Ola Wihlborg. 906.198.65



PE1007377.JPG

New SOLUPPGÅNG skål 19 kr Enamelled steel. Designer: Ola Wihlborg. Ø14.8, H5cm. Vol 5dl. 006.213.11



PE1007385.JPG

New SOLUPPGÅNG tallrik 49 kr Enamelled steel. Designer: Ola Wihlborg. Ø20, H2.6cm. 406.213.09



PE1007383.JPG

New SOLUPPGÅNG mugg 39 kr Enamelled steel. Designer: Ola Wihlborg. H8.5cm. Vol 4dl. 106.213.15



PE1007390.JPG

New SOLUPPGÅNG spork 49 kr Metallized stainless steel. Designer: Ola Wihlborg. L19cm. Dark grey. 506.213.18



PE1007382.JPG

New SOLUPPGÅNG kniv 199 kr Metallized stainless steel. Handle: Solid walnut. Fabric: 100% polyester. Designer: Ola Wihlborg. Black. 906.213.21



PE1007376.JPG

New SOLUPPGÅNG grill 799 kr Cast iron and stainless steel. Designer: Ola Wihlborg. L43×W21, H20cm. Cast iron 006.213.06



PE1007380.JPG

New SOLUPPGÅNG fällbart bord 399 kr Powder coated steel, acrylic stain and solid eucalyptus. Designer: Ola Wihlborg. L82×D45, H42cm. Eucalyptus. 706.212.99



PE1007391.JPG

New SOLUPPGÅNG pall 199 kr Acrylic stained solid eucalyptus. Designer: Ola Wihlborg. L43×W38, H40cm. Eucalyptus. 706.213.03



PE1007379.JPG

New SOLUPPGÅNG kylkorg 399 kr Clear acrylic lacquered bamboo. Designer: Mikael Axelsson. L34×W22.5, H36cm. Bamboo. 306.213.24



PE1007387.JPG

New SOLUPPGÅNG grytlapp 39 kr s2 60% cotton, 40% linen. Designer: Darja Nordberg. L21×W21cm. Blue/brown. 306.197.93



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New SOLUPPGÅNG midjeförkläde 99 kr 100% cotton. Designer: Darja Nordberg. W86×H82cm. Black. 806.197.62



PE990336.JPG

New SOLUPPGÅNG kökshandduk 59 kr s2 60% cotton, 40% linen. Designer: Darja Nordberg. W60×H60cm. Brown/beige. 406.197.64



PE1007381.JPG

New SOLUPPGÅNG hatt 59 kr 100% cotton. Designer: Darja Nordberg. Max. circumference 66cm. Off-white. 806.197.76



PE1007384.JPG

New SOLUPPGÅNG picknickfilt 349 kr 100% polyester. Designer: Darja Nordberg. L170×W130cm. Brown. 306.198.49



PE1007375.JPG

New SOLUPPGÅNG väska 149 kr 100% polyester. Designer: Darja Nordberg. W44×D12, H37cm. Vol 19l. Mixed colours. 206.197.98



PE990338.JPG

New SOLUPPGÅNG pläd 249 kr 50% cotton, 50% lyocell. Designer: Darja Nordberg. W130×L170cm. Double sided blue/off-white. 506.197.73



PE990333.JPG

New SOLUPPGÅNG kuddfodral 79 kr 100% cotton. Designer: Darja Nordberg. W58×L40cm. Black/white. 906.197.71



PE990332.JPG

New SOLUPPGÅNG kuddfodral 79 kr 70% cotton, 30% jute. Designer: Darja Nordberg. L50×W50cm. Beige/blue. 306.197.69



PE990335.JPG

New SOLUPPGÅNG kuddfodral 79 kr 70% cotton, 30% jute. Designer: Darja Nordberg. L50×W50cm. Black/beige. 706.197.67



PE1000196.JPG

New SOLUPPGÅNG LED lykta utomhus 199 kr Powder coated steel and plastic. Designer: Mikael Axelsson. Ø13, H23.5cm. Outdoor battery-operated/dimmable. 206.212.73

Thank you!

Contact
press.sto@ikea.com

