

# HOW TO MAKE A SUPER STORAGE BED BASE FROM METOD KITCHEN CABINETS

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## HERE'S WHAT YOU NEED

3 **80cm x 60cm x 60cm** METOD cabinets

3 **60cm x 60 x 60cm** METOD cabinets

We've used using off white BODBYN fronts and doors and FÅGLAVIK handles but you can choose as you like.

2 **57cm** black FINTORP rails

2 **148cm x 199cm** MDF boards or similar

1 **62cm x 220cm** FÖRBÄTTRA cover panels to make mattress guard

1 **62cm x 80cm** FÖRBÄTTRA cover panel

25 **3 cm L** brackets (or as needed)

6 **6cm L** brackets

Plus these kinds of wood friendly screws.

12mm

29mm

57mm

50mm

And a saw, measuring tape and an electric drill or appropriate sized screwdrivers.

## HERE'S HOW YOU DO IT

# 1



Start by laying out one of your MDF boards to make a base. For this one we painted the edges white to match the rest of the bed.

# 2



Then construct your METOD cabinets as per the instructions but hold off putting on the fronts or fitting in the drawers and doors for now.

# 3



Place your METOD cabinets on your base facing outwards. We've used 2 at the front, 2 on the right side and one for each of the other sides. Because this bed is up against a wall the side facing the wall only needs one cabinet (for support).

# 4



Then connect your cabinets together using 29 mm screws, before connecting the cabinets to the base using your L brackets and 29 mm screws. We've used 4 screws per L bracket.

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### **Our tip**

When using screws to connect wooden pieces, it can be easier to drill a hole first. Just make the hole a little smaller than your screw size.

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# 5



Now you're set to put on your other MDF board to make the top. Drill directly through to the cabinets underneath using 57mm screws. (The joins of the cabinets are a good guide where to position your screws.)

# 6



Next is making your mattress bumper using the 62 cm x 220 cm FÖRBÄTTRA cover panels. You want to cut them to end up with two 147 cm x 10 cm pieces for the width and two 201 cm x 10 cm pieces for the length.

# 7



Put them together using your 6cm L brackets (plus your 12mm screws) to make a frame and connect to the base with the 3cm L brackets.

# 8



Now you can put on all of your fronts, shelves, drawers and handles.

# 9



The way we've configured our cabinets we have an open side that can be covered up with 60 x 80 FÖRBÄTTRA cover panel using 29mm screws. The plus side is this space now makes a perfect spot to put on rails for a shoe rack.

# 10



And you're set! All that remains is to position it up to the wall, and add your mattress and pillows. Nice job!