

Home, children, office and gaming chairs

10

Some workchairs have a 10 year guarantee. Read more in the guarantee brochure.

3

Gaming chairs have a 3 year guarantee. Read more in the guarantee brochure.

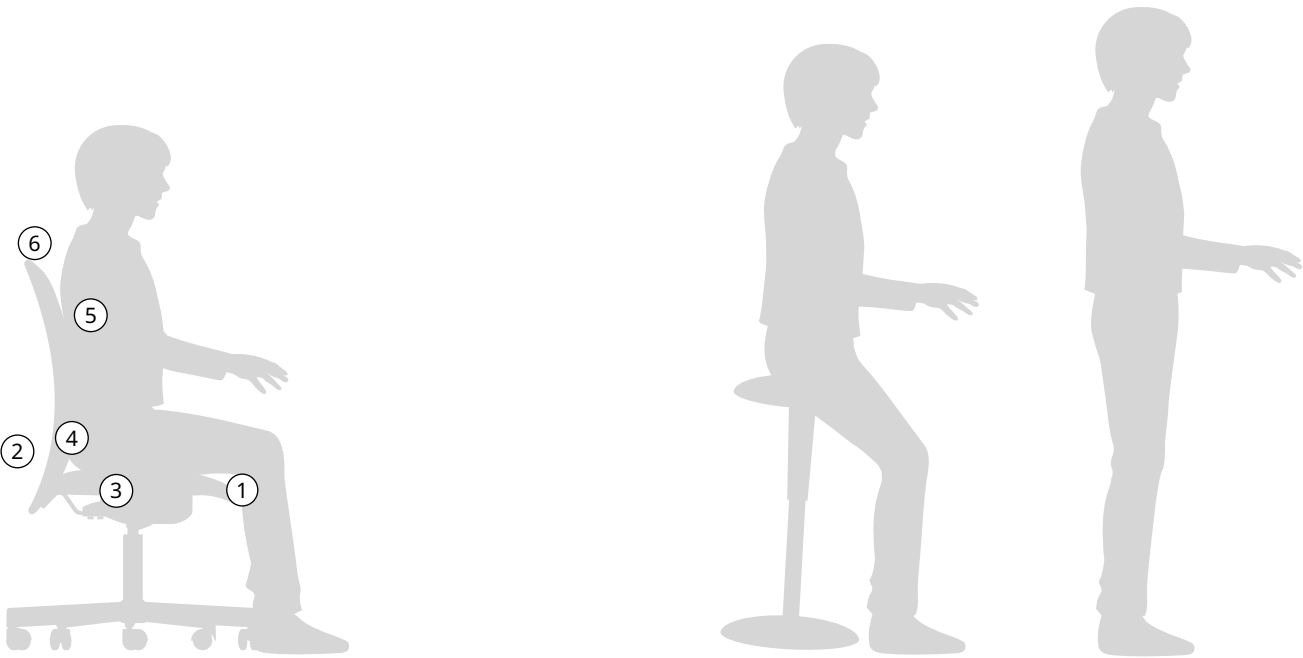


Sit perfectly for your activities

A great sitting position helps you feel more creative, energetic and efficient. Start with who you are and how you'll use the chair. If you work from home for shorter periods, basic adjustable functions may be enough. For full-time work in the office, you'll need additional settings and more support for your arms and head. Love to game? Choose a gaming chair that helps you perform at your best. And for the younger ones, we have chairs adapted for drawing and doing homework.

Good to know

The human body is made to move, so ideally, your workspace should give you the choice of sitting, standing or leaning, allowing you to change positions often.



Sitting

1. You should be able to stretch your legs under the table and turn 90° to the left and right. The hips and knees should be at an angle of approx. 95-100° with your feet flat on the floor. If you share the chair with other people, the height adjustable seat allows all of you to sit comfortably.
2. It doesn't matter if you're short or tall. With an adjustable seat depth or a height adjustable backrest you can try different depths and heights and get exactly the support your legs and back need.
3. A chair with tilt function makes it easy to change sitting position, regardless of whether the tilt function is in the seat or the backrest – or in both places.
4. The lumbar region is where we usually feel the first onset of tiredness. A chair with built-in lumbar support relieves pressure on your back.
5. Armrests reduce strain on arms and shoulders. Adjustable armrests reduce strain even more – regardless of how tall or short you are. Make sure that the armrests don't prevent the chair from being drawn close to the desk, and that they don't restrict your movements.
6. If you've been sitting at your desk for some time, it may feel nice to lean back and change your position for a moment. With a headrest on your chair, your head and neck also get some well-deserved relaxation.

Leaning

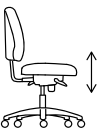
A standing support enables a position between sitting and standing, and it's ideal when you have a height adjustable desk.

- Provides freedom of movement for your upper and lower body.
- Activates and strengthens your body's core muscles.
- Gives you an open posture which improves your circulation and metabolic rate.

Standing

Don't forget to stand up as well. Alternating between sitting and standing is good for you circulation and productivity. Check out our height adjustable desks since they're ideal for alternating between sitting, leaning and standing.

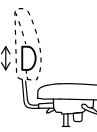
Good to know



Height adjustable seat; for a comfortable sitting posture regardless of body height.



Height-adjustable backrest; provides support in all the right places and helps your body to maintain a naturally good posture.



Adjustable lumbar support; helps maintain the correct posture while sitting which reduces strain on muscles on your lower back.



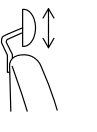
Adjustable seat depth; easy to adapt for increased support to your thighs and back.



Adjustable headrest depth; adjust the depth position of the headrest to fit your needs, reducing strain on the neck and shoulders.



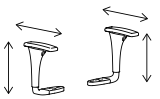
Adjustable tilting neck support; adjusting the headrest angle for optimal support and comfort reduces neck muscle strain and prevents discomfort during prolonged sitting.



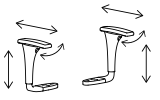
Adjustable headrest height; allows for proper alignment of the head and neck, reducing the risk of discomfort from prolonged sitting.



Armrests; provide support for the upper part of your forearms and reduce strain on the back and shoulders.



2D adjustable armrests; height and width adjustable armrests enable a relaxed position for arms and shoulders and reduce the risk of tension.



3D adjustable armrests; height, width, and depth adjustable armrest helps you find the most comfortable and supportive position for the arms and shoulders, leading to improved posture and reduced fatigue.



Manual tilt tension; allows you to adjust the resistance to suit your movements and weight.



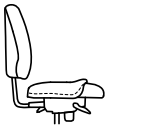
Automatic tilt tension; your body weight determines how much resistance the backrest offers.



Synchronised tilt mechanism; allows the chair to move with you. The backrest moves more than the seat when you lean back, so torso/hips open up. This improves circulation and keeps energy levels up.



Tilt lock; allows you to lock the tilt in the upright, the lowest position and different positions in-between.

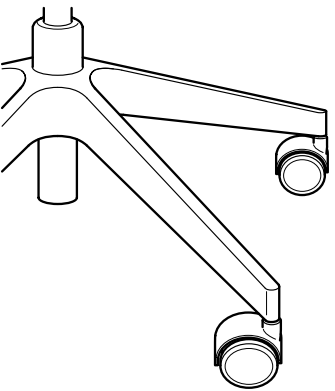


Removable washable cover, seat; easy to keep clean and fresh, as you can take it off and machine-wash it.



Removable washable cover; backrest and seat. The cover is easy to keep clean and fresh, as you can take it off and machine-wash it.


Safety castors



Chairs should stay where you leave them and not roll away on their own. That's why we put safety castors on our chairs. The castors have a built-in pressure-sensitive brake mechanism so that they roll freely and easily when you sit on the chair – and brake when you stand up. Note that even though the castors don't roll when braked, they can still slide on the floor if the chair is pushed.

All parts and prices

Office chairs

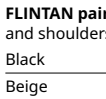


10

FLINTAN swivel chair. Seat W46×D49 cm. Tested for 110 kg. Height adjustable 45-58 cm. Self adjusting tilt tension. May be completed with FLINTAN armrests. The cover is removable and machine washable. Rubber-coated castors; run smoothly on any type of floor. Design: Henrik Preutz.


Black	304.890.32	RM249
Beige	504.922.03	RM249





FLINTAN pair of armrests. Relieves the pressure on arms and shoulders. Fits FLINTAN swivel chairs.

Black	604.890.35	RM50
Beige	104.922.00	RM50




10

SMÖRKULL office chair with armrests. Seat W48×D49 cm. Tested for 110 kg. Height adjustable 44-56 cm. Automatic tilt tension, synchronized tilt mechanism and tilt lock. Height-adjustable armrests. The cover for seat and backrest is removable and machine washable. Rubber-coated castors; run smoothly on any type of floor. Design: Sarah Fager.

Gräsnäs dark grey	105.034.49	RM499
Gräsnäs red	305.034.53	RM499






10

MARKUS swivel chair. Seat W53×D47 cm. Tested for 110 kg. Height adjustable 48–57 cm. This chair is tested and approved for office use. Rubber-coated castors; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle dark grey	502.611.51	RM599
Vissle light grey	905.218.59	RM599

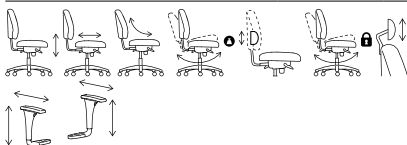





10

JÄRVFJÄLLET swivel chair with height adjustable armrests. Seat W52×D46 cm. Tested for 110 kg. Height adjustable 45–56 cm. The mesh material of the backrest lets air through to your back during long sitting periods. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain.

Glose black	804.945.40	RM999
Grann white	205.218.53	RM999

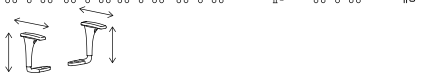





10

GRÖNFJÄLL office chair with armrests.


Letafors grey/black	905.034.74	RM1,399
---------------------	------------	----------------





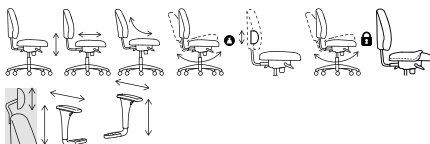
GRÖNFJÄLL headrest.


Letafors grey/black	105.034.73	RM200
---------------------	------------	--------------



GRÖNFJÄLL office chair with arm/headrest.

Letafors grey/black	095.139.20	RM1,599
---------------------	------------	----------------






10

HATTEFJÄLL swivel chair with height and width adjustable armrests. Seat W50×D40 cm. Tested for 110 kg. Height adjustable 41-52 cm. An ergonomic office chair with gently curved lines. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain.

Gunnared beige/white	405.389.56	RM799
Gunnared green/black	105.389.72	RM799
Gunnared light green/white	505.329.54	RM799
Gunnared medium grey/white	405.389.61	RM799
Gunnared red/white	005.251.02	RM799
Smidig black/black	305.389.66	RM1,299






10

ALEFJÄLL swivel chair. Seat W51×D42 cm. Tested for 110 kg. Height adjustable 45-56 cm. The genuine grain leather is a treat in terms of softness and comfort – also both seat and back are tilt- and height-adjustable to give you maximum support. Guaranteed to outlast years of ups and downs.

Grann beige	603.202.25	RM999
Grann golden brown	204.199.83	RM999






10

TROLLBERGET active sit/stand support. Tested for 110 kg. Height adjustable 66–80 cm. Gives you an active sitting position thanks to tilting mechanism of the seat. It is ideal when you have a height adjustable desk.

Glose black	803.882.57	RM599
Grann beige	803.882.62	RM599





10


LIDKULLEN active sit/stand support. Tested for 110 kg. Height adjustable 59–81 cm. Gives you an active sitting position thanks to tilting mechanism of the seat. It is ideal when you have a height adjustable desk.

Gunnared dark grey	904.457.85	RM399
Gunnared beige	804.457.81	RM399




All parts and prices

Conference chairs



STOLJAN conference chair – polyurethane covered cotton/ polyester seat. Seat W44×D44×H46 cm. Tested for 110 kg. The chairs are stackable and save space when not in use. A maximum of 7 chairs can be stacked together.

Black	699.074.67	RM159
-------	------------	--------------




10

LÅNGFJÄLL conference chair, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable conference chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	691.775.67	RM549
Gunnared beige/white	992.523.67	RM549
Gunnared dark grey/black	991.775.75	RM549
Gunnared dark grey/white	192.523.85	RM549
Gunnared red-orange/black	395.060.65	RM549
Gunnared red-orange/white	595.060.74	RM549
Gunnared green-grey/black	095.060.57	RM549
Gunnared green-grey/white	995.060.72	RM549

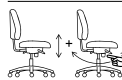





10

LÅNGFJÄLL conference chair with high back, 5 legs with castors. Seat W53×D41 cm. Tested for 110 kg. A comfortable conference chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.


Gunnared beige/black	691.776.28	RM649
Gunnared beige/white	892.524.81	RM649
Gunnared dark grey/black	191.776.40	RM649
Gunnared dark grey/white	192.525.16	RM649





LÅNGFJÄLL pair of armrests. Relieves the pressure on arms and shoulders. Fits LÅNGFJÄLL swivel chairs.


White	503.205.70	RM100
-------	------------	--------------



MULLFJÄLLET conference chair, 5 legs with castors. Seat W54×D45 cm. Tested for 110 kg. A comfortable conference chair with lightly curved lines. The cover is easy to keep clean since it is removable and can be machine washed, while the perfect fit makes it look just as neat as a fixed cover.

Naggen beige	804.725.62	RM899
Naggen dark grey	604.725.63	RM899






10

FJÄLLBERGET conference chair. Seat W42×D40 cm. Tested for 110 kg. Height adjustable 43–56 cm. The curved bent wood back and armrests are both comfortable and stylish.

White stained oak veneer/ Gunnared light beige	604.062.76	RM799
Black stained oak veneer/ Gunnared dark grey	804.877.66	RM799






10

FJÄLLBERGET conference chair, 5 legs with castors. Seat W42×D40 cm. Tested for 110 kg. Height adjustable 43–56 cm. The curved bent wood back and armrests are both comfortable and stylish.

White stained oak veneer/ Gunnared light beige	004.877.65	RM899
Black stained oak veneer/ Gunnared dark grey	603.964.18	RM899






LÅKTARE conference chair. Conference chair with clean Scandi-design in natural, light birch veneer. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. 10-year guarantee.

Birch veneer/black	795.032.58	RM249
Birch veneer/white	895.031.92	RM249






10

LÅKTARE conference chair with chair cover. Comfy, elegant and easy-to-place conference chair. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. Removable/washable cover.

Light beige/black	895.032.10	RM299
Light beige/white	695.032.73	RM299
Light green/black	195.032.61	RM299
Light green/white	295.032.46	RM299
Medium grey/black	295.032.65	RM299
Medium grey/white	295.032.51	RM299
Red/black	295.032.70	RM299
Red/white	395.032.55	RM299






LÅKTARE chair cover. LÅKTARE chair covers are soft and comfy, made from 90% recycled polyester. Available in several colours for an easy match with the other furniture in the room. Chair covers have a simple and elegant expression that is easy to place in any conference room. Keep a few extra covers at hand for quick and easy updates when needed. This cover is made of dope-dyed GUNNARED fabric in polyester. It is a durable fabric with a wool-like feel, a warm look and a two-toned melange effect.

Gunnared light beige	105.279.97	RM50
Gunnared light green	905.279.98	RM50
Gunnared medium grey	505.279.95	RM50
Gunnared red	605.280.13	RM50

All parts and prices


Gaming chairs




3

MATCHSPEL gaming chair. The whole body enjoys nice support, and you can adjust the height of the chair, neck and armrests to sit really comfy when the game begins.

Bomstad black	504.969.46	RM699
Bomstad light grey	705.715.29	RM699






3

GRUPPSPEL gaming chair. This gaming chair has many smart functions that allow you to adjust the back, seat, recline angle, tilt, armrests and headrest to sit really comfortably.

Grann black	305.001.62	RM1,599
Gunnared beige	204.983.86	RM1,299
Gunnared black/grey	505.001.61	RM1,299






3

UTESPELARE gaming chair. This gaming chair gives your body a nice support with a synchronised seat and back tilt that precisely follows your movements during the entire match.

Bomstad black	905.001.59	RM499
Bomstad grey	905.076.22	RM499






3

HUVUDSPELARE gaming chair. The backrest gives you good lumbar support – and even when the game heats up, you stay cool thanks to the mesh net.

Black	505.226.67	RM299
-------	------------	--------------






3


STYRSPEL gaming chair.

Dark grey/grey	005.220.33	RM999
Grey/red	205.260.87	RM999
Purple/black	005.220.28	RM999




All parts and prices


Home chairs



STIGBYGEL swivel chair with armrests.


Beige/white	005.711.94	RM599
Brown/black	305.564.32	RM599






SMÄLLEN swivel chair. Seat W40×D39 cm. Spin the seat upwards or downwards to adjust the seat height of the chair.


Black	105.034.68	RM99
-------	------------	-------------






LOBERGET/MALSKÄR swivel chair. Seat W44×D43 cm. Height adjustable 45–57 cm. These castors are designed for soft floors.


White/white	594.454.67	RM149
White/black	094.885.72	RM149






ELDBERGET/MALSKÄR swivel chair. Seat W43×D44 cm. Height adjustable 43–55 cm. Lower back support, adjustable height and sturdy castors – this desk chair really has it all. Use it at the desk, roll it to the dining table and add PYNTEN seat pad for extra soft and comfortable sitting.


Beige/black	493.318.57	RM149
Beige/white	394.443.98	RM149
Dark grey/black	393.318.48	RM149
Green/black	994.444.23	RM149
Yellow/white	494.444.06	RM149






KULLABERG swivel chair. Seat W42×D39 cm. Tested for 110 kg. Height adjustable 44–55 cm. Adjustable feet make the chair stand steady also on uneven floors.

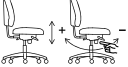
Black	703.255.19	RM199
Pine/black	903.203.42	RM199






RENBERGET swivel chair. Seat W49×D42 cm. Tested for 110 kg. Height adjustable. Tilt tension that allows you to adjust the resistance to suit your movements and weight. Improved shape of the armrests gives your arms better support when working at the desk.

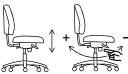
Bomstad black	204.935.48	RM299
---------------	------------	--------------






MILLBERGET swivel chair. Seat W52×D45 cm. Tested for 110 kg. Height adjustable. Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight. Padded armrests offer comfortable support for your arms while working at the desk. To adjust the tilt tension, turn the knob under the seat to increase or decrease the resistance.


Murum beige	104.893.92	RM499
Murum black	404.893.95	RM499
Murum golden-brown	104.894.05	RM499






BLECKBERGET swivel chair. Seat W47×D45 cm. Tested for 110 kg. Height adjustable 47–59 cm. High-quality density foam will keep the chair comfortable for many years to come. Neat and compact design that makes it easy to place the chair anywhere, even in smaller spaces. Design: Francis Cayouette


Light green	305.223.43	RM199
Idekulla dark grey	304.830.54	RM199
Idekulla beige	304.830.49	RM199

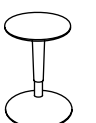




ÖRFJÄLL swivel chair. Seat W49×D43 cm. Tested for 110 kg. Height adjustable 46–58 cm. High-quality density foam will keep the chair comfortable for many years to come. Design: Sebastian Holmbäck & Ulrik Nordentoft.


Black/Vissle black	293.030.73	RM299
White/Vissle dark blue	495.011.09	RM299
White/Vissle light grey	294.160.13	RM299
Black/Vissle red	195.010.78	RM299






NILSERIK standing support. Seat diameter 35 cm. Tested for 110 kg. Height adjustable 51–71 cm. Gives you an active sitting position.


Beige/Vissle dark grey	504.868.29	RM199
White/Vissle dark blue	505.406.47	RM199






SKRUVSTA swivel chair. Seat W48×D45 cm. Tested for 110 kg. Height adjustable 47–55 cm. The chair comes with both castors and feet. Rubber-coated castors; run smoothly on any type of floor.


Vissle grey	802.800.06	RM499
Idhult black	104.029.97	RM599
Ysane white	304.029.96	RM599





ODGER swivel chair. Seat W68×D68 cm. Tested for 110 kg. Height adjustable 43–54 cm. Comfortable to sit on thanks to the bowl-shaped seat and rounded shape of the backrest. Give extra softness and comfort to ODGER desk chair by adding the matching ODGER seat pad.

White/Beige	003.952.71	RM499
Anthracite	703.952.63	RM499



All parts and prices



BJÖRKBERGET swivel chair. Seat W58×D59 cm. Tested for 110 kg. A versatile chair that's great throughout the home. The elegant and simple design adds an airy and light expression to your home office, dining area or dressing table. Removable and machine washable cover. Design: Mia Cullin.

Idekulla beige	804.817.93	RM299
Idekulla blue	004.817.92	RM299



Accessories



KOLON floor protector. 120×100 cm. Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. If the floor protector is left lying on the floor for a long period a vacuum may form and cause damage to your floor. Therefore, lift the floor protector at regular intervals for ventilation.

901.762.45	RM99
------------	-------------



DAGOTTO foot-rest. W38×L49×H15 cm. This foot-rest helps you sit in a good working position at your desk and reduces strain on your legs, back and neck.

Black	202.409.90	RM59
-------	------------	-------------



PYNTEN seat pad W41×D43 cm. Tailor made to fit LOBERGET and ELDBERGET swivel chairs perfectly. Soft and comfortable to sit on while giving your room a warm and cosy look.

Dark grey	904.732.07	RM30
Lilac	205.777.36	RM30

Childrens chairs



ÖRFJÄLL children's desk chair.

White/Vissle light green	305.414.31	RM199
White/Vissle light grey	205.018.88	RM199
White/Vissle pink	504.417.70	RM199



LOBERGET/SIBBEN children's desk chair.

White	393.377.13	RM89
-------	------------	-------------



VALFRED/SIBBEN children's desk chair.

Birch/white	393.377.89	RM149
White	193.377.66	RM149



VIMUND children's desk chair.

Light pink	604.243.55	RM299
Turquoise	205.319.65	RM299



GUNRIK children's desk chair.

Turquoise	805.278.71	RM599
Yellow	605.278.72	RM599



Accessories



PYNTEN children's seat pad for desk chair.

Dark grey	705.388.32	RM25
Turquoise	705.388.27	RM25