The key to feeling good – a good night’s sleep
We sleep for one-third of our lives, and a good night’s sleep is important for us to feel well and rested. What we choose to sleep on and have over us makes a big difference. To make the choice easier, we’ve gathered all of our mattresses, mattress toppers, slatted bed bases and legs in this buying guide. You will also find our range of comforters, pillows and mattress protectors. All items have unique features, so before deciding, it can be wise to test both mattresses and pillows in our sleep studio at the store.
Good to know

When it comes to mattresses, one size doesn’t fit all. People are built differently. People sleep differently. We understand this, which is why our range of mattresses offers you a wide choice of materials, support, and price levels; everything you need to find a perfect match for you. Almost all of our mattresses and bases are covered by a 25-year limited warranty against defects in materials and workmanship. For more detailed information, please read the limited warranty.

For your complete comfort

And because a good night’s sleep depends on more than just the mattress, you’ll also find the entire range of pillows, comforters, and mattress and pillow protectors in this guide.

In order to find what’s best for your individual needs, we advise to try the mattress of your choice together with different pillows. Find the combination that best fits you, by actually lying down and trying them out together in the mattress studio.

A comforter that fits your sleeping preferences adds to your overall comfort, so you sleep well and wake up rested. Take a look at our pillows and comforters on pages 15-23 to find the right ones for you.

Love it or exchange it

You may exchange your mattress once within 365 days if you don’t love it. Return your mattress with your receipt to the store and select your new mattress. We are unable to exchange your mattress if it is found to be dirty, stained, damaged, or abused.

When you get your mattress home

It’s normal for new mattresses to feel a bit too firm, so you should allow one month for your body to get used to the mattress and for the mattress to get used to your body. New materials also have their own particular smell. We recommend airing the mattress to help eliminate any smell. If you buy a roll packed mattress, you can use it immediately, but keep in mind that it takes 3-4 days of use for them to regain their shape.

Care and cleaning

Adding a mattress topper (page 10), mattress protector (page 13), or a pillow protector (page 21) to your new mattress makes it more hygienic, as it is easy to remove and clean. Some of our mattresses have a washable cover. On those that don’t, use upholstery cleaner to remove stains. Even the best mattresses become less comfortable with age and all mattresses accumulate allergens over the years. So we recommend that you change your mattress every 8-10 years.

Do it yourself or let us help

Just because you can do everything yourself, doesn’t mean you have to. Let us help you get a good night’s sleep without any extra worrying with our service offers like financing, home delivery, assembly and more. Read more at IKEA-USA.com/services or your local IKEA store.

Limited Warranty

Everyday life at home puts high demands on mattresses and bed bases. IKEA mattresses and bed bases have been rigorously tested to comply with our strict standards for quality and durability, as well as to meet the highest standards for domestic applications. That means we can offer you a 25-year limited warranty that covers mattresses and bed bases marked with the warranty logo above against defects in materials and workmanship. See page 14 or visit IKEA-USA.com/warranty for more information.
To find the right mattress for you, you should think about:

1. Foam, latex or spring?
   We offer a variety of different mattresses. Deciding if you want a foam, latex or spring mattress will help you narrow down your choice considerably.

2. Your budget
   We have mattresses to fit every budget, from basic mattresses to mattresses made with high quality natural materials. But you can be sure that every one is designed to give you a good night's sleep.

3. How does it feel?
   The most important thing when choosing a mattress is to have a good lie down. Try the mattress without a thick jacket or coat, and in the position you usually fall asleep in. That way, you can tell if the mattress is a good match for you!

MATTRESS COMFORT SYMBOLS
The symbols below are used to show the features of our comfort products.

- **25-year limited warranty**
  Almost all of our mattresses and bases are covered by a 25-year limited warranty against defects in materials and workmanship. For more detailed information, please read the details on page 14 or visit IKEA-USA.com/warranty

- **Firm**
  Mattresses that provide firm support.

- **Medium Firm**
  Mattresses that provide medium firm support.

- **Soft**
  Mattresses that provide soft support.

- **Natural materials**
  Natural materials like wool, cotton and sometimes natural latex and coconut fiber help air flow freely through the mattress and draw away moisture, so you won't get too warm or too cold.

- **Extra comfort filling**
  An extra top layer of soft filling that adds comfort.

- **Comfort zones**
  Give each part of your body the support it needs. Softer areas allow your shoulder and hips to sink more deeply into the mattress while firmer ones actively support your neck and lower back.

- **Pocket springs/mini pocket springs**
  Individually wrapped springs that work independently to closely follow your movements and the contours of your body.

- **Bonnell springs**
  A layer of springs that provides all-over support to ensure a restful night's sleep.

- **Latex**
  A soft and resilient natural material that offers personalized comfort by molding to your body. You'll relax more fully as it distributes your body weight to relieve extra pressure and provide precise support.

- **Memory foam**
  A soft and resilient material that responds to your body temperature and molds itself to the contours of your body. You'll relax more fully as it distributes your body weight to relieve pressure and provide optimum support and comfort.

- **High-resilience foam**
  High quality foam that closely follows your movements to provide support and relieve extra pressure.

- **Gel infused memory foam**
  Gel capsules in the memory foam take a longer time to warm up creating a cooler sleeping surface.

- **Foam**
  Gives you all-over support and comfort.

- **Roll packed**
  Makes it easier for you to handle the mattress and bring it home.

- **Wash temperature °F**
  For removable and washable mattress covers. Machine wash warm (100°F) or hot (140°F). Allergens thrive in warm, dark, humid environments like beds. Wash fairly often to keep it fresh and clean.
SPRING MATTRESSES

Spring mattresses distribute your weight evenly, so there’s no extra pressure on any one part of your body. The open spring construction helps air flow through the mattress, so you won’t get too warm while you sleep. You can get the comfort level that’s right for you with a mattress pad and a slatted bed base or mattress base. Spring mattresses are also extremely durable.

HASVÅG Spring mattress
Beige

- Bonnell springs provide all-over support to ensure a restful night’s sleep.
- Stretch fabric on top of the mattress moves with you to maximize comfort.
- Designed to be used on one side only – no need to turn.
- Easy to bring home since the mattress is roll packed.
- Thickness: 8¼”

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HAUGESUND Spring mattress
Dark beige

- You get support in the right places with the help of individually wrapped pocket springs that work independently and closely follow your body.
- The pocket springs are individually wrapped to insulate movements so you don’t disturb your bed partner.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress move with you to maximize comfort.
- Designed to be used on one side only – no need to turn.
- Easy to bring home since the mattress is roll packed.
- Thickness: 9½”

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HAUGSVÅR Spring mattress
Dark gray

- Relax more fully with a sleeping surface of memory foam (Firm) or high-resilience foam (Medium firm) that conforms to your body to relieve pressure.
- You get support in the right places with the help of individually wrapped pocket springs that work independently and closely follow your body.
- The pocket springs are individually wrapped to insulate movements so you don’t disturb your bed partner.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximize comfort.
- Designed to be used on one side only – no need to turn.
- Easy to bring home since the mattress is roll packed.
- Thickness: 11”

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SPRING MATTRESSES

HESSTUN Spring mattress

White

- Extra comfort filling
- High-resilience foam
- Pocket spring
- Mini pocket spring
- 25-year limited warranty

- Relax more fully with a sleeping surface of memory foam (Firm) or high-resilience foam (Medium firm) that conforms to your body to relieve pressure.
- You get support in the right places with the help of individually wrapped pocket springs that work independently and closely follow your body.
- The pocket springs are individually wrapped to insulate movements so you don’t disturb your bed partner.
- A soft layer of mini pocket springs contours to the natural curves of the body to create an enhanced comfort.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximize comfort.
- Designed to be used on one side only – no need to turn.
- Thickness: 12¾"
FOAM AND LATEX MATTRESSES

Soft and resilient, foam and latex mattresses provide support by molding to the shape of your body and distributing your weight evenly. Because there’s no extra pressure on any part of your body, they facilitate blood circulation and help you fully relax. Foam mattresses also absorb the shock of movement, making them a great choice if you have a partner that tosses and turns at night. Their flexibility makes them a great fit for adjustable slatted bed bases.

MINNESUND Foam mattress
White

Firm
Twin 303.158.76 $90
Full 103.304.63 $159
Queen 903.304.64 $179

• Get all-over support and comfort with a resilient foam mattress
• The mattress is approved for seating, as the zipper is placed on the underside.
• Approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
• Easy to keep clean since the cover is machine washable.
• Easy to bring home since the mattress is roll packed.
• Thickness: 3½”

MEISTERVIK Foam mattress
White

Firm
Twin 503.158.75 $150
Full 203.304.67 $209
Queen 003.304.68 $229

• Get all-over support and comfort with a resilient foam mattress
• The mattress is approved for seating, as the zipper is placed on the underside.
• Approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
• Easy to keep clean since the cover is machine washable.
• Easy to bring home since the mattress is roll packed.
• Thickness: 4½”

MORGEDAL Foam mattress
Dark gray

Firm
Twin 702.773.92 $199
Full 802.773.82 $279
Queen 302.773.89 $299
King 402.773.84 $449

• High-resilience foam gives support for each part of your body by closely following your movements.
• A generous layer of soft filling that adds support and comfort.
• 5 comfort zones give very precise support and relieve pressure on your shoulders and hips.
• Easy to keep clean since the cover is machine washable.
• Easy to bring home since the mattress is roll packed.
• Thickness: 7⅛”

MATRAND Memory foam/latex mattress
White

Firm
Twin 002.724.06 $299
Full 102.724.97 $379
Queen 002.724.90 $399
King 602.724.87 $549

• Relax more fully with a sleeping surface of memory foam (Firm) or latex (Medium firm) that conforms to your body to relieve pressure.
• A generous layer of soft filling that adds support and comfort.
• 5 comfort zones give very precise support and relieve pressure on your shoulders and hips.
• Easy to keep clean since the cover is machine washable.
• Easy to bring home since the mattress is roll packed.
• Thickness: 7⅛”
# Foam and Latex Mattresses

## Myrbacka Memory Foam/Latex Mattress White

- **Natural materials**
- **Memory foam**
- **Comfort zones**
- **Latex**

- Relax more fully with a sleeping surface of memory foam (Firm) or latex (Medium firm) that conforms to your body to relieve pressure.
- Lambs wool help air flow through the mattress to make sure you don’t get too warm or cold.
- High-resilience foam gives support for each part of your body by closely following your movements.
- 5 comfort zones give very precise support and relieve pressure on your shoulders and hips.
- Easy to keep clean since the cover is machine washable.
- Thickness: 9½”

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## Knapstad Memory Foam/Latex Mattress White

- **Extra comfort filling**
- **Roll packed**
- **Comfort zones**
- **Latex**

- A layer of memory foam in the mattress molds to the contours of your body, relieves pressure and helps you to relax.
- Designed to be used on one side only – no need to turn.
- Memory foam topped with a layer of gel molds to your body just like ordinary memory foam. The difference is that gel takes a longer time to warm up creating a cooler sleeping surface.
- A generous layer of soft fillings on the top layer of the mattress adds support and comfort.
- Thickness: 9½”

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## Mausund Natural Latex Mattress White

- **Natural materials**
- **Latex**
- **Comfort zones**

- Natural latex helps you to fully relax by contouring your body shape to relieve pressure and provide precise support.
- Natural materials like wool and cotton help air flow through the mattress to make sure you don’t get too warm or cold.
- Comfort zones give very precise support and relieve pressure on your shoulders and hips.
- A generous layer of soft filling adds support and comfort.
- The distinctive texture on the sides of the mattress comes from the natural, non-colored and non-bleached linen that creates subtle variations in the surface.
- The textiles closest to your skin are made of 100% cotton from sustainable sources.
- Thickness: 7⅞”

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MATTRESSES FOR DAYBEDS

MINNESUND Foam mattress
White
- Get all-over support and comfort with a resilient foam mattress
- The mattress is approved for seating, as the zipper is placed on the underside.
- Approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to keep clean since the cover is machine washable.
- Easy to bring home since the mattress is roll packed.
- Thickness: 3½”

HUSVIKA Spring mattress
White
- Bonnell springs provide all-over support to ensure a restful night’s sleep.
- Stretch fabric on topside of the mattress moves with you to maximize comfort.
- This mattress is approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to bring home since the mattress is roll packed.
- Thickness: 5¼”

MEISTERVIK Foam mattress
White
- Get all-over support and comfort with a resilient foam mattress
- The mattress is approved for seating, as the zipper is placed on the underside.
- Approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to keep clean since the cover is machine washable.
- Easy to bring home since the mattress is roll packed.
- Thickness: 4¼”

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Twin | 503.158.75 | $150
A mattress topper lies on top of your mattress to provide even more comfort. They keep your mattress from getting dusty and dirty, and will help the mattress to last longer. Because they’re easy to remove for airing and cleaning, you can keep your bed feeling fresh.

**TANANGER Mattress topper**
**White**

- Filled with memory foam that molds to your body, enables you to relax more fully and gives a firmer sleep surface.
- Stretch fabric of the mattress pad moves with you to maximize comfort.
- Easy to keep clean since the cover is machine washable.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 2⅜"

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**TUSSÖY Mattress topper**
**White**

- Filled with memory foam that molds to your body, enables you to relax more fully and gives a firmer sleep surface.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to keep clean since the cover is machine washable.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 3⅛"

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**KNAPSTAD Mattress topper**
**White**

- Choose which side suits you best – one is cooler than the other.
- Memory foam provides high pressure-relieving capacity, improving blood circulation to both muscles and skin, enabling you to fully relax.
- Memory foam topped with a layer of gel molds to your body just like ordinary memory foam. The difference is that gel takes a longer time to warm up creating a cooler sleeping surface.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 2⅜"

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**TISTEDAL Mattress topper**
**Natural**

- Natural latex filling with high pressure relieving capacity enables you to relax more fully and gives a softer sleep surface.
- All natural materials wicks away moisture and gives a very pleasant sleep environment with an even temperature.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 2⅜"

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MATTRESS BASES

Mattresses bases help your mattress last longer and stay comfortable by absorbing most of the stress and weight placed on your bed. Choose the color of your cover to match your mattress.

**SLATTED**

**EIDFJORD Slatted mattress base**  
White

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**ESPEVÅR Slatted mattress base**  
White, natural, dark gray

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**SPRING**

**ESPEVÅR/ENGAVAGEN Spring core mattress base**  
White, natural, dark gray

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- The solid wood slats provide good support for the mattress and allow air to circulate.
- Easy to take home, as the mattress base comes in a flat-pack.
- Easy to get in and out of bed because the mattress base makes the bed higher.
- Gives your bed set a color coordinated look together with our spring or foam mattresses.
- Easy to keep clean since the cover is machine washable.
- Thickness: 3⅞"

- 14 slats of layer-glued birch adjust to your body weight and increase the suppleness of the mattress.
- Easy to take home, as the mattress base comes in a flat-pack.
- Easy to get in and out of bed because the mattress base makes the bed higher.
- Gives your bed set a color-coordinated look together with our spring or foam mattresses.
- Easy to keep clean since the cover is machine washable.
- Thickness: 7⅞"
**LEGS**

You can customize both the height and style of your bed by choosing from several legs. Can be used with all mattress bases. King mattress bases require eight legs in total. When using legs, full and queen bases require a supporting leg.

**LEGS**

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**SLATTED BED BASES**

Combined with a bed frame, a slatted bed base can be used as a base for spring, foam, and latex mattresses. They help your mattress to last longer and to stay comfortable by absorbing most of the stress and weight placed on your bed.

**LURÖY Slatted bed base**

- 25-year limited warranty
- Extend the life of your mattress and get extra support with 17 wooden slats in the bed base.

**LÖNSET Slatted bed base, fixed**

- Comfort zones
- 25-year limited warranty
- 28 birch slats adjust to your body weight and increase the suppleness of the mattress.
- Comfort zones adjust to your body.

**LEIRSUND Slatted bed base, adjustable**

- Comfort zones
- Adjustable slatted bed base
- 25-year limited warranty
- For use with foam mattresses.
- 39 birch slats adjust to your body weight and increase the suppleness of the mattress.
- Comfort zones adjust to your body.
- Six slats with adjustable firmness
- Sit comfortably by adjusting the head and foot sections.

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MATTRESS PROTECTORS

A mattress protector will help your mattress or mattress topper last longer and stay fresh by protecting it from stains and dirt. It’s removable, so it’s easy to wash when needed. Some filled protectors provide extra comfort and softness and draw moisture away from the body. The waterproof one prevents any liquid from passing through to keep your mattress dry and fresh.

ÄNGSVIDE Mattress protector

Care instructions

- You can prolong the life of your mattress with a mattress protector against stains and dirt.
- Elastic ribbon in each corner to keep the mattress protector in place.
- A good choice if you have allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

Filling: 100% polyester
Fabric: Polyester/cotton
Backside: 100% polypropylene

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GÖKÄRT Mattress protector

Care instructions

- You can prolong the life of your mattress with a mattress protector against stains and dirt.
- Your mattress stays dry because a waterproof layer prevents any liquid from passing through.
- Fits mattresses with a max. height of 11¼", since the mattress protector has elastic edging.
- A good choice if you have allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

Top: Cotton/polyester
Surface coating: Polyurethane
Sides: Cotton/polyester

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PÄRLMALVA Mattress protector

Care instructions

- You can prolong the life of your mattress with a mattress protector against stains and dirt.
- Fits mattresses with a max. height of 11⅞”, since the mattress protector has elastic edging.
- A good choice if you have allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

Filling: 100% polyester
Outer fabric: 100% polyester
Underside: 100% polypropylene

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KUNGSMYNTA Mattress protector

Care instructions

- You can prolong the life of your mattress with a mattress protector against stains and dirt.
- Elastic ribbon in each corner to keep the mattress protector in place.
- A good choice if you have allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

Filling: Lyocell/polyester
Outer fabric: Lyocell/cotton

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ROSENĐUN Mattress protector

Care instructions

- You can prolong the life of your mattress with a mattress protector against stains and dirt.
- A temperature-regulating lining reacts to your body temperature and keeps you comfortable during sleep.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- Elastic ribbon in each corner to keep the mattress protector in place.
- A good choice if you have allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

Filling: Lyocell/polyester
Fabric: Lyocell/cotton
Lining: Temperature-regulating non-woven polyester

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STJÄRNLÖK Mattress protector

Care instructions

- Fits mattresses with a max. height of 16½", since the mattress protector has elastic ribbon in each corner.
- A mattress protector in thick, soft polyester fabric.
- A mattress protector between your sheet and mattress protects from stains and dirt and prolongs the life of your mattress.
- Elastic ribbon in each corner keeps your mattress protector in place.
- The mattress protector is machine-washable at 140°F (Hot), a temperature that kills dust mites. A good choice if you allergies since the mattress protector is machine-washable on hot, a temperature that kills allergens.

Material

100% polyester

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Everyday life at home puts high demands on mattresses and bed bases. IKEA mattresses and bed bases have been rigorously tested to comply with our strict standards for quality and durability, as well as to meet the highest standards for domestic applications. That means we can offer you a 25-year limited warranty that covers mattresses and bed bases marked with the warranty logo above against defects in materials and workmanship. This limited warranty is subject to the terms and conditions stated below.

**How long is the limited warranty valid?**
The limited warranty for mattresses and bed components remains in force for twenty-five (25) years from the date of purchase. The original purchase receipt is required as proof of purchase.

**What is covered under this limited warranty?**
This limited warranty covers defects in material and workmanship in the following components of the mattresses and/or bed bases described above from the date of purchase from IKEA. The original purchase receipt is required as proof of purchase. This limited warranty applies to domestic use only.

- Springs in spring mattresses.
- Foam core in foam mattresses.
- Latex core in latex mattresses.
- Wooden frame, slats, and springs in slatted bed bases and mattress bases.

**Products not covered under this limited warranty**
This limited warranty does not apply to:
All mattress toppers, JÖMNA spring mattresses, sofa bed mattresses, crib mattresses, children’s mattresses and SULTAN LADE slatted bed bases.

**What will IKEA do to correct the problem?**
IKEA will examine the product and decide, at its sole discretion, if it is covered under this limited warranty. If considered covered, IKEA through its own service operations, will then, at its sole discretion, either repair the defective product or replace it with the same or a comparable product. If it is covered by this limited warranty, IKEA will pay the costs of repairs, spare parts, labor and travel for repair staff, that IKEA incur, provided that the product is accessible for repair without special expenditure. This does not apply to any repair work not authorized by IKEA. Replaced parts become the property of IKEA. If the item is no longer sold by IKEA, IKEA will provide an appropriate replacement. It is IKEA that determines, at its sole discretion, what constitutes an appropriate replacement.

**What is not covered under this limited warranty?**
This limited warranty does not apply to products that have been stored or installed incorrectly, used inappropriately, abused, misused, altered, or cleaned with wrong cleaning methods or cleaning products. This limited warranty does not cover normal wear and tear, cuts or scratches, or damage caused by impacts or accidents. This limited warranty does not apply if the product has been placed outdoors or in a humid environment. This limited warranty does not cover consequential or incidental damages. For customers in the US only: some states do not allow the limitation or exclusion of incidental or consequential damage, so this limitation or exclusion may not apply to you.

**Before using for the first time**
Initially your new mattress can seem a bit too firm. Allow one month for your body to get used to the mattress and for the mattress to get used to your body. To get the best comfort, you need the right pillow. Make sure that you have a pillow that suits you and your new mattress. Roll packed mattresses regain their shape after 3-4 days of use. All new materials have their own particular smell, which gradually disappears. Airing and vacuuming the mattress will help to eliminate the smell.

**365-day exchange policy**
It’s important to us that you sleep well on your new mattress. Should you discover that it isn’t completely to your satisfactions, bring the mattress back and try out a new one. You have a total of 365 days to sleep on it!

**Care and cleaning**
Complement the mattress with a mattress protector or a mattress topper. It makes it more hygienic, as it is easy to remove and clean. Some mattresses and pads have a washable cover. Read the tag inside the cover for more information. Make sure that the zipper is closed when washing the mattress cover. Vacuuming the mattress helps to remove allergens. Use upholstery cleaner to remove stains.

If your mattress is turnable you should turn it about every three months. Turning a mattress ensures more even wear and helps to prolong its comfort. Don’t fold the mattress. It can damage the springs and materials inside. Even the best mattresses become less comfortable with age, and all mattresses accumulate allergens over the years. So even if the mattresses have a 25-year limited warranty, we still recommend that you change your mattress every 8-10 years. This limited warranty gives you specific legal rights, and is in addition to your statutory legal rights.

**How to reach us if you need service**
Contact your local IKEA store. You will find the store addresses at IKEA-USA.com/directions

**SAVE THE SALES RECEIPT!**
It is your proof of purchase and required for the limited warranty to apply.
HOW TO CHOOSE COMFORTERS, PILLOWS AND PILLOW PROTECTORS

Comforters, pillows and mattress/pillow protectors are an important part of the complete sleep comfort. The pillow that feels best for you together with your favorite mattress is the base for a good night sleep. Adding on a pillow protector to protect your pillow, keeps it fresh and prolongs the length of use. A comforter in your preferred material and warmth rate is the last element which makes you feel comfy in bed, sleep well and wake up refreshed.

In order to find the right comforter or pillow for you, it is good to consider the following:

1. **Natural or down alternative filling material?**
   We offer a wide choice of comforters and pillows in different material choices: Natural materials like down and feathers and down alternative materials like polyester, lyocell and memory foam. Considering which material is best for your comfort needs will help you to narrow down your choice considerably.

2. **Which quality?**
   We have comforters and pillows in different qualities to fit individual needs and budgets. These qualities are determined by the materials they are made of and the detail of workmanship. For sure, no matter your choice, they are all designed to give you the best possible comfort.

3. **A soft or a firm pillow?**
   We offer pillows in a softer and a firmer comfort. It is a good start to test your pillow together with your mattress in order to find the right one for you. Small children are most comfortable with softer pillows. For older children, it’s best to choose a pillow according to their individual preferences. Adding on a pillow protector is an easy way to keep your pillow clean and fresh so it lasts longer.

3. **A cool or a warm comforter?**
   We offer comforters in a cool and a warm comfort to fit different needs. During colder months, we also sell extra warm comforters for you who want it extra warm and cozy. The comforter that is just right for you is determined by your sleeping preferences. Do you easily get warm in bed or do you need more warmth from your comforter? Do you share the comforter with someone? What’s your bedroom’s temperature? For children, it’s best to choose a comforter that’s cooler and rather lightweight, breathes well and is easy to wash, preferably comforters in down alternative material.

**COMFORTER AND PILLOW COMFORT SYMBOLS**

The symbols below are used to show the features of our comfort products.

- **Cooler**
  Depicts cooler and thinner comforters with less filling for you who often feel warm.

- **Warmer**
  Depicts warmer comforters with more filling for you who feels neither too warm or too cold.

- **Extra warm**
  Depicts extra thick and warm comforters with a generous amount of filling for you who often feels cold at night.

- **Firmer**
  Depicts pillows with more filling if you like to sleep on a firmer pillow.

- **Softer**
  Depicts pillows with less filling if you like to sleep on a softer pillow.
HOW TO CARE FOR YOUR COMFORTERS AND PILLOWS

General advice for all materials

- Roll packed comforters and pillows which have been compressed for transport, may take a few days to regain their correct shape and fluffiness.
- Allergens thrive in damp, warm and dark environments. Therefore, when you wake up in the morning, air your comforters and pillows well so remaining moisture can evaporate before putting them back on the bed.
- Moreover, you can wash all IKEA comforters and pillows on a hot temperature setting, (apart from memory foam pillows, where only the cover can be washed), which kills allergens. To keep your comforters and pillows free from allergens and dirt, carefully follow the washing instructions.
- Air your comforters and pillows often so they will be free from dust and stay fresh and dry.
- You can prolong the life of your pillows with a pillow protector which protects them from stains and dirt. Read more on page 21.

CARE INSTRUCTION SYMBOLS

- HOT: Machine wash hot temperature. The product is machine washable at hot temperature settings that will kill allergens.
- Do not wash.
- Do not bleach.
- Tumble dry, normal temperature.
- Do not tumble dry.
- Tumble dry, low temperature.
- Iron, medium temperature.
- Do not iron.
- Do not dryclean.

ADDITIONAL ADVICE

NATURAL MATERIAL

- Down and feathers have a natural smell which will disappear once you have taken them out of the package and have aired them for some time.
- For down and feather comforters and pillows you should only use one third of the normal amount of detergent and wash them separately.
- After washing, dry your natural comforters and pillows in the tumble dryer without delay until the filling is completely dry. You can place some tennis balls or dryer balls in the dryer which will keep the filling moving and ensure more efficient drying. Your comforters and pillows will regain their fluffiness and dry more quickly. The balls should of course not shed color.

DOWN ALTERNATIVE MATERIAL

- Down alternative comforters and pillows are very easy to care for and can be washed often. They also dry relatively quickly.

Memory foam
- The material may have a "factory smell" as a result of being sealed in airtight packaging. This will disappear once you open the package and leave the pillow to air before using it.
- Please consider that it may take some time to get used to this type of pillow, due to the unique properties of the material.
- A pillow with memory foam filling molds to your head and neck. This helps your muscles relax and, consequently, you will move less and sleep better.
- The removable cover can be washed on a hot temperature setting. The filling is not washable; please follow the care instructions on the label.
The filling materials used for down alternative pillows are polyester, lyocell and memory foam. Down alternative pillows are very easy to care for. They can be machine washed often (apart from memory foam pillows, where only the cover can be washed), which makes them a good choice for people with allergies. Moreover, they dry quickly after being washed. Some pillows have a microfiber filling which is lightweight and ultra-soft like down. Some are made of memory foam which gives you extra support by molding to the contours of your body. Some of our pillows contain lyocell, a cellulose fiber derived from wood pulp. In addition to sharing the same positive properties in the wash as polyester pillows, lyocell breathes well and absorbs moisture and draws it away.

**HYLLE Pillows**

**Care instructions**
- The pillow has an inner core inside a soft padded cover that gives extra support and helps the body to relax.
- You get a dry and comfortable sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- The filling is held in place by the sewn channels in the cover, wash after wash.
- A good choice if you have allergies, since the pillow is machine-washable on a hot temperature setting that will kill allergens.
- 236 thread count.

**Material**
- Filling: 100% polyester
- Fabric: Lyocell/cotton

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**ROSENSTJÄRNA Pillows**

**Care instructions**
- Easy-care synthetic pillow filled with polyester fibers which makes it soft, airy and comfortable to sleep on.
- This pillow has less or more filling and is suitable if you like to sleep on a softer or firmer pillow.
- A good choice if you have allergies, since the pillow is machine-washable on a hot temperature setting that will kill allergens.
- 252 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

**Material**
- Filling: 100% polyester
- Fabric: 100% cotton

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**HAMPDÄN Pillows**

**Care instructions**
- The outer fabric of polyester and cotton is easy to care for because it dries quickly.
- A good choice if you have allergies, since the pillow is machine-washable on a hot temperature setting that will kill allergens.
- 186 thread count.
- May be completed with a pillow protector which will protect the pillow from stains and dirt.

**Material**
- Filling: 100% polyester
- Fabric: Polyester/cotton

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DOWN ALTERNATIVE PILLOWS

SLÅN Pillows

Care instructions
• This pillow has less filling and is suitable if you like to sleep on a softer pillow.
• A good choice if you are allergic to dust mites since the pillow is machine-washable at 140°F (Hot), a temperature that kills dust mites.
• May be completed with a pillow protector which protects the pillow from stains and dirt.

Material
Filling: 100% polyester
Fabric: 100% polypropylene

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AXAG Pillows

Care instructions
• Easy-care pillow with a brushed microfiber fabric for a soft feel.
• A good choice if you have allergies, since the pillow is machine-washable on a hot temperature setting that will kill allergens.
• 176 thread count.
• May be completed with a pillow protector which protects the pillow from stains and dirt.

Material
Filling: 100% polyester
Fabric: 100% polyester

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RÖLLEKA Memory foam pillow

Care instructions
Pillow cover:
• This pillow adapts to the way you sleep as the pillow has two heights and a special shape which follows the contours of your head and neck.
• Gives good support and helps you to relax and sleep well as the memory foam filling responds to your body temperature and molds to the shape of your head and neck.
• Lyocell in the cover keeps you dry and comfortable during the night because it absorbs and transports moisture away and helps your body maintain a comfortable, even temperature.
• The quilted pillow cover makes the pillow soft and comfortable and protects the memory foam core, which helps prolong the life of the pillow.
• The cover is machine-washable at a hot temperature that will kill allergens.

Material
Filling: Polyurethane memory foam
Quilted pillow cover: Lyocell, Cotton and polyester/lyocell fiber wadding

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RAKNÖREL Ergonomic pillow

Care instructions
Cushion cover:
HOT
Inner cushion:

- This pillow adapts to the way you sleep as the pillow has two heights and a special shape which follows the contours of your head and neck.
- The cover is machine-washable at a hot temperature that kills allergens.

Material
Pillowcase: 100% polyester
Filling: Polyurethane foam

Firmer
13×20" 803.783.19 $8.99

TUVRÖR Memory foam pillow

Care instructions
Pillow cover:
HOT
Pillow:

- An ergonomic pillow with cotton fabric cover and memory foam core surrounded by microfiber.
- Memory foam gives you a good support and sleeping comfort as it responds to your body temperature and molds to the shape of your head and neck.
- Choose this pillow if you are a back or side sleeper.
- You get a long-lasting pillow thanks to the removable cover that can be machine-washed at 140°F (Hot).

Material
Cover: 100% cotton
Pocket filling: Polyester
Lining/Inner fabric: 100% polyester
Center filling: Polyurethane memory foam

Firmer
19×28" 504.480.74 $49.99

KRÄKKLÖVER Memory foam pillow

Care instructions
Cushion cover:
HOT
Inner cushion:

- Memory foam topped with a layer of gel molds to your head and neck just like ordinary memory foam. The difference is that gel takes a longer time to warm up creating a cooler sleeping surface.
- Choose which side suits you best – one is cooler than the other.
- Gives good support and helps you to relax and sleep well because the memory foam filling responds to your body temperature and conforms to the shape of your head and neck.

Material
Outer fabric: Polyester/ elastan/spandex
Cover: Polyethylene/Polyester
Filling material: Polyurethane memory foam/ Polyurethane plastic

Firmer
20×30" 304.280.86 $59.99
**NATURAL PILLOWS**

Down and feathers are used in the filling of natural pillows. These fillings are soft and comfortable for your head. They breathe and are good at absorbing moisture. Down is soft, fluffy and light. Feathers are resilient and supportive. This means that the more down a pillows contains, the softer and fluffier it is. These pillows can be washed on a hot temperature setting, but not as often as down alternative pillows. You can choose from softer and firmer pillows.

### KORNVALLMO Pillows

- **Care instructions**
  - You get good support and comfort thanks to the double-piping that makes the pillow higher and also creates larger pockets for the filling to move around in.
  - The firm inner core enclosed in a soft layer gives you good support and relieves pressure on your neck and shoulders, which helps you relax.
  - The outer fabric in sateen-woven cotton has a pronounced luster and feels soft.
  - You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
  - This pillow has more filling and is suitable if you like to sleep on a firmer pillow.
  - The pillow is machine-washable at 140°F (Hot), a temperature that kills dust mites.
  - May be completed with a pillow protector which protects the pillow from stains and dirt.

- **Material**
  - Outer filling: Down/feather
  - Center filling: Feather
  - Fabric: 100% cotton

<table>
<thead>
<tr>
<th>Softness</th>
<th>Filling weight</th>
<th>Queen</th>
<th>$</th>
<th>King</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softer</td>
<td>303.898.53</td>
<td>$59.99</td>
<td>28 oz</td>
<td>69.99</td>
</tr>
<tr>
<td>Firmer</td>
<td>303.898.34</td>
<td>$69.99</td>
<td>44 oz</td>
<td>79.99</td>
</tr>
</tbody>
</table>

### GULDPALM Pillows

- **Care instructions**
  - Formable pillow that gives you good support thanks to the soft filling of down and feathers that also absorbs and transports moisture away.
  - You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
  - The pillow is machine-washable on a hot temperature setting that kills allergens.
  - 252 thread count.
  - May be completed with a pillow protector which protects the pillow from stains and dirt.

- **Material**
  - Filling: Down/feather
  - Fabric: 100% cotton

<table>
<thead>
<tr>
<th>Softness</th>
<th>Filling weight</th>
<th>Queen</th>
<th>$</th>
<th>King</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softer</td>
<td>603.199.67</td>
<td>$49.99</td>
<td>22 oz</td>
<td>59.99</td>
</tr>
<tr>
<td>Firmer</td>
<td>902.696.17</td>
<td>$14.99</td>
<td>30 oz</td>
<td>35 oz</td>
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</table>

### JORDRÖK Pillows

- **Care instructions**
  - Formable pillow that gives you good support thanks to the large proportion of feathers in the filling which also absorbs and transports moisture away.
  - You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
  - The pillow is machine-washable on a hot temperature setting that kills allergens.
  - 252 thread count.
  - May be completed with a pillow protector which protects the pillow from stains and dirt.

- **Material**
  - Filling: Down/feather
  - Fabric: 100% cotton

<table>
<thead>
<tr>
<th>Softness</th>
<th>Filling weight</th>
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<th>King</th>
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</thead>
<tbody>
<tr>
<td>Softer</td>
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<td>69.99</td>
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<tr>
<td>Firmer</td>
<td>302.696.15</td>
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<td>28 oz</td>
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<table>
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<th>Softness</th>
<th>Filling weight</th>
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<th>$</th>
<th>King</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softer</td>
<td>303.898.34</td>
<td>$69.99</td>
<td>44 oz</td>
<td>79.99</td>
</tr>
<tr>
<td>Firmer</td>
<td>102.696.17</td>
<td>$19.99</td>
<td>44 oz</td>
<td>35 oz</td>
</tr>
</tbody>
</table>
Adding a pillow protector helps you to keep your pillow fresh and clean. It also prolongs the life of your pillow as you wash the pillow protector frequently instead of the pillow. Pillow protectors are easy to remove and put back on again and take up less space in the washing machine. There are different qualities of pillow protectors available to suit your budget and comfort needs.

**ROSENĐUN Pillow protector**

- **Care instructions**
  - You can prolong the life of your pillow with a pillow protector against stains and dirt.
  - A temperature-regulating lining reacts to your body temperature and keeps you comfortable during sleep.
  - You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
  - A good choice if you have allergies since the pillow protector is machine-washable at a hot temperature that kills allergens.
  - 236 thread count

- **Material**
  - Filling: Lyocell/polyester
  - Outer fabric: Lyocell/cotton
  - Lining: Temperature-regulating non-woven polyester.

- **Size and Price**
  - Queen 002.604.94 $19.99
  - King 402.604.92 $24.99

**KUNGSMYNTA Pillow protector**

- **Care instructions**
  - You can prolong the life of your pillow with a pillow protector against stains and dirt.
  - You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
  - A good choice if you have allergies since the pillow protector is machine-washable at a hot temperature that kills allergens.
  - 236 thread count

- **Material**
  - Filling: Lyocell/polyester
  - Outer fabric: Lyocell/cotton

- **Size and Price**
  - Queen 502.555.84 $9.99
  - King 902.555.82 $12.99

**ÄNGSVIDE Pillow protector**

- **Care instructions**
  - You can prolong the life of your pillow with a pillow protector against stains and dirt.
  - A good choice if you have allergies since the pillow protector is machine-washable at a hot temperature that kills allergens.
  - 132 thread count

- **Material**
  - Filling: 100% polyester
  - Fabric: Polyester/cotton
  - Lining: 100% polypropylene

- **Size and Price**
  - Queen 002.810.81 $4.99
  - King 402.810.79 $5.99
The filling material used for down alternative comforters are polyester and lyocell fibers. Down alternative comforters are very easy to care for. They can be machine-washed often at a hot temperature, which makes them a good choice for people with allergies. Moreover, they dry quickly after being washed. Some comforters have a microfiber filling which is light-weight and ultra-soft like down. Some contain lyocell, which is a cellulose fiber derived from wood pulp. Lyocell breathes extremely well and is excellent at absorbing and drawing moisture away, in addition to sharing the same positive properties in the wash as polyester fibers. You can choose from cool and warm comforters. An extra warm comforter is available during colder months.

### GLANSVIDE Comforters

**Care instructions**
- Lightweight, ultra-soft comforter with a microfiber filling that feels like down.
- The outer fabric in sateen-woven cotton has a pronounced luster and is soft against your skin.
- Easy-care, since it can be washed often and dries quickly.
- A good choice if you have allergies since the comforter is machine-washable on a hot temperature setting that kills allergens.

**Material**
- Filling: 100% polyester
- Fabric: 100% cotton

<table>
<thead>
<tr>
<th>Size</th>
<th>Filling weight</th>
<th>Price</th>
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<tbody>
<tr>
<td>Twin</td>
<td>602.714.61</td>
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<tr>
<td>Full/Queen</td>
<td>802.714.84</td>
<td>$109</td>
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<tr>
<td>King</td>
<td>1002.714.64</td>
<td>$129</td>
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</tbody>
</table>

### GRUSBLAD Comforters

**Care instructions**
- Outer fabric of polyester/cotton which is easy to care for because it dries quickly.
- A good choice if you have allergies since the comforter is machine-washable on a hot temperature setting that kills allergens.

**Material**
- Filling: 100% polyester
- Fabric: Polyester/cotton

<table>
<thead>
<tr>
<th>Size</th>
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<th>Price</th>
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<tbody>
<tr>
<td>Twin</td>
<td>1002.717.18</td>
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</tr>
<tr>
<td>Full/Queen</td>
<td>802.717.20</td>
<td>$39.99</td>
</tr>
<tr>
<td>King</td>
<td>902.717.20</td>
<td>$49.99</td>
</tr>
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</table>

### RÖDTOPPA Comforters

**Care instructions**
- An easy-care comforter that keeps you dry and comfy all night thanks to the combination of moisture-absorbing lyocell and soft, fluffy polyester in the filling.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- A good choice if you have allergies since the comforter is machine-washable on a hot temperature setting that kills allergens.

**Material**
- Filling: Lyocell/polyester
- Fabric: Lyocell/cotton

<table>
<thead>
<tr>
<th>Size</th>
<th>Filling weight</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Twin</td>
<td>802.717.68</td>
<td>$24.99</td>
</tr>
<tr>
<td>Full/Queen</td>
<td>402.717.63</td>
<td>$34.99</td>
</tr>
<tr>
<td>King</td>
<td>902.717.65</td>
<td>$44.99</td>
</tr>
</tbody>
</table>

### TILKÖRT Comforter

**Care instructions**
- Easy-care comforter that feels soft and comfortable against your skin as the fabric is brushed microfiber.
- A good choice if you have allergies since the comforter is machine-washable on a hot temperature setting that kills allergens.

**Material**
- Filling: 100% polyester
- Fabric: 100% polyester

<table>
<thead>
<tr>
<th>Size</th>
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<tbody>
<tr>
<td>Twin</td>
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<tr>
<td>Full/Queen</td>
<td>202.718.68</td>
<td>$17.99</td>
</tr>
<tr>
<td>King</td>
<td>802.718.70</td>
<td>$24.99</td>
</tr>
</tbody>
</table>

### MYSKGRÄS Comforter

**Care instructions**
- A cool comforter with polypropylene fabric and polyester filling.
- A good choice if you often feel warm while sleeping.
- The comforter is machine-washable at 140°F (Hot), a temperature that kills dust mites.

**Material**
- Filling: 100% polyester
- Fabric: 100% polypropylene

<table>
<thead>
<tr>
<th>Size</th>
<th>Filling weight</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>Twin</td>
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<td>$7.99</td>
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<tr>
<td>Full/Queen</td>
<td>202.718.87</td>
<td>$9.99</td>
</tr>
</tbody>
</table>

### MYSKGRÄS Comforter

**Care instructions**
- A cool comforter with polypropylene fabric and polyester filling.
- A good choice if you often feel warm while sleeping.
- The comforter is machine-washable at 140°F (Hot), a temperature that kills dust mites.

**Material**
- Filling: 100% polyester
- Fabric: 100% polypropylene

<table>
<thead>
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<tbody>
<tr>
<td>Twin</td>
<td>402.718.91</td>
<td>$7.99</td>
</tr>
<tr>
<td>Full/Queen</td>
<td>202.718.87</td>
<td>$9.99</td>
</tr>
</tbody>
</table>
Down and feathers are used in the filling of natural comforters. These fillings are natural insulators. They breathe and are good at absorbing moisture. Down is soft, fluffy and light. Feathers are resilient and heavier. This means that the more down a comforter contains, the softer and more lightweight it is. Natural comforters can be washed on a hot temperature setting, but not as often as down alternative comforters. You can choose from cool and warm comforters. An extra warm comforter is available during colder months.

**KÄLLKRASSE Comforters**

**Care instructions**
- The box-stitch pattern allows air and heat to pass through giving you a cooler sleep.
- The comforter is soft, lightweight, fluffy and warmth-insulating due to the large proportion of down in the filling.
- The outer fabric in sateen-woven cotton has a pronounced luster and feels soft.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air circulate.
- If you often feel warm, this thinner comforter with less filling is a good choice.
- The comforter is machine-washable at 140°F (Hot), a temperature that kills dust mites.
- 336 thread count.

**Material**
- Filling: Down/feather
- Fabric: 100% cotton

<table>
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<tr>
<th></th>
<th>Filling weight</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Full/Queen</td>
<td>King</td>
</tr>
<tr>
<td>Cooler</td>
<td>$119 17 oz</td>
<td>$149 20 oz</td>
</tr>
<tr>
<td>Warmer</td>
<td>$169 32 oz</td>
<td>$199 38 oz</td>
</tr>
<tr>
<td>Extra warm</td>
<td>$219 59 oz</td>
<td>$279 69 oz</td>
</tr>
</tbody>
</table>

**SÖTVEDEL Comforters**

**Care instructions**
- Keeps you dry and comfortable all night because the soft, warmth-insulating filling of down and feathers, will absorb and transports moisture away.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The warmth is distributed evenly, with no cold spots, because the comforter is sewn in boxes to keep the filling in place.
- The comforter is machine-washable on a hot temperature setting that kills allergens.
- 252 thread count.

**Material**
- Filling: Down/feather
- Fabric: 100% cotton

<table>
<thead>
<tr>
<th></th>
<th>Filling weight</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Full/Queen</td>
<td>King</td>
</tr>
<tr>
<td>Cooler</td>
<td>$59.99 11 oz</td>
<td>$99 17 oz</td>
</tr>
<tr>
<td>Warmer</td>
<td>$79.99 14 oz</td>
<td>$199 25 oz</td>
</tr>
<tr>
<td>Extra warm</td>
<td>$99 32 oz</td>
<td>$119 43 oz</td>
</tr>
</tbody>
</table>

**HÖNSBÄR Comforters**

**Care instructions**
- Filling with a large proportion of feathers transports moisture away and keeps you dry all night.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The warmth is distributed evenly, with no cold spots, because the comforter is sewn in boxes to keep the filling in place.
- The comforter is machine-washable on a hot temperature setting that kills allergens.
- 252 thread count.

**Material**
- Filling: Down/feather
- Fabric: 100% cotton

<table>
<thead>
<tr>
<th></th>
<th>Filling weight</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Full/Queen</td>
<td>King</td>
</tr>
<tr>
<td>Cooler</td>
<td>$39.99 22 oz</td>
<td>$69.99 34 oz</td>
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<tr>
<td>Warmer</td>
<td>$49.99 40 oz</td>
<td>$69.99 54 oz</td>
</tr>
<tr>
<td>Extra warm</td>
<td>$59.99 60 oz</td>
<td>$69.99 64 oz</td>
</tr>
</tbody>
</table>
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