

Mattresses, quilts, pillows and protectors



The key to feeling good – a good night's sleep

We sleep for one-third of our lives, and a good night's sleep is important for us to feel well and rested. What we choose to sleep on and have over us makes a big difference. To make the choice easier, we've gathered all of our mattresses, mattress pads, slatted bed bases and legs in this buying guide. You will also find our range of quilts, pillows and mattress protectors. All items have unique features, so before deciding, it can be wise to test both mattresses and pillows in our sleep studio at the store.

All the products (shown here) may not be available at the store. Please contact the staff or look at www.IKEA.com for more information. For more detailed product information, see the pricetag and the Internet. All units require assembly.



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GOOD TO KNOW

When it comes to mattresses, one size doesn't fit all. People are built differently. People sleep differently. We understand this, which is why our range of mattresses offers you a wide choice of materials, support and price levels; everything you need to find a perfect match for you. Almost all of our mattresses and bases are covered by a 25-year guarantee against defects in materials and workmanship. For more detailed information, please read the Guarantee brochure.

For your complete comfort

And because a good night's sleep depends on more than just the mattress, you'll also find the entire range of pillows, quilts, mattress and pillow protectors in this guide. In order to find what's best for your individual needs, we advise to try the mattress of your choice together with different pillows. Find the combination that best fits you, by actually lying down and trying them out together in the mattress studio.

A quilt in the comfort that fits your sleeping preferences adds into the complete comfort so you sleep well and wake up rested.

When you get your mattress home

Before using for the first time

It's normal for new mattresses to feel a bit too firm, so you should allow one month for your body to get used to the mattress and for the mattress to get used to your body. New materials also have their own particular smell. We recommend airing the mattress to help eliminate any smell. If you buy a roll packed mattress, you can use it straight away but keep in mind that it takes 3-4 days of use for them to regain their shape.

Care and cleaning

Adding a mattress protector or mattress pad to your new mattress makes it more hygienic, as it is easy to remove and clean. Some of our mattresses have a washable cover. On those that don't, use upholstery cleaner to remove stains. Even the best mattresses become less comfortable with age and all mattresses accumulate dust and mites over the years. So we recommend that you change mattress every 8-10 years.

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The mattresses have a 10-year guarantee.

Read more in the guarantee brochure.

HOW TO CHOOSE MATTRESS

To find the right mattress for you, you should think about:

1. Foam or sprung?

We offer a variety of different mattresses. Deciding if you want a foam or sprung mattress will help you narrow down your choice considerably.

2. Your budget.

We have mattresses to fit every budget – from basic mattresses to mattresses made with high quality natural materials. But you can be sure that every one is designed to give you a good night's sleep.

3. How does it feel?

The most important thing when choosing a mattress is to have a good lie down. Try the mattress without thick jackets and coats and in the position you usually fall asleep in. That way, you can tell if the mattress is a good match for you.

MATTRESS COMFORT SYMBOLS

The symbols below are used to show the features of our comfort products.



Firm

Mattresses that provide firm support.



Medium Firm

Mattresses that provide medium firm support.



Natural materials

Natural materials like wool, cotton and sometimes natural latex and coconut fibre help air flow freely through the mattress and draw away moisture, so you won't get too warm or too cold.



Extra comfort filling

An extra top layer of soft filling that adds comfort.



Comfort zones

Give each part of your body the support it needs. Softer areas allow your shoulder and hips to sink more deeply into the mattress while firmer ones actively support your neck and lower back.



Pocket springs/mini pocket springs

Individually wrapped springs that work independently to closely follow your movements and the contours of your body.



Bonnell springs

A layer of springs that provides all-over support to ensure a restful night's sleep.



Latex

A soft and resilient natural material that offers personalised comfort by moulding to your body. You'll relax more fully as it distributes your body weight to relieve extra pressure and provide precise support.



Memory foam

A soft and resilient material that responds to your body temperature and moulds itself to the contours of your body. You'll relax more fully as it distributes your body weight to relieve pressure and provide optimum support and comfort.



Gel infused memory foam

Gel capsules in the memory foam take a longer time to warm up creating a 4 tog sleeping surface.



High resilience foam

High quality foam that closely follows your movements to provide support and relieve extra pressure.



Foam

Gives you all-over support and comfort.



Roll packed

Makes it easier for you to handle the mattress and bring it home.



Wash 60 degrees

Removable and washable. Mites thrive in warm, dark, humid environments like beds. Wash fairly often to keep it fresh and clean.



10-year guarantee

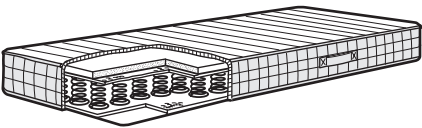
Almost all of our mattresses and bases are covered by a 25-year guarantee against defects in materials and workmanship. For more detailed information, please read the Guarantee brochure

SPRUNG MATTRESSES

Sprung mattresses distribute your weight evenly, so there’s no extra pressure on any one part of your body. The open spring construction helps air flow through the mattress, so you won’t get too warm while you sleep. You can get the

comfort level that’s right for you with a mattress pad and a slatted bed base or mattress base. Sprung mattresses are also extremely durable.

HAFSLO sprung mattress, beige.



**Bonnell springs**

**Roll packed**

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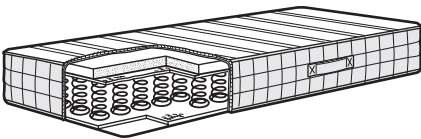
10-year guarantee

- This firm mattress keeps its shape, provides steady support and distributes your weight evenly.
- A mattress to sleep on – not in. Bonnell springs provide all-over support to ensure a restful night’s sleep.
- Designed to be used on one side only – no need to turn.
- Roll packed – easy to take home today.
- Thickness: 18 cm

	Firm
Standard single	602.580.54
Standard double	002.580.52
Standard king-size	102.580.56

	Medium firm
Standard single	302.580.55
Standard double	802.580.53
Standard king-size	902.580.57

HAMARVIK sprung mattress, light grey.



**Extra comfort filling**

**Bonnell springs**

**Roll packed**

10

10-year guarantee

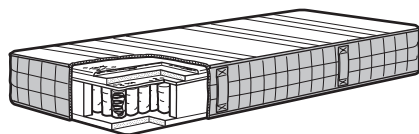
- Bonnell springs provide all-over support to ensure a restful night’s sleep.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximise comfort.
- Designed to be used on one side only – no need to turn.
- Roll packed – easy to take home today.
- Thickness: 21 cm

	Firm
Standard single	602.587.23
Standard double	702.587.27
Standard king-size	002.587.21

	Medium firm
Standard single	402.587.24
Standard double	502.587.28
Standard king-size	802.587.22

SPRUNG MATTRESSES

HÖVÅG pocket sprung mattress, dark grey.



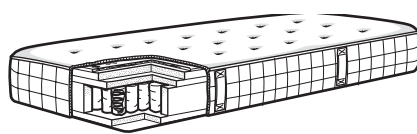
-  Extra comfort filling
-  Roll packed
-  Pocket spring
-  10 10-year guarantee

- You get support when and where you need it with individually wrapped pocket springs that work independently to closely follow your movements.
- The pocket springs are individually wrapped to insulate movements so you don't disturb your bed partner.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximise comfort.
- Designed to be used on one side only – no need to turn.
- Roll packed – easy to take home today.
- Thickness: 24 cm

	Firm
Standard single	802.587.60
Standard double	202.587.63
Standard king-size	202.587.58
Super King-size	602.587.58
90x200 cm	502.443.50
120x190 cm	004.544.54
140x200 cm	002.443.38
160x200 cm	502.443.45

	Medium firm
Standard single	002.587.59
Standard double	602.587.61
Standard king-size	402.587.57
Super King-size	802.587.55
90x200 cm	002.445.26
120x190 cm	104.135.90
140x200 cm	802.445.13
160x200 cm	702.445.18

HYLLESTAD pocket sprung mattress, white.



-  Extra comfort filling
-  Memory foam
-  Pocket springs
-  10 10-year guarantee

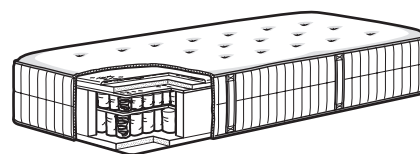
 Latex

- Relax more fully with a sleeping surface of memory foam (Firm) or latex (Medium firm) that conforms to your body to relieve pressure.
- You get support when and where you need it with individually wrapped pocket springs that work independently to closely follow your movements.
- The pocket springs are individually wrapped to insulate movements so you don't disturb your bed partner.
- A generous layer of soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximise comfort.
- Designed to be used on one side only – no need to turn.
- Thickness: 27 cm

	Firm
Standard single	604.257.98
Standard double	504.257.94
Standard king-size	004.257.96
Super King-size	804.258.01

	Medium firm
Standard single	404.257.99
Standard double	204.257.95
Standard king-size	804.257.97
Super King-size	604.258.02

HOKKÅSEN pocket sprung mattress, white.



-  Extra comfort filling
-  Latex
-  Pocket springs
-  Memory foam
-  Mini pocket springs
-  10 10-year guarantee

- Relax more fully with a sleeping surface of memory foam (Firm) or latex (Medium firm) that conforms to your body to relieve pressure.
- A soft layer of mini pocket springs contours to the natural curves of the body to create an enhanced comfort.
- You get support in the right places with the help of individually wrapped pocket springs that work independently and closely follow your body.
- The pocket springs are individually wrapped to insulate movements so you don't disturb your bed partner.
- Generous soft fillings adds support and comfort.
- Stretch fabric on topside of the mattress moves with you to maximize comfort.
- Designed to be used on one side only – no need to turn.
- Thickness: 31 cm

	Firm
Standard double	604.258.83
Standard king-size	104.258.85
Super King-size	704.258.87

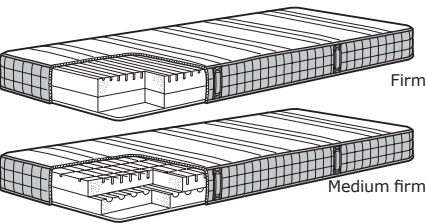
	Medium firm
Standard double	404.258.84
Standard king-size	904.258.86
Super King-size	504.258.88

FOAM MATTRESSES

Soft and resilient, foam mattresses provide support by moulding to the shape of your body and distributing your weight evenly. Because there's no extra pressure on any part of your body, they facilitates blood circulation and help

you fully relax. Foam mattresses also absorb the shock of movement, making them a great choice if you have a partner that tosses and turns at night. Their flexibility makes them a great fit for adjustable slatted bed bases.

MORGEDAL foam mattress, dark grey.



**Extra comfort filling**

**Roll packed**

**Comfort zones**

**Wash 60 degrees**

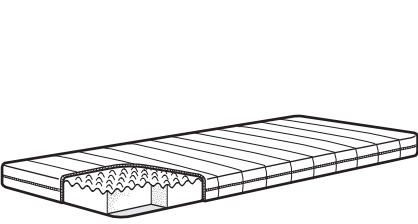
**High resilience foam**

**10 10-year guarantee**

- High resilience foam gives support for each part of your body by closely following your movements.
- A generous layer of soft filling that adds support and comfort.
- 5 comfort zones give very precise support and relieve pressure on your shoulders and hips.
- Easy to keep clean since you can wash the cover by machine.
- Easy to bring home since the mattress is roll packed.
- Thickness: 18 cm

	Firm
Standard single	202.837.91
Standard double	802.837.88
Standard king-size	602.837.89
140×200 cm	002.837.87
160×200 cm	402.837.90

MOSHULT foam mattress, white.



**Foam**

**Wash 60 degrees**

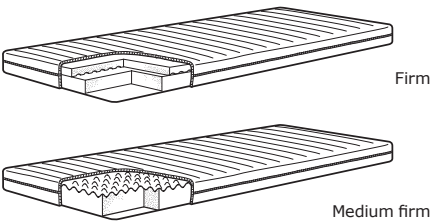
**Roll packed**

**10 10-year guarantee**

- Get all-over support and comfort with a resilient foam mattress
- The 90×200 size and standard single is approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to keep clean since you can wash the cover by machine.
- Easy to bring home since the mattress is roll packed.
- Thickness: 10 cm

	Firm
90×200 cm	902.723.41
Standard Double	002.783.09
Standard Single	202.783.08

MALFORS foam mattress, white.



**Foam**

**Wash 60 degrees**

**Roll packed**

**10 10-year guarantee**

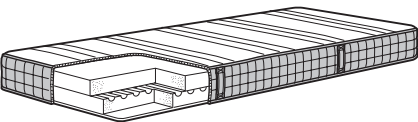
- Get all-over support and comfort with a resilient foam mattress
- The 90×200 size and standard single is approved for children. It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to bring home since the mattress is roll packed.
- Easy to keep clean since you can wash the cover by machine.
- Thickness: 12 cm

	Firm
Standard single	202.774.22
Standard double	002.774.23
90×200 cm	802.723.13

	Medium firm
Standard single	102.774.27
Standard double	302.774.26
90×200 cm	002.722.89
140×200 cm	302.722.78

FOAM MATTRESSES

MORGEDAL memory foam mattress, dark grey.



Extra comfort filling



Wash 60 degrees



Roll packed



10-year guarantee



Memory foam

- A layer of memory foam moulds to the contours of your body, relieves pressure and helps you to relax.
- A generous layer of soft filling that adds support and comfort.
- Easy to keep clean since you can wash the cover by machine.
- Easy to bring home since the mattress is roll packed.
- Thickness: 18 cm

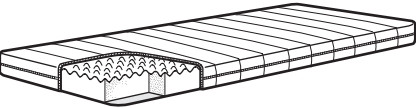


Medium firm

Standard single	502.837.99
Standard double	902.837.97
Standard king-size	102.837.96
140×200 cm	602.837.94
160×200 cm	302.837.95

MATTRESSES FOR DAYBEDS

MOSHULT foam mattress,
white.



Foam



Roll
packed



Wash
60 degrees



10-year
guarantee

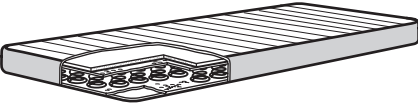
- Get all-over support and comfort with a resilient foam mattress
- Easy to keep clean since you can wash the cover by machine.
- Easy to bring home since the mattress is roll packed.
- Thickness: 10 cm



Firm

80x200 cm 702.723.37

HUSVIKA sprung mattress.



Extra comfort
filling



Bonnell
springs



Roll
packed



10-year
guarantee

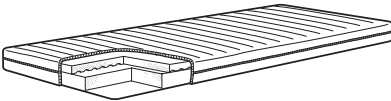
- Bonnell springs provide all-over support to ensure a restful night's sleep.
- Stretch fabric on topside of the mattress moves with you to maximise comfort.
- It has a child-proof zipper without a pull mechanism, which eliminates small parts and prevents children from opening it.
- Easy to bring home since the mattress is roll packed.
- Thickness: 12,5 cm



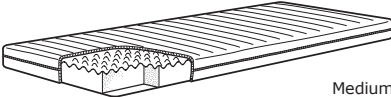
Firm

80x200 cm 603.237.71

MALFORS foam mattress,
white.



Firm



Medium firm



Foam



Roll
packed



Wash
60 degrees



10-year
guarantee

- Get all-over support and comfort with a resilient foam mattress
- Easy to bring home since the mattress is roll packed.
- Easy to keep clean since you can wash the cover by machine.
- Thickness: 12 cm



Firm

80x200 cm 602.723.09



Medium firm

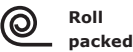
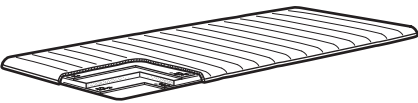
80x200 cm 602.722.86

MATTRESS PADS

A mattress pad lies on top of your mattress to provide even more comfort. They keep your mattress from getting dusty and dirty and will help the mattress last longer. And be-

cause they're easy to remove for airing and cleaning, you can keep your bed feeling fresh.

TALGJE mattress pad, white.



Roll
packed

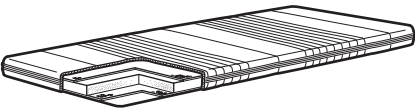


Wash
60 degrees

- Foam filling provides a soft sleep surface.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to keep clean since you can remove the cover and wash it by machine.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 3.5 cm.

Standard single	802.982.52
Standard double	602.982.53
Standard King	402.982.54
120x190cm	304.135.89

TUSSÖY mattress pad, white.



Memory
foam

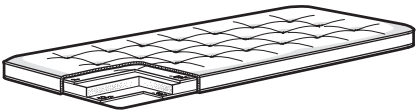


Wash
60 degrees

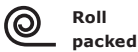
- Filled with memory foam that moulds to your body, enables you to relax more fully and gives a firmer sleep surface.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to keep clean since you can remove the cover and wash it by machine.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 8 cm.

Standard single	902.981.76
Standard double	702.981.77
Standard King	802.981.53
Standard Super King	602.981.54
90x200cm	402.981.50
140x200cm	802.981.48
160x200cm	602.981.49

TUSTNA mattress pad, white.



Latex



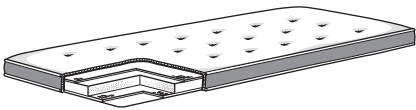
Roll
packed

- Latex and wool filling with high pressure relieving capacity enables you to relax more fully and gives a softer sleep surface.
- Stretch fabric on topside of the mattress pad moves with you to maximize comfort.
- Easy to bring home since the mattress pad is roll packed.
- Thickness: 7 cm.

Standard Single	002.982.27
Standard Double	802.982.28
Standard King-Size	602.982.29
Standard Super King-Size	402.982.30

MATTRESS PADS

TISTEDAL mattress pad, natural.



Natural
materials



Latex



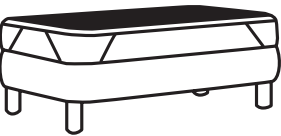
Roll
packed

- Natural latex filling with high pressure relieving capacity enables you to relax more fully and gives a softer sleep surface
- All natural materials wicks away moisture and gives a very pleasant sleep environment with an even temperature.
- Stretch fabric on topside moves with you to maximize comfort.
- The textiles closest to your skin are made of 100% cotton from sustainable sources.
- The distinctive texture on the sides comes from the natural, non-coloured and non-bleached linen that creates subtle variations in the surface.
- Easy to bring home since it is roll packed.
- Thickness: 6 cm

Standard Single	403.733.09
Standard Double	803.733.07
Standard King-size	603.733.08
Standard Super King-size	203.733.10

MATTRESS PROTECTORS

ÄNGSKORN mattress protector.



Care instructions



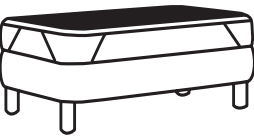
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- Elastic ribbon in each corner to keep the mattress protector in place.
- A good choice if you are allergic to dust mites since the protector is machine-washable at 60°C, a temperature that kills dust mites.

Material

Filling: 50% lyocell, 50% polyester
Outer fabric: 55% lyocell, 45% cotton

Standard Single	604.620.12
Standard Double	904.620.06
Standard King-size	804.620.06
80x200 cm	403.715.17

ROSENVIAL mattress protector.



Care instructions



- A temperature-regulating lining reacts to your body temperature and keeps you comfortable during sleep.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- Elastic ribbon in each corner to keep the mattress protector in place.
- A good choice if you are allergic to dust mites since the protector is machine-washable at 60°C, a temperature that kills dust mites.

Material

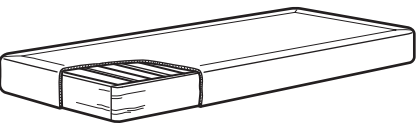
Filling: 50% lyocell, 50% polyester
Fabric: 55% lyocell, 45% cotton
Lining: Temperature-regulating non-woven polyester

Standard Single	504.622.96
Standard Double	804.622.85
Standard King-Size	804.622.90
Standard Super King-Size	304.622.97

MATTRESS BASES

Mattresses bases help your mattress last longer and stay comfortable by absorbing most of the stress and weight placed on your bed.

ESPEVÄR mattress base, dark grey and natural.



10 10-year guarantee

- 14 slats of layer-glued birch adjust to your body weight and increase the suppleness of the mattress.
- Easy to take home, as the mattress base comes in a flat-pack.
- Easy to get in and out of bed because the mattress base makes the bed higher.
- Gives your bed set a colour coordinated look together with our sprung or foam mattresses.
- Easy to keep clean since you can remove the cover and wash it by machine.
- Thickness: 20 cm

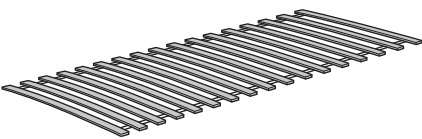
Dark grey	
Standard Single	091.566.24
Standard Double	191.566.09
Standard King-size	891.566.20
Standard Super King-Size	191.566.28
Natural	
Standard Single	792.346.09
Standard Double	192.346.07
Standard King-size	992.346.08
Standard Super King-Size	592.346.10

SLATTED BED BASES

Combined with a bed frame, slatted bed-bases can be used as a base for spring, foam mattresses. They help your mattress last longer and stay comfortable by absorbing most of the stress and weight placed on your bed. You can adjust

the slats in some bases to be more or less firm, and some can be adjusted at the foot and head, allowing you to sit up and read or watch television or keep your legs elevated.

LURÖY slatted bed base.

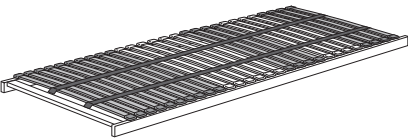


10 10-year guarantee

- Extend the life of your mattress and get extra support with 17 wooden slats in the bed base.

70×200 cm	501.602.08
80×200 cm	301.602.09
90×200 cm	901.602.11
Standard Single	702.787.25
Standard Double	502.787.26
Standard King-size	302.787.27

LÖNSET slatted bed base, fixed.



 **Comfort zones**

10 10-year guarantee

- 28 birch slats adjust to your body weight and increase the suppleness of the mattress.
- Comfort zones adjust to your body.

70×200 cm	702.787.06
80×200 cm	702.783.44
90×200 cm	902.783.43
Standard Single	002.787.19
Standard Double	202.787.18
Standard King-size	402.787.17

LEIRSUND slatted bed base, fixed.



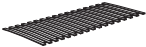
 **Comfort zones**

10 10-year guarantee

- 42 birch slats adjust to your body weight and increase the suppleness of the mattress.
- Comfort zones adjust to your body.
- 6 slats with adjustable firmness

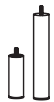
90×200 cm	002.783.33
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RECOMMENDED COMBINATIONS

	Flat slatted bed bases		
	 LURÖY	 LÖNSET	 LEIRSUND
Foam/latex mattresses			
JÖMNA	●		
MOSHULT	●		
MALFORS	●		
MALVIK		●	
MORGEDAL		●	
MATRAND			●
MYRBACKA			●
MAUSUND			●
Sprung mattresses			
HAFSLO	●		
HAMARVIK	●		
HÖVÅG	●		
HYLLESTAD	●		
HOKKÅSEN	●		
HIDRASUND	●		
HASVÅG	●		
HAUGESUND	●		
HAUGSVÄR	●		
HESSTUN	●		
HJELLESTAD	●		
HOLMSBU	●		

LEGS AND HEADBOARDS

Can be used with all mattress bases.



BJORLI leg, 10 cm, 4 pcs.

Stainless steel	702.996.95
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BJORLI leg, 20 cm, 4 pcs.

Stainless steel	002.996.94
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BRYNILEN leg, 10 cm, 4 pcs.

Oak	602.996.91
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BRYNILEN leg, 20 cm, 4 pcs.

Oak	402.996.92
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BÅTSFJORD leg, 10 cm, 4 pcs.

Birch	103.096.16
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BÅTSFJORD leg, 10 cm, 4 pcs.

Birch	102.996.98
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SULTAN supporting leg, 20–30 cm. Used on wooden base sprung mattresses from 140 cm and up, together with 20 cm legs.

Black	459.320.80
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BURFJORD leg, 10 cm, 4 pcs.

Oak	402.996.87
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BURFJORD leg, 20 cm, 4 pcs.

Oak	202.996.93
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HOW TO CHOOSE QUILTS, PILLOWS AND PILLOW PROTECTORS

Quilts, pillows and protectors are an important part of the complete sleep comfort. The pillow that feels best for you together with your favorite mattress is the base for a good night sleep. Adding on a pillow protector to protect your pillow, keep it fresh and prolong its life length is

easy to be done. A quilt in your preferred material and warmth rate is the last element which makes you feel comfy in bed, sleep well and wake up refreshed.

In order to find the right quilt or pillow for you, it is good to consider the following:

1. Feather or synthetic filling material?

We offer a wide choice of quilts and pillows in different material choices: Natural materials like down and feathers and synthetic materials like polyester, lyocell and memory foam. Considering which material is best for your comfort needs will help you to narrow down your choice considerably. Read more about the filling materials on the following pages.

2. Which quality?

We have quilts and pillows in different qualities to fit individual needs and budgets. These qualities are determined by the materials they are made of and the detail of workmanship. For sure, no matter your choice, they are all designed to give you the best possible comfort.

3. A 4 tog or a 7.5 tog quilt?

The quilt that is just right for you is determined by your sleeping preferences. Do you easily get warm in bed or do you rather need more warmth from your quilt? Do you share the quilt with someone? What's your bedroom's temperature? For children, it's best to choose a quilt that's 4 tog and rather light-weight, breathes well and is easy to wash, preferably quilts in synthetic material. You can find quilts for babies at Children's IKEA.

3. A softer or a firmer pillow?

We offer pillows in a softer and a firmer comfort. It is a good start to test your pillow together with your mattress in order to find the right one for you. Small children are most comfortable with softer pillows. For older children, it's best to choose a pillow according to their individual preferences. You can find pillows for babies at Children's IKEA. Adding on a pillow protector is an easy way to keep your pillow clean and fresh so it lasts longer.

QUILT AND PILLOW COMFORT SYMBOLS

The symbols below are used to show the features of our comfort products.



4 tog

Depicts 4 tog and thinner quilts with less filling for you who often feel warm.



7.5 tog

Depicts 7.5 tog quilts with more filling for you who feels neither too warm or too cold.



12 tog

Depicts extra thick and warm quilts with a generous amount of filling for you who often feels cold at night.



All seasons

Depicts 3 in 1 quilt: one 4 tog quilt and one 7.5 tog quilt which can be combined to make an 12 tog quilt for you who want to choose warmth depending on season.



High

Depicts pillows with more filling if you like to sleep on a firmer pillow.



Low

Depicts pillows with less filling if you like to sleep on a softer pillow.

HOW TO CARE FOR YOUR QUILTS AND PILLOWS

General advice for all materials

- Roll packed quilts and pillows which have been compressed for transport, may take a few days to regain their correct shape and fluffiness.
- Mites thrive in damp, warm and dark environments. Therefore, when you wake up in the morning, air your quilts and pillows well so remaining moisture can evaporate before putting them back on the bed.
- Moreover, you can wash all IKEA quilts and pillows at 60°C (apart from memory foam pillows, where only the cover can be washed), the temperature at which mites die. To keep your quilts and pillows free from mites and dirt, carefully follow the washing instructions.
- Air your quilts and pillows often so they will be free from dust and stay fresh and dry.
- You can prolong the life of your pillows with a pillow protector which protects them from stains and dirt, read more on page 22.

CARE INSTRUCTION SYMBOLS



Machine wash hot 60 degrees

The product is machine-washable at 60 degrees, the temperature that kills dust mites.



Tumble dry, normal temperature.



Do not iron.



Do not wash.



Tumble dry, low temperature.



Iron, medium temperature.



Do not bleach.



Do not tumble dry.



Do not dryclean.

ADDITIONAL ADVICE

NATURAL MATERIAL

- Down and feathers have a natural smell which will disappear once you have taken them out of the package and have aired them for some time.
- For down and feather quilts and pillows you should only use one third of the normal amount of detergent and wash them separately.
- After washing, dry your natural quilts and pillows in the tumble dryer without delay until the filling is completely dry. You can place some tennis balls in the dryer which will keep the filling moving and ensure more efficient drying. Like that your quilts and pillows will regain their fluffiness and dry more quickly. The balls should of course not shed colour.

Synthetic MATERIAL

- Synthetic quilts and pillows are very easy to care for and can be washed often. They also dry relatively quickly.

Memory foam

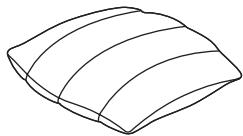
- The material may have a "factory smell" as a result of being sealed in airtight packaging. This will disappear once you open the package and leave the pillow to air before using it.
- Please consider that it may take some time to get used to this type of pillow, due to the unique properties of the material.
- A pillow with memory foam filling moulds to your head and neck. This helps your muscles relax and, consequently, you will move less and sleep better.
- The removable cover can be washed at 60°C. The filling is not washable; please follow the care instructions on the label.

SYNTHETIC PILLOWS

The filling materials used for synthetic pillows are polyester, lyocell and memory foam. Synthetic pillows are very easy to care for. They can be machine-washed often at 60° C (apart from memory foam pillows, where only the cover can be washed), which makes them a good choice for people with dust mite allergies. Moreover, they dry quickly after being washed. Some pillows have a microfiber filling

which is lightweight and ultra-soft like down. Some are made of memory foam which gives you extra support by moulding to the contours of your body. Some of our pillows contain lyocell, a cellulose fibre derived from wood pulp. In addition to sharing the same positive properties in the wash as polyester pillows, lyocell breathes well and absorbs moisture and draws it away.

GRÖNAMARANT pillows.



Care instructions



- The pillow has an inner core inside a soft padded cover that gives extra support and helps the body to relax.
- You get a dry and comfortable sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- The filling is held in place by the sewn channels in the cover, wash after wash.
- Easy-care pillow suitable if you are allergic to house dust mites as the cover can be machine-washed at 60°C, a temperature that kills mites.
- 252 thread count.

Material

Filling: 100% polyester
Fabric: 100% cotton



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 285 g

50x80 cm 904.604.36



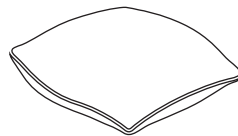
High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

Filling weight (50×80 cm) 440 g

50x80 cm 904.604.17

SKOGSFRÄKEN pillows.



Care instructions



- Easy-care pillow filled with polyester fibres which makes it soft, airy and comfortable to sleep on.
- A good choice if you are allergic to dust mites since the pillow is machine-washable at 60°C, a temperature that kills dust mites.
- 236 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 55% lyocell, 45% cotton
Fabric: 100 % polyester - hollow fibre (100% recycled)



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 695 g

50x80 cm 504.605.51



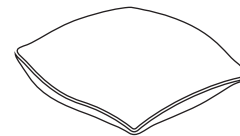
High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

Filling weight (50×80 cm) 970 g

50x80 cm 504.605.32

VILDKORN pillows.



Care instructions



- Outer fabric of polyester/cotton which is easy to care for because it dries quickly.
- A good choice if you are allergic to dust mites since the quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 186 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 100% polyester
Fabric: 65% polyester, 35% cotton



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 540 g

50x80 cm 904.605.92



High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

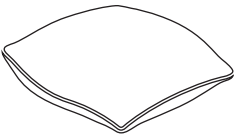
Filling weight (50×60 cm) 655 g

50x80 cm 904.605.73

65x65 cm 204.739.70

SYNTHETIC PILLOWS

LAPPTÅTEL pillows.



Care instructions



- Easy-care pillow with a brushed microfibre fabric for a soft feel.
- A good choice if you are allergic to dust mites since the quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 176 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 100% polyester
Fabric: 100% polyester



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.
Filling weight (50×80 cm) 540 g
50×80 cm 004.603.89



High

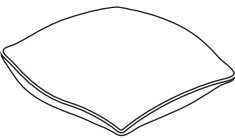
This pillow has more filling and is suitable if you like to sleep on a firmer pillow.
Filling weight (50×80 cm) 655 g
50×80 cm 404.603.73

NATURAL PILLOWS

Duck down and feathers are used in the filling of natural pillows. These fillings are soft and comfortable for your head. They breathe and are good at absorbing moisture. Down is soft, fluffy and light. Feathers are resilient and supportive. This means that the more down a pillows

contains, the softer and fluffier it is. These pillows can be washed at 60° C, but not as often as synthetic pillows. You can choose from softer and firmer pillows.

GULKAVLE pillows.



Care instructions



- Formable pillow that gives you good support thanks to the soft filling of down and feathers that also absorbs and transports moisture away.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The pillow is machine-washable at 60°C, a temperature that kills dust mites.
- 252 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 60% duck down, 40% duck feathers
Fabric: 100% cotton



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 725 g

50×80 cm 504.603.20



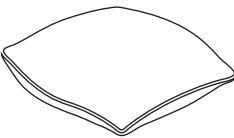
High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

Filling weight (50×80 cm) 940 g

50×80 cm 504.603.01

LUNDTRAV pillows.



Care instructions



- Formable pillow that gives you good support thanks to the large proportion of feathers in the filling which also absorbs and transports moisture away.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The pillow is machine-washable at 60°C, a temperature that kills dust mites.
- 252 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 90% duck feathers, 10% duck down
Fabric: 65% cotton 35% modacrylic



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 950 g

50×80 cm 704.602.82



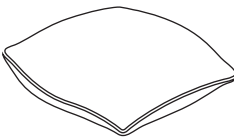
High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

Filling weight (50×80 cm) 1100 g

50×80 cm 604.602.87

BERVEN pillows.



Care instructions



- Formable pillow that gives you good support thanks to the large proportion of feathers in the filling which also absorbs and transports moisture away.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The pillow is machine-washable at 60°C, a temperature that kills dust mites.
- 252 thread count.
- May be completed with a pillow protector which protects the pillow from stains and dirt.

Material

Filling: 90% duck feathers, 10% duck down
Fabric: 65% cotton 35% modacrylic



Low

This pillow has less filling and is suitable if you like to sleep on a softer pillow.

Filling weight (50×80 cm) 950 g

50×80 cm 704.602.39



High

This pillow has more filling and is suitable if you like to sleep on a firmer pillow.

Filling weight (50×80 cm) 1100 g

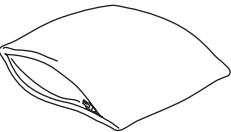
50×80 cm 904.602.19

PILLOW PROTECTORS

Adding a pillow protector helps you to keep your pillow fresh and clean. It also prolongs the life length of your pillow as you rather wash the protector frequently instead of the pillow. Pillow protectors are easy to remove and put

back on again and take up less space in the washing machine. There are different qualities of protectors available to suit your comfort needs and budget.

ROSENVIAL pillow protector.



Care instructions



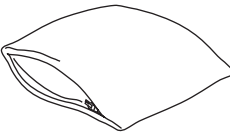
- You can prolong the life of your pillow with a pillow protector against stains and dirt.
- A temperature-regulating lining reacts to your body temperature and keeps you comfortable during sleep.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- A good choice if you are allergic to dust mites since the protector is machine-washable at 60°C, a temperature that kills dust mites.

Material

Filling: 100% polyester
Back fabric: 65% polyester, 35% cotton
Lining: Temperature-regulating non-woven polypropylene

50x80 cm 304.628.05

ÄNGSKORN pillow protector.



Care instructions



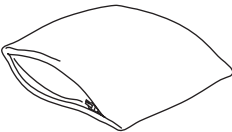
- You can prolong the life of your pillow with a pillow protector against stains and dirt.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- A good choice if you are allergic to dust mites since the protector is machine-washable at 60°C, a temperature that kills dust mites.

Material

Filling: 50% lyocell, 50% polyester
Outer fabric: 55% lyocell, 45% cotton

50x80 cm 804.620.25

LUDDROS pillow protector.



Care instructions



- You can prolong the life of your pillow with a pillow protector against stains and dirt.
- A good choice if you are allergic to dust mites since the protector is machine-washable at 60°C, a temperature that kills dust mites.

Material

Filling: 100% polyester
Fabric: 52% polyester, 48% cotton
Lining: 100% polypropylene

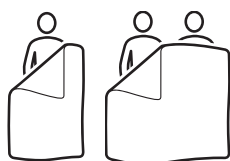
50x80 cm 704.616.82

SYNTHETIC QUILTS

The filling material used for synthetic quilts are polyester and lyocell fibres. Synthetic quilts are very easy to care for. They can be machine-washed often at 60° C, which makes them a good choice for people with dust mite allergies. Moreover, they dry quickly after being washed. Some quilts have a microfiber filling which is light-weight and ultra-soft like down. Some contain lyocell, a cellulose fibre derived

from wood pulp. Lyocell breathes extremely well and is excellent at absorbing and drawing moisture away - in addition to sharing the same positive properties in the wash as polyester fibres. You can choose from 4 tog and 7.5 tog quilts. An 12 tog quilt is available during colder months.

STRANDMOLKE quilts.



Care instructions



- Lightweight, ultra-soft quilt with a microfibre filling that feels like down.
- The outer fabric in sateenwoven cotton has a pronounced lustre and is soft against your skin.
- Easy-care, since it can be washed often and dries quickly.
- A good choice if you are allergic to dust mites since the quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 336 thread count.

Material

Filling: 100% polyester microfibre (100% made of recycled fibres)

Fabric: 100% cotton sateen



7.5 tog

If you don't feel too warm or too cold when you sleep, this quilt with more filling is a good choice.

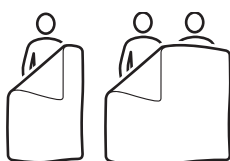
Filling weight (150×200 cm) 720 g

Standard Single	704.591.89
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Standard Double	104.591.87
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Standard King-Size	904.591.88
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STJÄRNBRÄCKA quilts.



Care instructions



- An easy-care quilt that keeps you dry and comfy all night thanks to the combination of moisture-absorbing lyocell and soft, fluffy polyester in the filling.
- You get a dry and evenly tempered sleeping environment since the lyocell/cotton cover breathes well, which helps air to circulate and moisture to evaporate.
- A good choice if you are allergic to dust mites since the quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 236 thread count.

Material

Filling: 50% lyocell, 50% polyester

Fabric: 55% lyocell, 45% cotton



7.5 tog

If you don't feel too warm or too cold when you sleep, this quilt with more filling is a good choice.

Filling weight (150×200 cm) 960 g

Standard Single	804.581.08
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Standard Double	204.581.06
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Standard King-Size	004.581.07
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12 tog

If you often feel cold and need 12 togth, this warm, ultra thick quilt with a generous amount of filling is a good choice. Sewn-in intermediate walls trap air for a 7.5 tog quilt and sleep comfort.

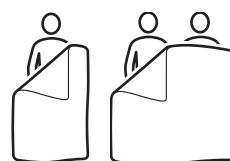
Filling weight (150×200 cm) 1500 g

Standard Single	804.586.55
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Standard Double	304.586.53
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Standard King-Size	104.586.54
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SMÅSPORRE quilts.



Care instructions



- Outer fabric of polyester/cotton which is easy to care for because it dries quickly.
- A good choice if you are allergic to dust mites since the quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 186 thread count.

Material

Filling: 100% polyester

Fabric: 65% polyester, 35% cotton



4 tog

If you often feel warm, this 4 tog and thinner quilt with less filling is a good choice.

Filling weight (150×200 cm) 450 g

Standard Single	304.570.26
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Standard Double	804.570.24
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Standard King-Size	504.570.25
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7.5 tog

If you don't feel too warm or too cold when you sleep, this quilt with more filling is a good choice.

Filling weight (150×200 cm) 840 g

Standard Single	304.579.98
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Standard Double	704.579.96
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Standard King-Size	504.579.97
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12 tog

If you often feel cold and need 12 togth, this warm, ultra thick quilt with a generous amount of filling is a good choice. Sewn-in intermediate walls trap air for a 7.5 tog quilt and sleep comfort.

Filling weight (150×200 cm) 1500 g

Standard Single	004.584.47
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Standard Double	404.584.45
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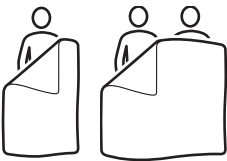
Standard King-Size	204.584.46
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FEATHER QUILTS

Duck down and feathers are used in the filling of natural quilts. These fillings are natural insulators. They breathe and are good at absorbing moisture. Down is soft, fluffy and light. Feathers are resilient and heavier. This means that the more down a quilt contains, the softer and more

lightweight it is. Feather quilts can be washed at 60° C, but not as often as synthetic quilts. You can choose from 4 tog and 7.5 tog quilts. An 12 tog quilt is available during colder months.

FJÄLLBRÄCKA quilts.



Care instructions



- Keeps you dry and comfortable all night because the soft, warmth-insulating filling of down and feathers absorbs and transports moisture away.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The warmth is distributed evenly, with no cold spots, because the quilt is sewn in boxes to keep the filling in place.
- The quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 252 thread count.

Material

Filling: 60% duck down/40% duck feathers
Fabric: 100% cotton

7.5 tog

If you don't feel too warm or too cold when you sleep, this quilt with more filling is a good choice. Sewn-in intermediate walls trap air for a 7.5 tog quilt and sleep comfort.

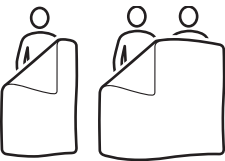
Filling weight (150×200 cm)	520 g
Standard Single	304.585.49
Standard Double	704.585.47
Standard King-Size	504.585.48

12 tog

If you often feel cold and need 12 togth, this warm, ultra thick quilt with a generous amount of filling is a good choice. Sewn-in intermediate walls trap air for a 7.5 tog quilt and sleep comfort.

Filling weight (150×200 cm)	865 g
Standard Single	404.587.18
Standard Double	804.587.16
Standard King-Size	604.587.17

FJÄLLARNIKA quilts.



Care instructions



- Filling with a large proportion of feathers transports moisture away and keeps you dry all night.
- You get a dry and evenly tempered sleeping environment since both the filling and the cotton cover breathe well, which helps air to circulate.
- The warmth is distributed evenly, with no cold spots, because the quilt is sewn in boxes to keep the filling in place.
- The quilt is machine-washable at 60°C, a temperature that kills dust mites.
- 252 thread count.

Material

Filling: 90% duck feathers/ 10% duck down
Fabric: 100% cottona

4 tog

If you often feel warm, this 4 tog and thinner quilt with less filling is a good choice.

Filling weight (150×200 cm)	515 g
Standard Single	804.574.77
Standard Double	204.574.75
Standard King-Size	004.574.76

7.5 tog

If you don't feel too warm or too cold when you sleep, this quilt with more filling is a good choice.

Filling weight (150×200 cm)	970 g
Standard Single	504.590.67
Standard Double	204.590.64
Standard King-Size	704.590.66

12 tog

If you often feel cold and need 12 togth, this warm, ultra thick quilt with a generous amount of filling is a good choice. Sewn-in intermediate walls trap air for a 7.5 tog quilt and sleep comfort.

Filling weight (150×200 cm)	1440g
Standard Single	304.593.08
Standard Double	704.593.06
Standard King-Size	504.593.07

RELAX, WE CAN HELP

Just because you can do everything yourself, doesn't mean you have to. Let us help you get a good night's sleep without any extra worrying with our service offers like picking, home delivery, financing and more.



Picking with delivery

We collect the items on your shopping list and deliver them to your home or business.



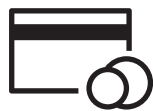
Delivery

We can deliver your furniture direct to your home or business. We don't just stop at your front door – we take it to whatever room you want. You choose the date and time.



Removal and recycling

When we deliver your new mattress or sofa we're happy to take the old one away. It makes life a lot easier when you're replacing a big piece of furniture. If the item we remove can't be reused, we recycle it – making sure it has the minimum possible impact on the environment.



Finance options

You don't have to pay for everything at once. Choose from our wide range of flexible payment options.



90 day mattress return

It takes time for you and your new mattress to get used to each other. That's why we give you 90 days to be sure you're compatible bedfellows.

Read more on [IKEA.co.uk/service](https://www.ikea.co.uk/service)

