

FRILLESBO

en



Design and Quality
IKEA of Sweden



ENGLISH

Please refer to the last page of this manual for the full list of IKEA appointed After Sales Service Provider and relative national phone numbers.

ENGLISH

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Subject to change without notice.

 **Safety information**

Before the installation and use of the appliance, carefully read the supplied instructions. The manufacturer is not responsible if an incorrect installation and use causes injuries and damage. Always keep the instructions with the appliance for future reference.

Children and vulnerable people safety

- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning the use of the appliance in a safe way and understand the hazards involved. Children of less than 8 years of age and persons with very extensive and complex disabilities shall be kept away from the appliance unless continuously supervised.
- Children should be supervised to ensure that they do not play with the appliance.
- Keep all packaging away from children and dispose of it appropriately.

- **WARNING:** The appliance and its accessible parts become hot during use. Keep children and pets away from the appliance when in use and when cooling down.
- If the appliance has a child safety device, it should be activated.
- Children shall not carry out cleaning and user maintenance of the appliance without supervision.

General safety

- This appliance is for cooking purposes only.
- This appliance is designed for single household domestic use in an indoor environment.
- This appliance may be used in offices, hotel guest rooms, bed & breakfast guest rooms, farm guest houses and other similar accommodation where such use does not exceed (average) domestic usage levels.
- Only a qualified person can install this appliance and replace the cable.
- **WARNING:** The appliance and its accessible parts become hot during use. Care should be taken to avoid touching heating elements.
- Always use oven gloves to remove or insert accessories or ovenware.
- Before any maintenance, cut the power supply.
- **WARNING:** Ensure that the appliance is switched off before replacing the lamp to avoid the possibility of electric shock.
- Do not use the appliance before installing it in the built-in structure.
- Do not use a steam cleaner to clean the appliance.
- Do not use harsh abrasive cleaners or sharp metal scrapers to clean the glass door since they can scratch the surface, which may result in shattering of the glass.

- If the mains power supply cable is damaged, it must be replaced by the manufacturer, its Authorised Service Centre or similarly qualified persons to avoid an electrical hazard.
- To remove the shelf supports first pull the front of the shelf support and then the rear end away from the side walls. Install the shelf supports in the opposite sequence.

Safety instructions

Installation

- ⚠ **Warning!** Only a qualified person must install this appliance.
- Remove all the packaging.
- Do not install or use a damaged appliance.
- Follow the installation instructions supplied with the appliance.
- Always take care when moving the appliance as it is heavy. Always use safety gloves and enclosed footwear.
- Do not pull the appliance by the handle.
- Install the appliance in a safe and suitable place that meets installation requirements.
- Keep the minimum distance from other appliances and units.
- Before mounting the appliance, check if the oven door opens without restraint.
- The appliance is equipped with an electric cooling system. It must be operated with the electric power supply.

Electrical connection

- ⚠ **Warning!** Risk of fire and electric shock.
- All electrical connections should be made by a qualified electrician.
- The appliance must be earthed.
- Make sure that the parameters on the rating plate are compatible with the electrical ratings of the mains power supply.
- Always use a correctly installed shockproof socket.
- Do not use multi-plug adapters and extension cables.
- Make sure not to cause damage to the mains plug and to the mains cable. Should the mains cable need to be replaced, this must be carried out by our Authorised Service Centre.
- Do not let mains cables touch or come near the appliance door or the niche below the appliance, especially when it operates or the door is hot.
- The shock protection of live and insulated parts must be fastened in such a way that it cannot be removed without tools.
- Connect the mains plug to the mains socket only at the end of the installation. Make sure that there is access to the mains plug after the installation.
- If the mains socket is loose, do not connect the mains plug.
- Do not pull the mains cable to disconnect the appliance. Always pull the mains plug.
- Use only correct isolation devices: line protecting cut-outs, fuses (screw type fuses removed from the holder), earth leakage trips and contactors.
- The electrical installation must have an isolation device which lets you disconnect the appliance from the mains at all poles. The isolation device must have a contact opening width of minimum 3 mm.

Use



Warning! Risk of injury, burns and electric shock or explosion.

- Do not change the specification of this appliance.
- Make sure that the ventilation openings are not blocked.
- Do not let the appliance stay unattended during operation.
- Deactivate the appliance after each use.
- Be careful when you open the appliance door while the appliance is in operation. Hot air can be released.
- Do not operate the appliance with wet hands or when it comes in contact with water.
- Do not apply pressure on the open door.
- Do not use the appliance as a work surface or as a storage surface.
- Open the appliance door carefully. The use of ingredients with alcohol can cause a mixture of alcohol and air.
- Do not let sparks or open flames to come in contact with the appliance when you open the door.
- Always use glass and jars approved for preserving purposes.
- Do not put flammable products or items moistened with flammable products in, near or on the appliance.



Warning! Risk of damage to the appliance.

- To prevent damage or discolouration to the enamel:
 - do not put ovenware or other objects directly on the bottom of the appliance's cavity.
 - do not put aluminium foil directly on the bottom of cavity of the appliance.
 - do not put water directly into the hot appliance.
 - do not keep moist dishes and food in the appliance after you finish the cooking.
 - be careful when you remove or install the accessories.

- Discolouration of the enamel or stainless steel has no effect on the performance of the appliance.
- Use a deep pan for moist cakes. Fruit juices cause stains that can be permanent.
- Use only accessories supplied with this appliance or recommended by the manufacturer.
- Always cook with the appliance door closed.
- If the appliance is installed behind a furniture panel (e.g. a door) make sure the door is never closed when the appliance operates. Heat and moisture can build up behind a closed furniture panel and cause subsequent damage to the appliance, the housing unit or the floor. Do not close the furniture panel until the appliance has cooled down completely after use.

Care and Cleaning



Warning! Risk of injury, fire, or damage to the appliance.

- Before maintenance, deactivate the appliance and disconnect the mains plug from the mains socket.
- Make sure the appliance is cold. There is a risk that the glass panels can break.
- Replace door glass panels immediately when they are damaged. Contact the Authorised Service Centre.
- Be careful when you remove the door from the appliance. The door is heavy!
- Clean the appliance regularly to prevent the deterioration of the surface material.
- Fat and food remaining in the appliance can cause fire.
- If you use an oven spray, follow the safety instructions on the packaging.

Internal lighting



Warning! Risk of electric shock.

- Concerning the lamp(s) inside this product and spare part lamps sold separately: These lamps are intended to


withstand extreme physical conditions in household appliances, such as temperature, vibration, humidity, or are intended to signal information about the operational status of the appliance. They are not intended to be used in other applications and are not suitable for household room illumination.

- This product contains a light source of energy efficiency class G.
- Use only lamps with the same specifications.

Service


- To repair the appliance contact the Authorised Service Centre.
- Use original spare parts only.


Disposal

 **Warning!** Risk of injury or suffocation.


- Contact your municipal authority for information on how to discard the appliance correctly.
- Disconnect the appliance from the mains supply.
- Cut off the mains electrical cable close to the appliance and dispose of it.
- Remove the door to prevent children and pets from getting trapped inside the appliance.
- **Packaging material:** The packaging material is recyclable. Plastic parts are marked with international abbreviations such as PE, PS, etc. Dispose of the packaging material in the containers provided for this purpose at your local waste management facility.

Installation

 **Warning!** Refer to Safety chapters.


 The manufacturer is not responsible if you do not follow the safety precautions from the Safety chapters.

Assembly

 Refer to the Assembly Instructions for the installation.

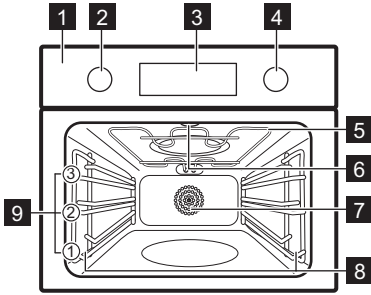
This oven is only supplied with a main cable.

Electrical installation

 **Warning!** Only a qualified person must do the electrical installation.

Product description

General overview



- 1 Control panel
- 2 Knob for the heating functions

- 3 Display
- 4 Control knob
- 5 Heating element
- 6 Lamp
- 7 Fan
- 8 Shelf support, removable
- 9 Shelf positions

Accessories

- **Wire shelf** x 1
For cookware, cake tins, roasts.
- **Baking tray** x 1
For cakes and biscuits.

Control panel

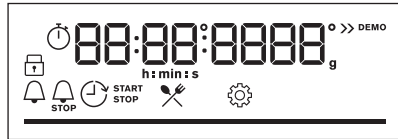
Turning the appliance on and off

To turn on the appliance:

1. Press the knobs. The knobs come out.
 2. Turn the knob for the heating functions to select a function.
 3. Turn the control knob to adjust settings.
- To turn off the appliance: turn the knob for the heating functions to the off position **0**.

Display indicators

Display with key functions:



Control panel overview

| | |
|----|---|
| | Press to set timer functions. |
| | Press and hold to set the function: Fast Heat Up. |
| | Press to turn the appliance lamp on and off. |
| | Press and hold to set the function: Lock. |
| OK | Press to confirm your selection. |

| | |
|--|----------------------------------|
| | The appliance is locked. |
| | Submenu: Assisted Cooking. |
| | Submenu: Settings |
| | Fast Heat Up is activated. |
| | Minute minder is activated. |
| | Cooking time is activated. |
| | Time Delayed Start is activated. |
| | Uptimer is activated. |

| | |
|---|--|
| — | Progress bar - visually indicates when the appliance reaches the set temperature or when the cooking time comes to an end. |
|---|--|

Before first use

⚠ Warning! Refer to Safety chapters.

Setting the time

After the first connection to the mains, wait until the display shows: "00:00" or "12:00" (depending on the model).

1. Turn the control knob to set the time.
2. Press **OK**.

Initial preheating and cleaning

Preheat the empty appliance before the first use and contact with food. The appliance can emit unpleasant smell and smoke. Ventilate the room during preheating.

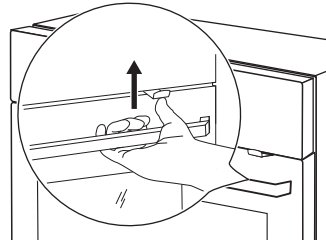
1. Remove all accessories and removable shelf supports from the appliance.
2. Set the function . Set the maximum temperature. Refer to Daily use. Let the appliance operate for 1 h.
3. Set the function . Set the maximum temperature. Let the appliance operate for 15 min.
4. Set the function . Set the maximum temperature. Let the appliance operate for 15 min.
5. Turn off the appliance and wait until it is cold.
6. Clean the appliance and the accessories only with a microfibre cloth, warm water and a mild detergent.
7. Put the accessories and removable shelf supports back to their initial position.

Mechanical child lock

The oven has the mechanical child lock installed. It is the door lock on the right side of the oven, below the control panel.

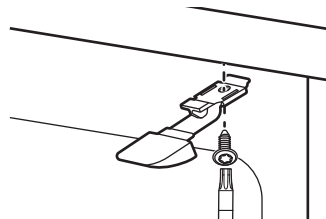
To open the oven door with the child lock:

1. Push and hold up the child lock.
2. Pull the door handle to open the door.
Close the oven door without pushing the child lock.




To remove the child lock:









1. Open the door and remove the child lock with the torx key supplied with the oven.
2. Fix the screw back after removing the child lock.





Daily use

 **Warning!** Refer to Safety chapters.

Heating functions

| | |
|---|---|
|  | True Fan Cooking To roast meat and bake cakes. Set a lower temperature than for Conventional Cooking as the fan distributes heat evenly in the oven interior. |
|  | Conventional Cooking To bake and roast food on one shelf position. |
|  | Frozen Foods To make convenience food crispy, e.g. french fries, potato wedges or spring rolls. |
|  | Pizza Function To bake pizza and other dishes that require more heat from below. |
|  | Bottom Heat To make browning and crispy bottom. Use the lowest shelf position. |
|  | Defrost To defrost food (vegetables and fruit). The defrosting time depends on the amount and size of the frozen food. |
|  | Moist Fan Baking This function is designed to save energy during cooking. When you use this function, the temperature inside the appliance may differ from the set temperature. The residual heat is used. The heating power may be reduced. For more information refer to Daily use, Notes on: Moist Fan Baking. |
|  | Grill To grill thin pieces of food and to toast bread. |

| | |
|---|--|
|  | Turbo Grilling To roast large meat joints or poultry with bones on one shelf position. To bake gratins and to brown. |
|---|--|

 The lamp may turn off automatically at a temperature below 80°C during some oven functions.

Notes on: Moist Fan Baking

This function was used to comply with the energy efficiency class and ecodesign requirements (according to EU 65/2014 and EU 66/2014). Tests according to: IEC/EN 60350-1.


The oven door should be closed during cooking so that the function is not interrupted and the oven operates with the highest energy efficiency possible.

When you use this function the lamp automatically turns off after 30 sec.

For the cooking instructions refer to Hints and tips, Moist Fan Baking.


Setting: Heating functions


1. Turn the knob for the heating functions to select a heating function.
2. Turn the control knob to set the temperature.

 **Fast Heat Up** - press and hold to shorten the heating time. It is available for some heating functions. Fan may turn on automatically.

Entering: Menu 

Open the Menu to access Assisted Cooking dishes and settings.



1. Turn the knob for the heating functions to .

The display shows  .

- Turn the control knob and select the icon to enter submenu. Press **OK**.




Setting: Assisted Cooking 

Assisted Cooking submenu consists of programmes that are designed for dedicated dishes. Programmes start with a suitable setting. You can adjust the time and the temperature during cooking.






- Turn the knob for the heating functions to .
- Turn the control knob to select . Press **OK**.
- Turn the control knob to select a dish (P1 - P...). Press **OK**.
- Turn the control knob to adjust the weight. Option is available for selected dishes. Press **OK**.

- Place the food inside the appliance. Press **OK**.
- When the function ends, check if the food is ready. Extend the cooking time, if needed.

Submenu: Assisted Cooking











| Legend | |
|---|---|
|  | Weight adjustment available. |
|  | Preheat the appliance before you start cooking. |
|  | Shelf level. Refer to Product description. |

The display shows **P** and a **number** of the dish that you can check in the table.



| | Dish | Weight | Shelf level / Accessory |
|----|---|--|--|
| P1 | Roast beef, rare | 1000 - 1500 g; 4 - 6 cm thick pieces |  2; baking tray Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P2 | Roast beef, medium | | |
| P3 | Roast beef, well-done | | |
| P4 | Steak, medium | 150 - 300 g per piece; 3 cm thick slices |  2; baking tray Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P5 | Beef roast / braised (prime rib, top round, thick flank) | 1500 - 2000 g |   1; roasting dish on wire shelf Fry the meat for a few minutes in a hot pan. Add liquid. Insert to the appliance. |
| P6 | Roast beef, rare (slow cooking) | 1000 - 1500 g; 4 - 6 cm thick pieces |  2; baking tray Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P7 | Roast beef, medium (slow cooking) | | |
| P8 | Roast beef, well-done (slow cooking) | | |

| | Dish | Weight | Shelf level / Accessory |
|-----|---|--|---|
| P9 | Fillet, rare | 800 - 1000 g; 5 - 6 cm thick pieces | ☐ 2 ; baking tray Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P10 | Fillet, medium | | |
| P11 | Fillet, well-done | | |
| P12 | Veal roast (e.g. shoulder) | 800 - 1500 g; 5 - 6 cm thick pieces | ☐☐ 1 ; ceramic or glass casserole dish on wire shelf Fry the meat for a few minutes in a hot pan. Add liquid. Insert to the appliance. |
| P13 | Pork roast (e.g. neck or shoulder) | 1500 - 2000 g | ☐ 1 ; ceramic or glass casserole dish on wire shelf |
| P14 | Pulled pork | 1500 - 2000 g | ☐ 2 ; ceramic or glass casserole dish on wire shelf |
| P15 | Pork loin, fresh | 1000 - 1500 g; 6 - 7 cm thick pieces | ☐ 1 ; ceramic or glass casserole dish on wire shelf Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P16 | Spare ribs | 2000 - 3000 g; use raw, 2 - 3 cm thin spare ribs | ☐ 2 ; baking tray |
| P17 | Lamb leg with bones | 500 - 1000 g; 7 - 9 cm thick pieces | ☐ 1 ; ceramic or glass casserole dish on wire shelf Fry the meat for a few minutes in a hot pan. Add liquid. Insert to the appliance. |
| P18 | Chicken, whole | 1000 - 1500 g | ☐ 1 ; wire shelf with plate placed directly in centre of cavity bottom |
| P19 | Chicken, half | 500 - 800 g | ☐☐ 2 ; baking tray |
| P20 | Chicken breast | 180 - 250 g per piece | ☐ 2 ; casserole dish on wire shelf Fry the meat for a few minutes in a hot pan. Insert to the appliance. |
| P21 | Chicken legs, fresh | 250 - 350 g | ☐ 2 ; baking tray |
| P22 | Duck, whole | 1500 - 2500 g | ☐☐ 1 ; baking tray Turn the duck after half of the cooking time. |

| | Dish | Weight | Shelf level / Accessory |
|-----|--------------------------------------|------------------------------|---|
| P23 | Goose breast | 350 - 500 g | ☐ 2; ceramic or glass casserole dish on wire shelf |
| P24 | Meat loaf | 1000 - 1500 g | ☐ 1; loaf pan on wire shelf |
| P25 | Fish, whole, grilled | 500 - 1000 g per fish | ☐ 2; baking tray |
| P26 | Fish fillet | 150 - 300 g | ☐ 3; ceramic or glass casserole dish on wire shelf |
| P27 | Cheesecake | 1500 - 2000 g | ☐ 1; springform tin on wire shelf |
| P28 | Apple cake, covered | 1000 - 1500 g | ☐ 2; pie pan on wire shelf |
| P29 | Apple tart | 1000 - 1500 g | ☐ 2; tart pan on wire shelf |
| P30 | Apple pie | 1000 - 1200 g | ☐ 2; pie pan on wire shelf |
| P31 | Brownies | 1000 g of dough | ☐ 2; casserole dish on wire shelf |
| P32 | Muffins | 10 to 20 pieces | ☐ 2; baking tray |
| P33 | Loaf cake | 1000 g of dough | ☐ 1; loaf pan on wire shelf |
| P34 | Baked potatoes | 1000 g of fresh potatoes | ☐ 2; baking tray |
| P35 | Wedges | 750 - 1000 g of raw potatoes | ☐ 2; baking tray lined with baking paper |
| P36 | Grilled mixed vegetables | 1000 - 1500 g | ☐ 2; baking tray |
| P37 | Croquettes (frozen) | 500 - 750 g | ☐ 2; baking tray lined with baking paper |
| P38 | French fries (frozen) | 750 g | ☐ 2; baking tray lined with baking paper |
| P39 | Lasagna with dry pasta sheets | 1000 - 2000 g | ☐ 1; casserole dish on wire shelf |
| P40 | Potato gratin (raw potatoes) | 1000 - 1500 g | ☐ 1; casserole dish on wire shelf |

| | Dish | Weight | Shelf level / Accessory |
|-----|--|----------------------------|--|
| P41 | Pizza fresh, thin crust | - |   1; baking tray |
| P42 | Pizza fresh, thick crust | - |   1; baking tray |
| P43 | Quiche lorraine | 4.5 cm thick |   1; springform tin on wire shelf |
| P44 | Baguette / Ciabatta / White bread | 600 - 800 g of fresh dough |   2; baking tray |
| P45 | Whole grain / Rye / Dark bread | 1000 g of fresh dough |   1; baking tray |

Changing: Settings

1. Turn the knob for the heating functions to .
2. Turn the control knob to select . Press OK.
3. Turn the control knob to select the setting. Press OK.
4. Turn the control knob to adjust the value. Press OK.
5. Turn the knob for the heating functions to the off position to exit Menu.


Submenu: Settings


| | Setting | Value |
|----|--------------------|--------|
| 01 | Time of day | Change |
| 02 | Display brightness | 1 - 5 |



| | Setting | Value |
|----|--------------------|------------------------------------|
| 03 | Key tones | 1 - Beep, 2 - Click, 3 - Sound off |
| 04 | Buzzer volume | 1 - 4 |
| 05 | Uptimer | On / Off |
| 06 | Light | On / Off |
| 07 | Fast Heat Up | On / Off |
| 08 | Demo mode | - |
| 09 | Software version | Check |
| 10 | Reset all settings | Yes / No |

Clock functions



Timer functions description

| | |
|---|---|
|  Minute minder | To set a countdown timer. When the timer ends, the signal sounds. This function has no effect on the operation of the appliance and can be set at any time. |
|---|---|



| | |
|--|---|
|  STOP Cooking time | To set cooking duration. When the timer ends, the signal sounds and the heating function will automatically turn off. |
|--|---|

| | |
|--|--|
|  Time Delayed Start | To postpone the start and / or end of cooking. |
|  Uptimer | To show how long the appliance operates. Maximum is 23 h 59 min. This function has no effect on the operation of the appliance and can be set at any time. |

Setting: Minute minder 




1. Press .
- The display shows: 0:00 and .
2. Turn the control knob to set the Minute minder.
3. Press **OK**. The timer starts counting down immediately.

Setting: Cooking time 



1. Turn the knobs to select the heating function and to set the temperature.
2. Press  until the display shows: 0:00 and .
3. Turn the control knob to set the Cooking time.
4. Press **OK**. The timer starts counting down immediately.
5. When the time ends, press **OK** and turn the knob for the heating functions to the off position.

Setting: Time Delayed Start 



1. Turn the knobs to select the heating function and to set the temperature.

2. Press  until the display shows:  and **START**.
 3. Turn the control knob to set the start time.
 4. Press **OK**.
- The display shows: --:--  **STOP**.
5. Turn the control knob to set the end time.
 6. Press **OK**.
- The timer starts counting down at a set start time.
7. When the time ends, press **OK** and turn the knob for the heating functions to the off position.


Setting: Uptimer 

1. Turn the knob for the heating functions to  to enter Menu.
2. Turn the control knob to select  / Uptimer. Refer to Daily use, Menu: Settings.
3. Press **OK**.
4. Turn the control knob to turn the Uptimer on and off.
5. Press **OK**.

Setting: Time of day

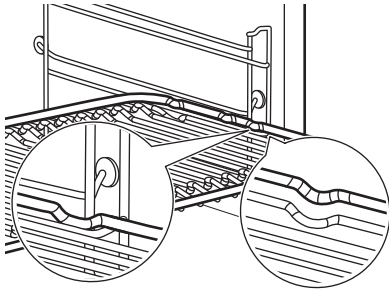
1. Turn the knob for the heating functions to  to enter Menu.
2. Turn the control knob to select  / Time of day. Refer to Daily use, Menu: Settings.
3. Turn the control knob to set the clock.
4. Press **OK**.

Using the accessories

 **Warning!** Refer to Safety chapters.

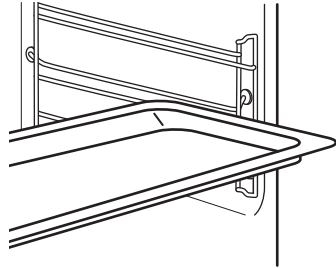
Inserting accessories

Wire shelf



Insert the shelf between the guide bars of the shelf support and make sure that the feet point down. Make sure that the shelf touches the back of the oven interior.

Baking tray



Push the tray between the guide bars of the shelf support. Place the baking tray with the slope towards the back of the oven interior.


Additional functions


Lock 


This function prevents an accidental change of the appliance function.

When activated while the appliance is in use, it locks the control panel, ensuring that the current cooking settings continue uninterrupted.

When activated while the appliance is off, it keeps the control panel locked, preventing the appliance from being turned on unintentionally.

 - press and hold to turn on the function.



A signal sounds.  - flashes 3 times when the lock is turned on.

 - press and hold to turn off the function.

Automatic switch-off

For safety reasons, if the heating function is active and no settings are changed, the appliance will turn off automatically after a certain period of time.

Table with automatic switch off times for given oven temperature range.

|  (°C) |  (h) |
|--|---|
| 30 - 115 | 12.5 |
| 120 - 195 | 8.5 |
| 200 - 245 | 5.5 |
| 250 - maximum | 3 |

If you intend to run a heating function for a duration exceeding the automatic switch-off time, set the cooking time. Refer to Clock functions.

The Automatic switch-off does not work with the functions: Light, Time Delayed Start.

Cooling fan

When the appliance operates, the cooling fan turns on automatically to keep the surfaces of the appliance cool. If you turn off the appliance, the cooling fan can continue to operate until the appliance cools down.

Hints and tips

Cooking recommendations

Cooking and baking processes are only suitable on one level.

The temperature and cooking times in the tables are for guidance only. They depend on the recipes, quality and quantity of the ingredients used.

Your appliance may bake or roast differently than your previous appliance. The hints below show recommended settings for temperature, cooking time and shelf position for specific types of food.





Count the shelf positions from the bottom of the oven floor.

If you cannot find the settings for a specific recipe, look for a similar one.

For energy saving tips refer to Energy efficiency.

Symbols used in the tables:

| | |
|---|-----------|
|  | Food type |
|---|-----------|





| | |
|---|--------------------|
|  | Heating function |
| °C | Temperature |
|  | Accessory |
|  | Shelf position |
|  | Cooking time (min) |

Moist Fan Baking - recommended accessories

Use dark and non-reflective tins and containers. They have better heat absorption than light colour and reflective dishes.

- **Pizza pan** - dark, non-reflective, diameter 28 cm
- **Baking dish** - dark, non-reflective, diameter 26 cm
- **Ramekins** - ceramic, diameter 8 cm, height 5 cm
- **Flan base tin** - dark, non-reflective, diameter 28 cm

Moist Fan Baking






|  |  |  | °C |  |
|---|---|---|-----|---|
| Pasta gratin | Wire shelf | 1 | 200 | 45 - 60 |
| Potato gratin | Wire shelf | 1 | 180 | 80 - 100 |
| Moussaka | Wire shelf | 1 | 180 | 75 - 90 |
| Lasagne | Wire shelf | 1 | 180 | 70 - 90 |
| Cannelloni | Wire shelf | 1 | 200 | 65 - 80 |
| Bread pudding | Wire shelf | 1 | 190 | 60 - 80 |
| Rice pudding | Wire shelf | 1 | 180 | 80 - 100 |
| Apple Cake | Wire shelf | 1 | 160 | 100 - 120 |
| White bread | Baking tray ¹⁾ | 1 | 200 | 80 - 100 |

1) Place the baking tray with the slope towards the back of the oven interior.

Information for test institutes

Baking on one level

Tests according to: EN 60350-1, IEC 60350-1.

|  |  |  |  | °C |  |
|---|---|---|---|-----|---|
| Small cakes, 20 per tray ¹⁾ | Conventional Cooking | Baking tray ²⁾³⁾ | 2 | 150 | 21 - 31 |
| Small cakes, 20 per tray ¹⁾ | True Fan Cooking | Baking tray ²⁾³⁾ | 2 | 150 | 23 - 33 |
| Fatless sponge cake ¹⁾ | Conventional Cooking | Wire shelf | 1 | 170 | 27 - 37 |
| Fatless sponge cake ¹⁾ | True Fan Cooking | Wire shelf | 1 | 170 | 27 - 37 |
| Toast ^{1) 4)} | Grill | Wire shelf | 2 | 230 | 6:30 - 7:30 |






1) Preheat the appliance until set temperature is reached. Do not use the function: Fast Heat Up.

2) Place the baking tray with the slope towards the door.

3) Baking tray must touch the back of the oven interior.

4) According to: IEC 60350-1:2016 and IEC 60350-1:2023.

Additional recipes

|  |  |  |  | °C |  |
|---|---|---|---|-----|---|
| Meringues ¹⁾ | Conventional Cooking | Baking tray ²⁾³⁾ | 2 | 100 | 60 - 200 |
| Meringues ¹⁾ | True Fan Cooking | Baking tray ²⁾³⁾ | 2 | 100 | 60 - 180 |
| Chicken ⁴⁾ | Turbo Grilling | Wire shelf ⁵⁾ | 1 | 200 | 65 - 75 |

1) Preheat the appliance until set temperature is reached. Do not use the function: Fast Heat Up.


2) Place the baking tray with the slope towards the door.

3) Use baking paper.

4) Place chicken with breast side down. Turn it upside down halfway through the cooking time.

5) Place a plate underneath the wire shelf on the bottom of the cavity.

Care and cleaning

 **Warning!** Refer to Safety chapters.

Notes on cleaning

Cleaning agents

- Clean the front of the appliance only with a microfibre cloth with warm water and a mild detergent.
- Use a cleaning solution to clean metal surfaces.
- Clean stains with a mild detergent.

Everyday use

- Clean the interior of the appliance after each use. Fat accumulation or other residue may cause fire.
- Do not store food in the appliance for longer than 20 minutes. Dry the interior of the appliance only with a microfibre cloth after each use.

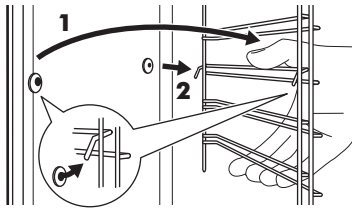
Accessories

- Clean all accessories after each use and let them dry. Use only a microfibre cloth with warm water and a mild detergent. Do not clean the accessories in a dishwasher.
- Do not clean the non-stick accessories using abrasive cleaner or sharp-edged objects.

Removing the shelf supports

Remove the shelf supports to clean the appliance.

1. Turn off the appliance and wait until it is cold.
2. Pull the front of the shelf support away from the side wall.
3. Pull the rear end of the shelf support away from the side wall and remove it.



4. Put the shelf supports back to the initial position. Repeat the steps in the reverse order.

If the telescopic runners are supplied, its retaining pins must point to the front.

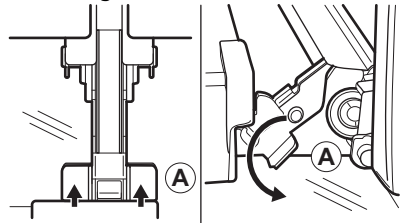
Removing and installing door

You can remove the door and the internal glass panels to clean it. The number of glass panels is different for different models.

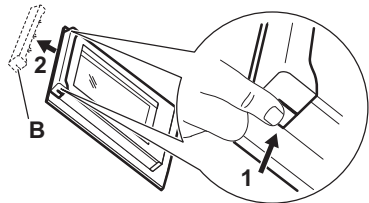
Warning! The door is heavy.

Caution! Carefully handle the glass, especially around the edges of the front panel. The glass can break.

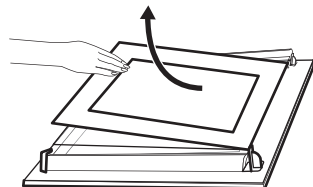
1. Make sure the appliance is cold.
2. Fully open the door.
3. Press the clamping levers **A** on the two door hinges.



4. Close the oven door to the first opening position (at approximate angle: 70°).
5. Hold the door with one hand on each side and pull it away from the oven at an upwards angle.
6. Put the door with the outer side down on a soft cloth on a stable surface.
7. Hold the door trim **B** on the top edge of the door at the two sides and push inwards to release the clip seal.



8. Pull the door trim to the front to remove it.
9. Hold the door glass panels on their top edge one by one and pull them up out of the guide.




10. Clean the glass panel with water and soap. Dry the glass panel carefully. Do not clean the glass panels in the dishwasher.


After cleaning, do the above steps in the opposite sequence. Install the smaller panel first, then the larger and the door.

Make sure that the glass panels are inserted in the correct position otherwise the surface of the door may overheat.

Replacing the lamp


 **Warning!** Risk of electric shock.

 **Warning!** Risk of injury when removing the glass cover.

 **Warning!** Risk of burns, the glass cover may be hot. Use protective glove when touching the lamp.


1. Turn off the appliance. Wait until the appliance is cold.
2. Disconnect the appliance from the mains.
3. Use a Torx 20 screwdriver to remove the glass cover.
4. Remove and clean the metal frame and the seal.
5. Replace the lamp with a suitable 300°C heat-resistant lamp.
6. Install the metal frame and the seal. Tighten the screws.

Troubleshooting

 **Warning!** Refer to Safety chapters.

What to do if...

| Problem | Check if... |
|---------------------------------|---|
| The appliance does not heat up. | The automatic switch-off is deactivated. |
| The appliance does not heat up. | The fuse is not blown. |
| The appliance does not heat up. | Lock is deactivated. |
| The lamp is turned off. | Moist Fan Baking - is activated. |
| The lamp does not work. | The lamp is burnt out. |
| The display shows 00:00. | There was a power cut. Set the time of day. |

 If the display shows an error code that is not in this table, turn the house fuse off and on to restart the appliance. If the error code recurs contact an Authorised Service Centre.

Service data

If you cannot find a solution to the problem yourself, contact an Authorised Service Centre.

The necessary data for the service centre is on the rating plate. The rating plate is located on the front frame of the appliance. It is visible when you open the door. Do not remove the rating plate from the appliance.

We recommend that you write the data here:

Model (MOD.):

| | |
|-----------------------|----------------------|
| Product number (PNC): | <input type="text"/> |
| Serial number (S.N.): | <input type="text"/> |

Technical data

Technical data

| | | |
|------------------------|--------------------------|------------------------------|
| Dimensions (internal) | Width Height Depth | 480 mm 212 mm 411.5 mm |
| Area of baking tray | 1252 cm ² | |
| Top heating element | 1900 W | |
| Bottom heating element | 600 W | |
| Grill | 1900 W | |
| Ring | 1750 W | |
| Total rating | 2600 W | |
| Voltage | 220 - 240 V | |
| Frequency | 50 Hz | |
| Number of functions | 9 | |

Energy efficiency

Product information sheet and product information according to EU and UK energy labelling and ecodesign regulations

| | |
|--|----------------------|
| Supplier's name | IKEA |
| Model identification | FRILLESBO 706.140.72 |
| Energy efficiency index | 80.8 |
| Energy efficiency class | A+ |
| Energy consumption with a standard load, conventional mode | 0.99 kWh/cycle |
| Energy consumption with a standard load, fan-forced mode | 0.59 kWh/cycle |

| | |
|---|---------------|
| Number of cavities | 1 |
| Heat source | Electricity |
| Volume | 43 l |
| Type of oven | Built-in oven |
| Mass | 34.0 kg |
| IEC/EN 60350-1 - Household electric cooking appliances - Part 1: Ranges, ovens, steam ovens and grills - Methods for measuring performance. | |

Product information for power consumption and maximum time to reach applicable low power mode

| | |
|--|--------|
| Power consumption in standby | 0.8 W |
| Maximum time needed for the equipment to automatically reach the applicable low power mode | 20 min |

Energy saving tips

Following tips below will help you save energy when using your appliance.

Make sure that the appliance door is closed when the appliance operates. Do not open the appliance door too often during cooking. Keep the door gasket clean and make sure it is well fixed in its position.

Use metal cookware and dark, non-reflective tins and containers to improve energy saving.

Do not preheat the appliance before cooking unless specifically recommended.

Keep breaks between baking as short as possible when you prepare a few dishes at one time.

Cooking with fan

When possible, use the cooking functions with fan to save energy.

Residual heat

When the cooking duration is longer than 30 min, reduce the appliance temperature to

minimum 3 - 10 min before the end of cooking. The residual heat inside the appliance will continue to cook.

Use the residual heat to keep the food warm or warm up other dishes.

When you turn off the appliance, the display shows the residual heat or temperature.

Keep food warm

Choose the lowest possible temperature setting to use residual heat and keep the food warm. The residual heat indicator or temperature appears on the display.

Cooking with the lamp off


Turn off the lamp during cooking. Turn it on only when you need it.


Moist Fan Baking

Function designed to save energy during cooking.

When you use this function the lamp automatically turns off after 30 sec. You may turn on the lamp again but this action will reduce the expected energy savings.

Environmental concerns

Recycle materials with the symbol . Put the packaging in relevant containers to recycle it. Help protect the environment and human health by recycling waste of electrical and electronic appliances. Do not dispose of

appliances marked with the symbol  with the household waste. Return the product to your local recycling facility or contact your municipal office.

IKEA guarantee

How long is the IKEA guarantee valid?

This guarantee is valid for 5 years from the original date of purchase of your appliance at IKEA. The original sales receipt is required as proof of purchase. If service work is carried out under guarantee, this will not extend the guarantee period for the appliance.

Who will execute the service?

IKEA service provider will provide the service through its own service operations or authorized service partner network.

What does this guarantee cover?

The guarantee covers faults of the appliance, which have been caused by faulty construction or material faults from the date of purchase from IKEA. This guarantee applies to domestic use only. The exceptions are specified under the headline "What is not covered under this guarantee?" Within the guarantee period, the costs to remedy the fault e.g. repairs, parts, labour and travel will be covered, provided that the appliance is accessible for repair without special expenditure. On these conditions the EU guidelines (Nr. 99/44/EG) and the respective local regulations are applicable. Replaced parts become the property of IKEA.

What will IKEA do to correct the problem?

IKEA appointed service provider will examine the product and decide, at its sole discretion, if it is covered under this guarantee. If considered covered, IKEA service provider or its authorized service partner through its

own service operations, will then, at its sole discretion, either repair the defective product or replace it with the same or a comparable product.

What is not covered under this guarantee?

- Normal wear and tear.
- Deliberate or negligent damage, damage caused by failure to observe operating instructions, incorrect installation or by connection to the wrong voltage, damage caused by chemical or electro-chemical reaction, rust, corrosion or water damage including but not limited to damage caused by excessive lime in the water supply, damage caused by abnormal environmental conditions.
- Consumable parts including batteries and lamps.
- Non-functional and decorative parts which do not affect normal use of the appliance, including any scratches and possible color differences.
- Accidental damage caused by foreign objects or substances and cleaning or unblocking of filters, drainage systems or soap drawers.
- Damage to the following parts: ceramic glass, accessories, crockery and cutlery baskets, feed and drainage pipes, seals, lamps and lamp covers, screens, knobs, casings and parts of casings. Unless such damages can be proved to have been caused by production faults.
- Cases where no fault could be found during a technician's visit.

- Repairs not carried out by our appointed service providers and/or an authorized service contractual partner or where non-original parts have been used.
- Repairs caused by installation which is faulty or not according to specification.
- The use of the appliance in a non-domestic environment i.e. professional use.
- Transportation damages. If a customer transports the product to their home or other address, IKEA is not liable for any damage that may occur during transport. However, if IKEA delivers the product to the customer's delivery address, then damage to the product that occurs during this delivery will be covered by this guarantee.
- Cost for carrying out the initial installation of the IKEA appliance. However, if an IKEA service provider or its authorized service partner repairs or replaces the appliance under the terms of this guarantee, the service provider or its authorized service partner will re-install the repaired appliance or install the replacement, if necessary.

This restriction do not apply to fault-free work carried out by a qualified specialist using our original parts in order to adapt the appliance to the technical safety specifications of another EU country.

How country law applies?

The IKEA guarantee gives you specific legal rights, which covers or exceed local demands. However these conditions do not limit in any way consumer rights described in the local legislation.

Area of validity

For appliances which are purchased in one EU country and taken to another EU country, the services will be provided in the framework of the guarantee conditions normal in the new country. An obligation to carry out services in the framework of the guarantee exists only if the appliance complies and is installed in accordance with:

- the technical specifications of the country in which the guarantee claim is made;
- the Assembly Instructions and User Manual Safety Information;

The dedicated After Sales Service for IKEA appliances:

Please do not hesitate to contact IKEA After Sales Service to:


1. make a service request under this guarantee;
2. ask for clarification on installation of the IKEA appliance in the dedicated IKEA kitchen furniture. The service won't provide clarifications related to:
 - the overall IKEA kitchen installation;
 - connections to electricity (if machine comes without plug and cable), to water and to gas since they have to be executed by an authorized service engineer.
3. ask for clarification on user manual contents and specifications of the IKEA appliance.


To ensure that we provide you with the best assistance, please read carefully the Assembly Instructions and/or the User Manual section of this booklet before contacting us.

How to reach us if you need our service?



Please refer to the last page of this manual for the full list of IKEA appointed contacts and relative national phone numbers.

 In order to provide you with a quicker service, we recommend that you use the specific phone numbers listed at the end of this manual. Always refer to the numbers listed in the booklet of the specific appliance you need an assistance for. Before calling us, assure that you have to hand the IKEA article number (8 digit code) and the Serial Number (8 digit code that can be found on the rating plate) for the appliance of which you need our assistance.

 **SAVE THE SALES RECEIPT!** It is your proof of purchase and required for the guarantee to apply. Note that the receipt reports also the IKEA article name and number (8 digit code) for each of the appliances you have purchased.

Do you need extra help?

For any additional questions not related to After Sales of your appliances, please contact our nearest IKEA store call centre. We recommend you read the appliance documentation carefully before contacting us.

| Country | Phone number | Call Fee | Opening time |
|--------------------------------|---|--|--|
| België | 02/716.24.44 | Binnenlandse gesprekskosten | 8 tot 18.30 Weekdagen Zaterdag 9 tot 13u |
| Belgique | | Tarif des appels nationaux | 8 à 18.30 en semaine Samedi 9 à 13h |
| България | +359 2 492 9397 | Според тарифата на оператора за обаждания към стационарен номер | От 8:30 до 17:30 ч в работни дни |
| Česká Republika | 246 019721 | Cena za místní hovor | 8 až 20 v pracovních dnech |
| Danmark | 70 15 09 09 | Landstakst | man. - fre. 09.00 - 20.00 lør. - søn. 09.00 - 18.00 |
| Deutschland | +49 (0)911 323 1016* | * 0,20 €/Verbindung aus dem Fest-netz max. 0,60 €/Verbindung aus dem Mobilfunknetz | Werktags von 8.00 bis 20.00 |
| Ελλάδα | 211 176 8276 | Υπεραστική κλήση | 8 έως 20 κατά τις εργάσιμες ημέρες |
| España | 91 1875537 | Tarifa de llamadas nacionales | De 8 a 20 en días laborables |
| France | 0170 36 02 05 | Tarif des appels nationaux | 9 à 21. En semaine |
| Hrvatska | 00385 1 6323 339 | Cijena ovisi o pružatelju telefonske usluge korisnika | radnim danom od ponedjeljka do petka od 08:00 do 16:00 |
| Ireland | 0 14845915 | National call rate | 8 till 20 Weekdays |
| Ísland | +354 5852409 | Innanlandsgjald fyrir síma | 9 til 18. Virka daga |
| Italia | 02 00620818 | Tariffa applicata alle chiamate nazionali | dalle 8 alle 20 nei giorni feriali |
| Κυπρος | 22 030 529 | Υπεραστική κλήση | 8.30 έως 16.30 κατά τις εργάσιμες ημέρες |
| Lietuva | 5 230 06 99 | Nacionalinių pokalbių tarifai | Pr. - Ketv.: 8:00 - 12:00; 12:45 - 17:00 Pnkt.: 8:00 - 12:00; 12:45 - 15:45 |
| Luxembourg | 35242431301 | Tarif des appels nationaux | Lu-Ven 8:00-12:00/13:00-17:00 |
| Magyarország | 06-1-252-1773 | Belföldi díjszabás | Hétköznap 8.00 és 17.00 óra között |
| Nederland | 0172/468568 | Geen extra kosten. Alleen lokaal tarief | ma-vr: 8:00 - 18:30 zat: 9:00 - 13:00 |
| Norge | 22 72 35 00 | Takst innland | 8 til 18 ukedager |
| Österreich | +43-1-2056356 | max. 10 Cent/min. | Mo - Fr 8.00 - 20.00 Uhr |
| Polska | 801 400 711 +48 22 749 60 99 | Koszt zgodny z taryfą operatora | Od 8 do 20 w dni robocze |
| Portugal | 211557985 | Chamada Nacional | 9 às 21. Dias de Semana *excepto feriados |
| România | 021 211 08 88 | Tarif apel național | 8 - 20 în zilele lucrătoare |
| Россия | 8 495 6662929 | Действующие телефонные тарифы | с 8 до 20 по рабочим дням Время московское |
| Schweiz | 031 5500 324 | Tarif für Anrufe im Bundesgebiet | 8 bis 20 Werktage |
| Suisse | | Tarif des appels nationaux | 8 à 20. En semaine |
| Svizzera | | Tariffa applicata alle chiamate nazionali | dalle 8 alle 20 nei giorni feriali |
| Slovenija | +38618108621 | lokalni strošek je običajna tržna vrednost, odvisna od ponudnika telefonije | 8.00 - 16.00 ob delavnikih |
| Slovensko | (02) 3300 2554 | Cena vnútroštátneho hovoru | 8 až 20 v pracovných dňoch |
| Suomi | 030 6005203 | pvm/mpm | Ma - To 8:00 -18:00 Pe 9:00 -16:00 |
| Sverige | 0775 700 500 | lokalsamtal (lokal taxa) | mån-fre 8.30 - 20.00 lör-sön 9.30 - 18.00 |
| United Kingdom | 020 3347 0044 | National call rate | 9 till 21. Weekdays |
| Србија | +381 11 7 555 444 (ако позивате изван Србије) 011 7 555 444 (ако позивате из Србије) | Цена позива у националном саобраћају | Понедељак - субота: 09 - 20 Недеља: 09 - 18 |
| Eesti, Latvija, Ukraina | | www.ikea.com | |



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