

### **Product overview**



PE915292.jpg

105.610.57

**New DAJLIEN air purifier €29,99** Polystyrene plastic. Designer: David Wahl. W22.5×D12.5, H28cm. Light green.



PE915290.jpg

**New DAJLIEN portable** bluetooth speaker €14,99 ABS plastic and polyester. Designer: lina Vuorivirta. W9×L9, H6cm. Light green. 505.577.46



PE906457.jpg

**New DAJLIEN exercise mat** €59,99 Natural rubber and polyester. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W110×L210cm. Light green. 905.526.81



PE906959.jpg

**New DAJLIEN exercise** mat €19,99 Natural rubber and polyester. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W70×L110cm. Green. 405.526.74



PE905787.jpg

New DAJLIEN bench with storage €89,95 Clear acrylic lacquer, bamboo veneer and ibreboard. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W100×D30, H37cm. Bamboo. 205.572.86



PE906455.jpg

New DAJLIEN step-up board €29,99 Clear acrylic lacquer, bamboo veneer and powder coated steel. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W64×H19cm. Bamboo. 105.526.80



PE906462.jpg

**New DAJLIEN carrier bag** €5,99 Polypropylene and plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. L50×D36, H38.5cm. 805.572.88



PE905793.jpg

**New DAJLIEN cushion** €9,99 Polypropylene and plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W19×L44cm. Light green. 805.527.33



PE905796.jpg

**New DAJLIEN belt bag €4,99** Polypropylene, polyester, plastic and synthetic rubber. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W22×D2, H9cm. Green. 805.526.67



PE905791.jpg

**New DAJLIEN blanket €19,99** Polyester, viscose/rayon, nylon and elastane. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W130×L170cm. Light green. 205.527.31



PE905779.jpg

**New DAJLIEN bath towel €6,99** Polyester, nylon and elastane.Designer: A Deo/S Fager/M Ganszyniec/P Machado. W70×L140cm. Yellow. 105.572.82



PE905780.jpg

**New DAJLIEN hand towel** €4,99/2-pack Polyester, nylon and elastane.Designer: A Deo/ S Fager/M Ganszyniec/P Machado. W30×L50cm. Yellow. 705.572.84



PE905776.jpg

**New DAJLIEN bath poncho** with hood **€24,99** 90% polyester and 10% nylon. Designer: A Deo/S Fager/M Ganszyniec/P Machado. L110cm. Light green. 605.527.29



PE906460.jpg

**New DAJLIEN relax-poncho** €39,99 Polyester and nylon. A Deo/S Fager/M Ganszyniec/P Machado. S/M L/XL. 705.573.59 / 505.573.60



PE905789.jpg

**New DAJLIEN slippers €5,99** Expanded polyethylene plastic and polyurethane foam. Designer: A Deo/S Fager/M Ganszyniec/P Machado. S/M L/XL



505.526.83 / 305.526.84



PE906453.jpg

**New DAJLIEN training weight** €22,99/2-pack Powder coated polyester and cast iron. Designer: A Deo/S Fager/M Ganszyniec/P Machado. Weight 3kg. Ring shaped/light green. 905.676.54



PE905806.jpg

**New DAJLIEN trolley €69,95** Powder coated steel, clear acrylic lacquer, bamboo and polypropylene plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W39×L42, H65cm. Light green. 605.572.65



PE905804.jpg

305.572.62

**New DAJLIEN trolley €69,95** Powder coated steel, clear acrylic lacquer, bamboo and polypropylene plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. W39×L42, H65cm. White.



PE905802.jpg

**New DAJLIEN valet stand** €34,99 Powder coated steel, clear acrylic lacquer, bamboo and polypropylene plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. H139cm. Light green. 605.526.68



PE905801.jpg

**New DAJLIEN valet stand** €34,99 Powder coated steel, clear acrylic lacquer, bamboo and polypropylene plastic. Designer: A Deo/S Fager/M Ganszyniec/P Machado. H139cm. White. 805.526.72



New DAJLIEN 4-piece exercise set €32,99 Polyester, natural rubber, synthetic rubber and nickel-plated cast iron. Designer: A Deo/S Fager/M Ganszyniec/P Machado. 905.618.26





### Training isn't everything. But everything can be training.

What is training? Is it speed and stamina, 100 reps, no pain, no gain, abs and legs of steel? Or is it playtime with your kids? Yoga after a long day at work? Jumping jacks at your desk? Could it be tidying your home, doing the grocery shopping, walking the dog?

### Ahome training collection defined DY YOU

DAJLIEN aims to change the way we think about training equipment through 19 products, many of which can be used in different ways throughout the home.





## Designed for you, and your home

DAJLIEN is designed for heavy use – but it's also designed with subtle colours and details that work even when it's not being used for training: as storage for your gear or as practical pieces around the home. The DAJLIEN valet stand, for instance, is the perfect place to dry clothing between sessions, while the DAJLIEN trolley can be easily stowed under your desk.





### Smart, versatile and flexible

DAJLIEN aims to redefine training through smart, multi-functional products that are easy to use, store, wear, and bring along with you – and designed to fit seamlessly into the home.





### Part training gear, part storage

Inspired by old-school gym equipment, the DAJLIEN bench with storage can be used in multiple ways: as a training bench, of course, but also as a storage bench and even as a table when relaxing at the sofa. Made from bamboo, it features a smart, non-slip mat that can be rolled up and tucked out of sight.







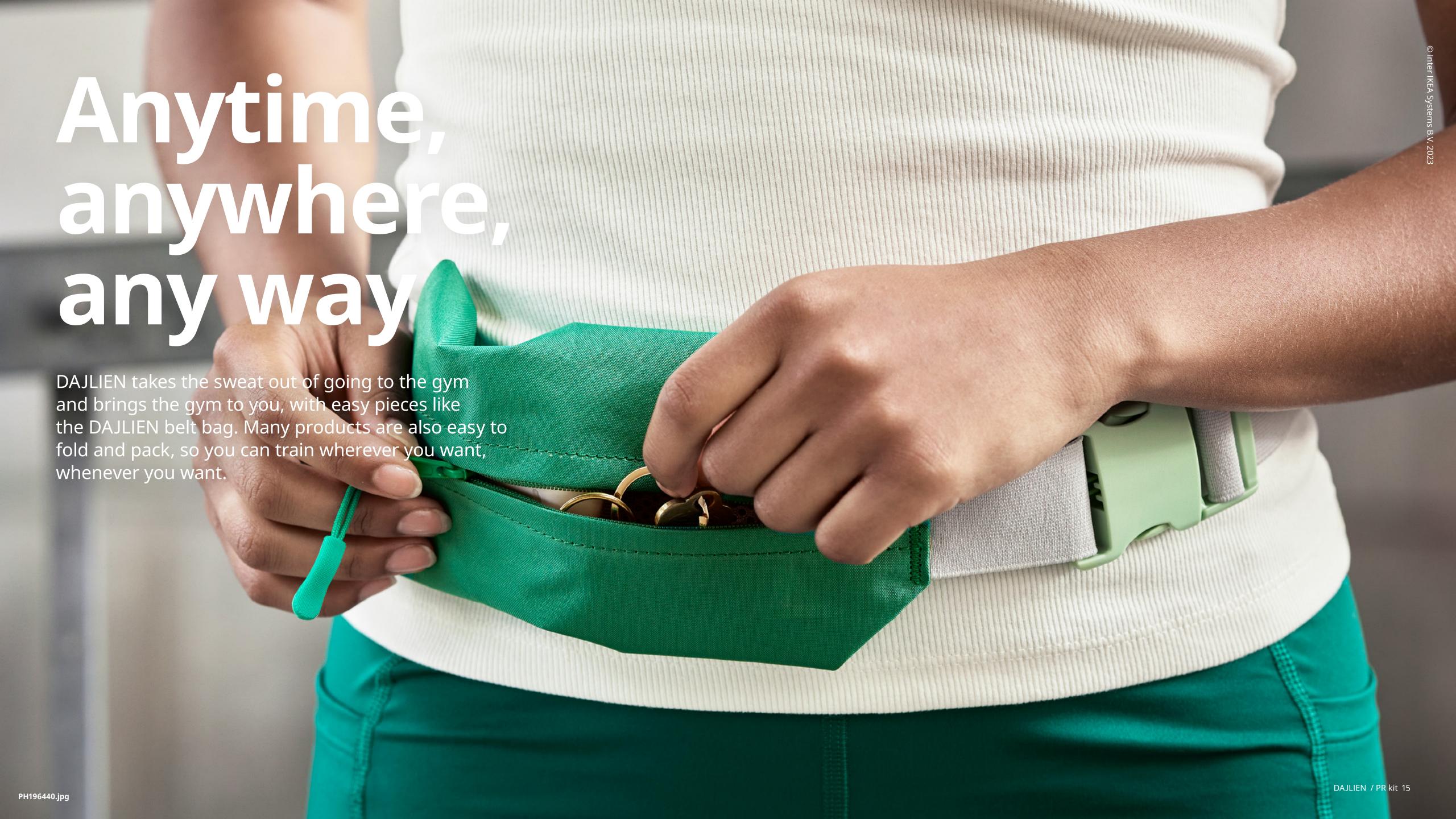


# Cooling down is also part of the game

DAJLIEN also includes products to help you recover, such as the air purifier, which doubles as a fan, a yoga strap, knee pads, massage ball and portable bluetooth speaker – all in subtle, soft shades of green and yellow to complement your home. These products all assist with the recovery process and stress relief – an essential part of training, too.









Can training really be as simple as grocery shopping or walking the dog? With DAJLIEN, the answer is yes. DAJLIEN features functional details – loops on towels, a waterproof bluetooth speaker, internal compartments on a lightweight mesh carrier bag – that transform everyday activities into easy, fun training moments.





### Products for before and after, too

DAJLIEN is smart, multi-functional training gear that's ideal for those who lack space for bulky equipment or are put off by ugly or expensive workout products – it even includes wearable pieces you can throw in your bag. Because every moment is a possible training moment.





### Meet the designers

DAJLIEN was designed by four IKEA designers: Paulin Machado, Akanksha Deo, Sarah Fager and Maja Ganszyniec. Although each designer represents a different perspective to training itself and brought a unique point of view to the project, they were all aligned in the goal of DAJLIEN: to create an adaptable, affordable collection of versatile pieces that could be used throughout the home in different ways – and all with a stylish, contemporary aesthetic.

"We feel good – and good about ourselves – when we're active," says Sarah Fager on the original concept behind DAJLIEN.

"I'm good at finding excuses not to exercise, but when I do practice, I always feel rewarded afterwards – so anything that supports movement in my own home is something I really appreciate," adds Paulin Machado.

"We wanted to contribute to the democratisation and accessibility of training, ensuring that even a bit of activity is within reach for everyone, every day," concludes Akanksha Deo.





**Paulin Machado** Designer



Designer





### **Image overview**







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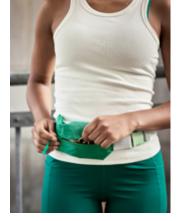
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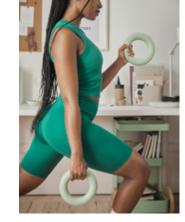
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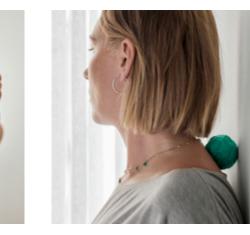
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