

# Life at Home

## card game

Let's play and think about  
our home and our future.



This IKEA Japan's original card game is  
designed for people to think and talk about about  
our important place "home" in a playful way.

Enjoy talking and sharing ideas with your family and friends about your  
home and the city you live in that you would not normally have a chance to  
talk about. We hope you will find something new and get inspired!

Let's play, get to know the other players better,  
and find ideas to make your life at home better,  
healthier and more sustainable.

### How to play

Think about a solution for a challenge on a Challenge card using key words on  
Inspiration cards and Action cards. Present the idea to other players. Give any  
numbers of coins to the player who comes up with a good idea. The person who  
collects the most coins is the champion!



#### Challenge cards

32 cards (2 blank cards)

Cards with various "challenges" at  
home and in society.



#### Inspiration cards

32 cards (2 blank cards)

Cards with keywords of cultures and  
trends to inspire you to come up with  
ideas and solutions.



#### Action cards

32 cards (2 blank cards)

Cards with keywords of actions and  
ideas that could be done in our  
daily life as solutions.



#### Tack cards

16 cards

Special cards that double your coins  
or make players exchange cards.

\*Tack means "thank you" in Swedish



#### Coins

20 coins

Coins you get when you present  
good ideas.

#### Number of players

2 or more

To the other side... →

## How to play ①

(For beginners)

- 1 Deal the same number of coins to each player.
- 2 Spread Inspiration cards and Action cards out so everyone can see them.
- 3 Choose a Challenge card and come up with a solution for the challenge by combining any keywords you like.
- 4 When you come up with an idea, take turns presenting it.  
Give any number of coins to the person who presented a good idea.

### Tip!

First, let's discuss the challenge on the Challenge card using questions below. Ask each other or search on unfamiliar words, then think of a solution for it!

e.g.

What are you or those around you having trouble with XXX?

Do you see any problems at home or in society regarding XXX?

How can I make XXX better?

## How to play ②

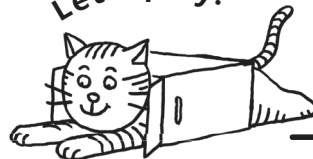
(For advanced players)

- 1 Distribute Coins, Inspiration cards, Action cards and Tack cards evenly to the players.
- 2 Choose a Challenge card and place in the centre.
- 3 Choose an Inspiration card and an Action card from your hand and think about a solution for the challenge using those keywords. Discuss and decide the time limit for the thinking time within the group.
- 4 Present the idea and solution in order. You may use a Tack card in hand on your turn. Give coins as many as you like to the player who come up with a good idea. Set the used card aside.

### Tip!

Let's use the blank cards!  
Write a challenge on a blank Challenge card that you want to solve in your own home or you find in society. You can also personalize the game by writing down on Inspiration cards and Action cards what you enjoy or do in your life at home.

Let's play!



## Idea example

### Challenge cards "Disused items"



### Challenge

I have a lot of clothes that don't fit me any more ("disused items") but I cannot throw them away. How can we solve it?

### Inspiration cards "Festival"

### Action cards "Decluttering"



### Solution

Create a "decluttering" club with neighbors, hold a flea market with collected disused items, and hold a "festival" with the money raised. This will not only keep everyone's home neat and tidy, but you can also have fun with your neighbours.