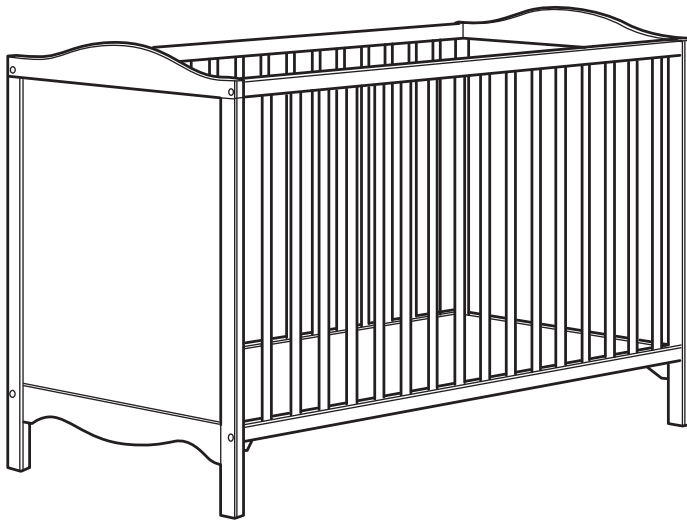


Buying guide

# Baby sleep

## Cots, mattresses and accessories



### **Safety and comfort for your little one**

It's wonderful to be a new parent but it can also be rather worrying. That's why our cots are rigorously tested to ensure they meet the strictest safety standards that exist in the world. Our cots are durable and stable, and they adjust to fit babies as they grow so quickly. So you can sleep like a baby, too.

### **For sweet dreams and safe sleeping**

No parent should have to choose between affordability and their little one's safety and comfort. That's why we designed our cot mattress range. Every single one of our firm, well-ventilated cot mattresses meet strict safety standards. So it's not only your little one who will be resting well at night.

All the products (shown here) may not be available at the store. Please contact the staff or look at [www.IKEA.com](http://www.IKEA.com) for more information. For more detailed product information, see the pricetag and the Internet. All units require assembly.



# Safety is our top priority

## Children's safety is always our highest priority

Our products are designed and tested to comply with all applicable safety requirements in the countries where the products are sold. We also test all our children's products at our own accredited test laboratory in Sweden, as well as at independent accredited test laboratories and institutes around the world.

IKEA fulfils the following safety criteria for cots and mattresses around the world: Cots for the European market are tested by test laboratories in Europe and comply with European standard EN 716-1. Mattresses in the European market comply with EN 16890, a requirement specified by the European Committee for Standardisation, Comité Européen de Normalisation (CEN).

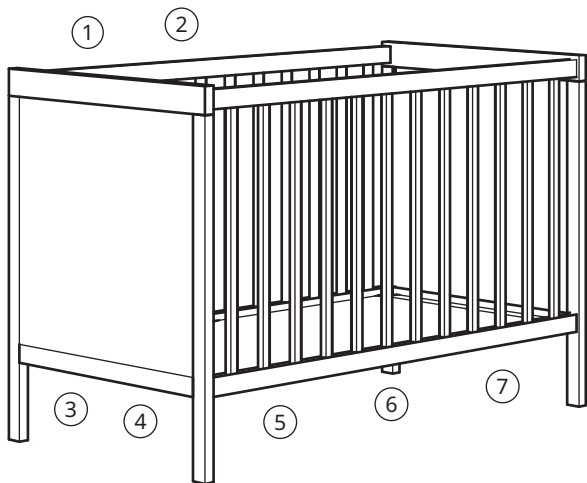
If you want to learn more about a specific safety or test standard, please contact your local consumer organisation or the authority that has issued the standard.

## How are our cots tested?

All our cots undergo several different tests to ensure they are safe to use. First, they are inspected for any protruding parts, loose parts or fittings, and sharp edges. Then, all gaps and openings between spindles and the slats in the cot base are measured. The cot is tested with impact and pressure tests for strength, stability and durability and to ensure that the spindles will not twist or rotate from their position and create potentially hazardous openings. The cot base is also tested. For example, in a test for the European market, we subject the cot base to impact from a 10 kg weight that is dropped 1,000 times from five different positions.

The same or similar tests are made on cot bases for cots on all markets where we are active, but the tests may differ somewhat, depending on the specific requirements of the respective country.

## Good to know



1. No small components that can be removed, or worked loose, to eliminate the risk of choking.
2. Rounded edges and corners.
3. Ventilated cot base to avoid fungal growth.
4. Strong cot base.
5. The gap between the spindles is designed for optimum safety (babies cannot get their head stuck between them).
6. Stable, durable construction.
7. Non-toxic materials and surface treatment.

# How to choose a cot

## Identify individual needs

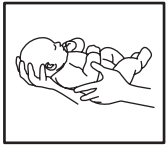
Both you and your baby will sleep better if you use a cot for the baby. A cot is an enclosed, yet well-ventilated, sleeping environment that your baby cannot roll out of and will not get too warm or uncomfortable in. Most infants sleep deeply and are not easily disturbed by noise, voices or music. However, they do not sleep for long periods at a time and wake up frequently. The enclosed sleeping environment of a cot helps your baby feel sheltered and protected.

In our selection you can find cots with a traditional touch or cots with modern shapes. Choose according to your style so it fits with your home.

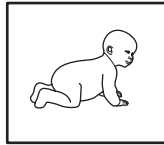
Cot	2 position cot base	3 position cot base	Removable side	With storage	Guardrail included
GULLIVER	●	—	●	—	—
GONATT	●	—	●	●	—
SNIGLAR	●	—	—	—	—
SMÅGÖRA	●	—	●	—	—
SUNDAVIK	●	—	●	—	—
MYLLRA	—	●	●	●	●

## Designed to grow with your baby

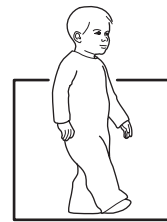
Different living situations require different solutions – but all babies grow fast. That's why most of our cots are designed so that one side can be removed when the baby is big enough to climb into/out of the cot, transforming it into a bed.



1. When the baby is very small the base can be placed at the higher position.



2. As soon as the baby starts to sit by themselves, place the base at the lower position.



3. When the child is big enough to climb into the bed, one cot side can be removed. \*Not available for SNIGLAR cot

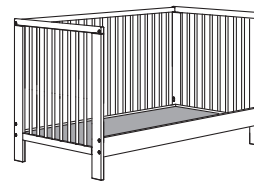
①



②



③



# All parts

## Cots

We have a wide variety of cots in different styles and finishes. No matter which of our cots you choose, you can be sure of one thing - every detail is well-thought-out. For your baby's safety, always use the same size of cot and mattress to avoid gaps that the baby's head could become trapped in.



**GONATT** 70×140 cm. The cot base can be placed at two different heights. One cot side can be removed when the baby is big enough to climb into/out of the cot. Your baby will sleep both safely and comfortably as the durable materials in the cot base have been tested to ensure they give their body the support it needs. The cot base is well ventilated for good air circulation which gives your baby a pleasant sleeping climate. Drawers at the bottom of the cot provide extra storage.

White 904.670.89



**GULLIVER** 60×120 cm. The cot base can be placed at two different heights. One cot side can be removed when the baby is big enough to climb into/out of the cot. Your baby will sleep both safely and comfortably as the durable materials in the cot base have been tested to ensure they give their body the support it needs. The cot base is well ventilated for good air circulation which gives your baby a pleasant sleeping climate.

White 102.485.19

Green 205.895.03



**SMÅGÖRA cot** 70×140 cm. The cot base can be placed at two different heights. Your baby will sleep both safely and comfortably as the durable materials in the cot base have been tested to ensure they give their body the support it needs. The cot base is well ventilated for good air circulation which gives your baby a pleasant sleeping climate.

White 204.612.36



**SNIGLAR** cot 60×120 cm. The cot base can be placed at two different heights. Your baby will sleep both safely and comfortably as the durable materials in the cot base have been tested to ensure they give their body the support it needs. The cot base is well ventilated for good air circulation which gives your baby a pleasant sleeping climate.

Beech 302.485.37



**SUNDVIK cot** 70×140 cm. The cot base can be placed at two different heights. One cot side can be removed when the baby is big enough to climb into/out of the cot. Your baby will sleep both safely and comfortably as the durable materials in the cot base have been tested to ensure they give their body the support it needs.

White 604.975.87

Grey 304.940.81



**MYLLRA cot 70×140 cm.** If you want to create a complete children's room in the same style, you can combine the cot with the SMÅSTAD storage series - they match each other perfectly. Your child can sleep safely even after removing one cot side since a guard rail is included.

White 604.835.90

Beige 405.970.45



**ÄLSKVÄRD cot**, 60×120 cm, birch/white. Create a complete Scandinavian-styled room for your baby with the ÄLSKVÄRD series. Your child sleeps for more years in this crib since you can lower the bottom and replace one long side with a guard rail. If you want to create a complete children's room in the same style, you can combine the cot with the ÄLSKVÄRD changing table - they match each other perfectly.

Birch/white 503.148.09

## Bassinet



**ÄLSKVÄRD bassinet**, 40×73 cm. Made of fabric and wood, this bassinet on wheels is easy to move and allows you to see and have your baby close by. The bassinet is easy to move around and stays securely in place as soon as you lock the 4 wheels.

Birch

103.148.11

## Mattress for bassinet



### Care instructions

Cover:



Inner cover:

Wipe clean with a damp cloth.

**ÄLSKVÄRD.** This mattress is firm and fits perfectly in the bassinet and is essential for creating a sleeping place that is safe and cosy.

40×73×3.5 cm

105.168.71

## Complementary products

Add extra comfort and coziness to your baby's sleeping space.



**GULDVÄVARE mobile.** The figures and patterns face downwards to meet the child's upward gaze.

Multicolour

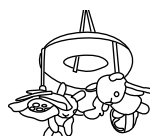
105.736.54



**KLAPPA mobile.** Movement and sharp contrasts stimulate the baby's eyesight.

Yellow

403.650.26



**SANDI mobile.** This mobile has soft figures inspired by nature and creates an exciting eye-catcher above the changing table. All faces and patterns meet the baby's gaze and create a calming mood for diaper changes.

Scandinavian nature/multicolour 205.644.56

# How to choose a cot mattress

## 1. Choose your materials

Choose between sprung or foam. All materials are safe and hygienic.

**Sprung mattresses:** The sprung mattresses are made with a pocket sprung construction. The construction of sprung cot mattresses allows air to flow freely, promoting good air circulation and a favourable sleeping climate. A protective foam box adds comfort and durability.

**Foam mattresses:** The foam mattresses use quality polyurethane or high resilience foam, which are well cut, durable and intended for sleeping therefore making both a safe choice for cot mattresses. High resilience foam is durable, relieves pressure points, and provides comfort and support for your growing baby.

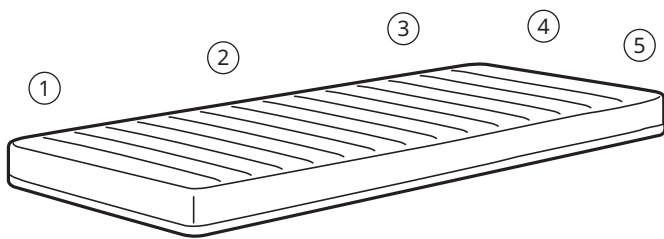
## 2. Identify individual needs

How many years do you think you will use your cot mattress? The longer you plan on keeping the same mattress will affect which mattress you should choose. If you want to use the same mattress into the toddler years a thicker and more durable mattress will provide better support for older babies and toddlers, who like to stand and bounce in their cots.

## 3. Choose your mattress

On the following pages you will find all of our baby mattresses on offer, along with detailed facts for each.

## Good to know



1. All our cot mattresses are firm, to provide a safe sleeping environment for your baby.
2. All mattresses provide some pressure relief, because they are made with materials like pocket springs or high resilience foam.
3. Well ventilated cover for better air circulation.
4. All children's mattresses promote good air flow, thanks to carefully considered choices in materials and construction.
5. Removable and machine-washable covers to create a hygienic sleeping environment for your baby.

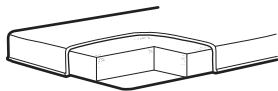
# All cot mattresses

All our cot mattresses are made of safe, durable materials. Free from harmful chemicals and well-ventilated, they all provide a safe and comfortable sleeping environment for your baby. Some have handles that simplify making the bed. The materials have various properties. Foam is elastic and distributes your baby's body weight evenly. So does high resilience foam, but it also regains its shape faster and lasts longer. Sprung

mattresses have wrapped pocket springs that follow the baby's movements exactly.

For your baby's safety, always use the same size of cot and mattress to avoid gaps that the baby's head could become trapped in.

## Foam mattresses



### Care instructions

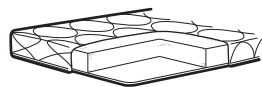
Cover:



**PELLEPLUTT.** This mattress is made of 6 cm thick foam and has the same, smooth surface on both sides. You can easily turn it over if you like. The cover can also be removed and machine washed at 60°C.

70x140x6 cm

803.480.30



### Care instructions

Cover:



Inner cover:

Wipe clean with a damp cloth.

**SKÖNAST.** An 8 cm thick mattress with pressure relieving, elastic, high resilience foam that regains its shape quicker and lasts longer than ordinary foam. The material follows your baby's body and provides comfortable and firm support. The cover is easy to remove and can be machine washed at 60°C.

60x120x10 cm

304.599.59

70x140x10 cm

903.485.34



### Care instructions

Cover:



Inner cover:

Wipe clean with a damp cloth.

**KRUMMELUR.** This 8 cm thick mattress has two different surfaces – one wavy side with medium-firm comfort and one smooth side which is firmer. The structure of the foam makes the mattress comfortable and well-ventilated, which provides good support and a pleasant sleeping environment for your baby. The cover is also easy to remove and can be machine washed at 60°C.

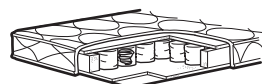
60x120x8 cm

204.044.77

70x140x8 cm

203.485.23

## Sprung mattresses



### Care instructions

Cover:



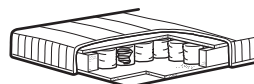
Inner cover:

Wipe clean with a damp cloth.

**JÄTTETRÖTT.** This 11 cm thick mattress has individually wrapped pocket springs enclosed in a generous layer of pressure-relieving foam. Since the springs work independently, they closely follow your baby's body and provide support in the right places. The well-ventilated construction provides your baby with a pleasant sleeping environment. A practical handle makes the mattress easy to carry – and to turn over when making the bed. You can remove the cover and machine wash it at 60°C.

70x140x11 cm

003.481.09



### Care instructions

Cover:



Inner cover:

Wipe clean with a damp cloth.

**DRÖMMANDE.** See and feel the care in every detail of DRÖMMANDE, an 11 cm thick pocket sprung mattress. The core is covered with coconut fibre and natural latex that allows air to circulate. Two covers are fixed around this – one is non-removable and one can be removed and machine washed at 40°C. The zipper has a small pocket to hide the pull tab from the hands of curious children. And finally, a handle that makes it so much easier to turn the mattress when making the bed.

70x140x11 cm

503.485.50

# Care and cleaning

### Cover

Most outer covers are removable and machine washable to create a hygienic sleeping environment to your baby. They are also well ventilated to allow for better air circulation. All our covers are soft against the baby's skin.

Air the mattress regularly to keep it fresh.

### Mattress



Do not wash



Machine wash  
warm 60°C



Machine wash  
warm 40°C



Do not bleach



Do not  
tumble dry



Tumble drying,  
normal temperature



Do not iron

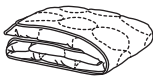


Iron, medium  
temperature



Do not dry clean

## Complementary products



### Care instructions



**LENAST duvet for cot 110×125 cm.** Your baby sleeps well under this cool and comfortable duvet. The soft fabric is woven from lyocell and sustainably grown cotton - an easy-care natural material that breathes and transports moisture away. Recommended for ages from 12 months.

White/grey

703.730.58



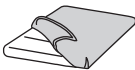
### Care instructions



**LEN duvet for cot 110×125 cm.** A lightweight, fluffy and super soft duvet filled with hollow fibre made of recycled polyester that's surrounded by a cotton fabric, with seams that hold the filling in place. Recommended for ages from 12 months.

White

600.285.10



### Care instructions



**LENAST mattress protector 60×120 cm.** Protects the mattress from accidents and spills - and keeps your child's bed hygienic, clean and dry. Your mattress stays dry because a waterproof layer prevents any liquid from passing through. A good start to a safe and hygienic sleeping climate.

White

703.731.00



### Care instructions



**LEN mattress protector 70×100 cm.** A real hero when disaster strikes. Simply throw the soiled protector in the wash and replace it with a clean one. The mattress stays fresh. Made from sustainably grown cotton and harmless plastic. Non-breathable material; do not place under baby's head.

White

401.433.04



### Care instructions



**LEN pillow for cot 35×55 cm.** On this low pillow, your child rests snug on a soft filling of recycled polyester that feels comfortable for the head and neck. Recommended for ages from 12 months.

White

800.285.09