Home, office and gaming chairs

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Some workchairs have a 10 year limited warranty. Read more in the warranty brochure.

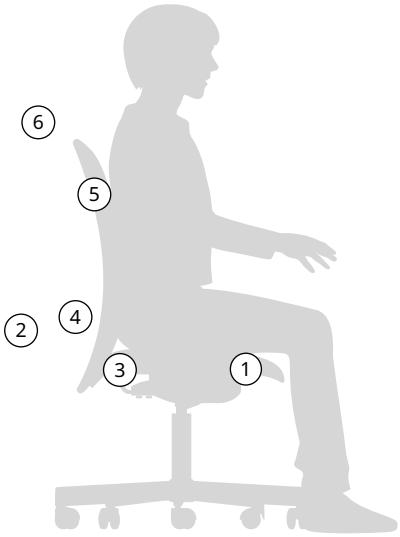


Sit perfectly for your activities
A great sitting position helps you feel more creative, energetic and efficient. Start with who you are and how you'll use the chair. If you work from home for shorter periods, basic adjustable functions may be enough. For full-time work in the office, you'll need additional settings and more support for your arms and head. Love to game? Choose a gaming chair that helps you perform at your best. And for the younger ones, we have chairs adapted for drawing and doing homework.

This is a reference guide created to better assist customers when purchasing products. While a high level of accuracy has been sought in its preparation, we cannot guarantee that there are no errors or omissions, nor will we be bound by them. Availability may vary by store. Please see an IKEA co-worker or visit IKEA.ca for more information.

Good to know

The human body is made to move, so ideally, your workspace should give you the choice of sitting, standing or leaning, allowing you to change positions often.



Sitting

1. You should be able to stretch your legs under the table and turn 90° to the left and right. The hips and knees should be at an angle of approx. 95-100° with your feet flat on the floor. If you share the chair with other people, the height adjustable seat allows all of you to sit comfortably.
2. It doesn't matter if you're short or tall. With an adjustable seat depth or a height adjustable backrest you can try different depths and heights and get exactly the support your legs and back need.
3. A chair with tilt function makes it easy to change sitting position, regardless of whether the tilt function is in the seat or the backrest – or in both places.
4. The lumbar region is where we usually feel the first onset of tiredness. A chair with built-in lumbar support relieves pressure on your back.
5. Armrests reduce strain on arms and shoulders. Adjustable armrests reduce strain even more – regardless of how tall or short you are. Make sure that the armrests don't prevent the chair from being drawn close to the desk, and that they don't restrict your movements.
6. If you've been sitting at your desk for some time, it may feel nice to lean back and change your position for a moment. With a headrest on your chair, your head and neck also get some well-deserved relaxation.

Leaning

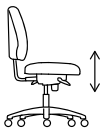
A standing support enables a position between sitting and standing, and it's ideal when you have a height adjustable desk.

- Provides freedom of movement for your upper and lower body.
- Activates and strengthens your body's core muscles.
- Gives you an open posture which improves your circulation and metabolic rate.

Standing

Don't forget to stand up as well. Alternating between sitting and standing is good for you circulation and productivity. Check out our height adjustable desks since they're ideal for alternating between sitting, leaning and standing.

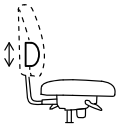
Good to know



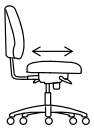
Height-adjustable seat; for a comfortable sitting posture regardless of body height.



Height-adjustable backrest; provides support in all the right places and helps your body to maintain a naturally good posture.



Adjustable lumbar support; helps maintain the correct posture while sitting which reduces strain on muscles on your lower back.



Adjustable seat depth; easy to adapt for increased support to your thighs and back.



Adjustable headrest depth; adjust the depth position of the headrest to fit your needs, reducing strain on the neck and shoulders.



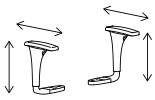
Adjustable tilting neck support; adjusting the headrest angle for optimal support and comfort reduces neck muscle strain and prevents discomfort during prolonged sitting.



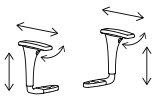
Adjustable headrest height; allows for proper alignment of the head and neck, reducing the risk of discomfort from prolonged sitting.



Armrests; provide support for the upper part of your forearms and reduce strain on the back and shoulders.



2D adjustable armrests; height and width adjustable armrests enable a relaxed position for arms and shoulders and reduce the risk of tension.



3D adjustable armrests; height, width, and depth adjustable armrest helps you find the most comfortable and supportive position for the arms and shoulders, leading to improved posture and reduced fatigue.



Manual tilt tension; allows you to adjust the resistance to suit your movements and weight.



Automatic tilt tension; your body weight determines how much resistance the backrest offers.



Synchronized tilt mechanism; allows the chair to move with you. The backrest moves more than the seat when you lean back, so torso/hips open up. This improves circulation and keeps energy levels up.



Tilt lock; allows you to lock the tilt in the upright, the lowest position and different positions in-between.

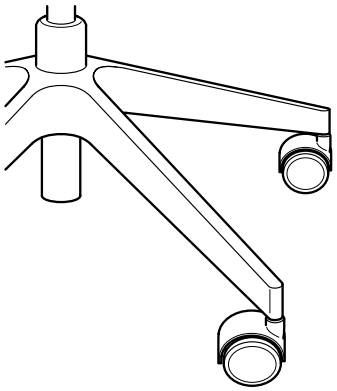


Removable washable cover, seat; easy to keep clean and fresh, as you can take it off and machine-wash it.



Removable washable cover; backrest and seat. The cover is easy to keep clean and fresh, as you can take it off and machine-wash it.

Safety casters



Chairs should stay where you leave them and not roll away on their own. That's why we put safety casters on our chairs. The casters have a built-in pressure-sensitive brake mechanism so that they roll freely and easily when you sit on the chair – and brake when you stand up. Note that even though the casters don't roll when braked, they can still slide on the floor if the chair is pushed.

All parts

Office chairs



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FLINTAN swivel chair. Seat W46×D49 cm (18⅛×19¼"). Tested for 110 kg (243 lb). Height adjustable 45-58 cm (17¾-22⅞"). Self adjusting tilt tension. The cover is removable and machine washable. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Black	904.890.29
Beige	004.922.05





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MARKUS medium swivel chair. Seat W53×D47 cm (20⅞×18½").Tested for 110 kg (243 lb). Height adjustable 46-57 cm (18⅛-22½"). This chair is tested and approved for office use. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle dark gray	902.891.72
Vissle light gray	305.218.62





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MARKUS large swivel chair. Seat W57×D49 cm (22½×19¼"). Tested for 125 kg (276 lb). Height adjustable 47-58 cm (18½-22⅞"). This chair is tested and approved for office use. Rubber-coated casters; run smoothly on any type of floor. Design: Henrik Preutz.

Vissle dark gray	505.888.04





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JÄRVFJÄLLET swivel chair with height adjustable armrests. Seat W52×D46 cm (20½×18⅛"). Tested for 110 kg (243 lb). Height adjustable 45–56 cm (17¾-22"). The mesh material of the backrest lets air through to your back during long sitting periods. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain.

Glose black	605.106.40
Grann white	705.218.55





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HATTEFJÄLL swivel chair with height and width adjustable armrests. Seat W50×D40 cm (19⅝×15¾"). Tested for 110 kg (243 lb). Height adjustable 41-52 cm (18⅛-22"). An ergonomic office chair with gently curved lines. You can adjust the lumbar support and seat depth according to your body. Armrests can be adjusted upwards/downwards and forwards/backwards. The adjustable armrests can help take the load off your shoulders and neck to reduce tension, strain and pain.

Gunnared beige/white	005.389.58
Gunnared dark gray/black	205.389.76
Gunnared medium gray/white	005.389.63





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GRÖNFJÄLL office chair with armrests. Seat W52×D46 cm (21½×18⅛"). Tested for 125kg (276 lb). Height adjustable 46-57 cm (18⅛×22½"). Stay cool, supported, and in control all day with a sleek ergonomic chair featuring breathable, stain-resistant fabric, fully adjustable lumbar and 3D armrests, synchronized tilt with lock, and customizable seat depth and height for ultimate comfort and posture.

Letafors gray/black	005.034.78





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GRÖNFJÄLL headreast.

Letafors gray/black	205.034.82



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GRÖNFJÄLL office chair with arm/headrest. Seat W52xD46 cm (21½×18⅛"). Tested for 125kg (276 lb). Height adjustable 46-57 cm (18⅛×22½"). Stay cool, supported, and in control all day with a sleek ergonomic chair featuring breathable, stain-resistant fabric, fully adjustable lumbar and 3D armrests, synchronized tilt with lock, and customizable seat depth and height for ultimate comfort and posture.

Letafors gray/black	695.139.17





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ALEFJÄLL swivel chair. Seat W51×D42 cm (20⅛×16½"). Tested for 110 kg (243 lb). Height adjustable 45-56 cm (17¾-22"). The genuine grain leather is a treat in terms of softness and comfort – also both seat and back are tilt- and height-adjustable to give you maximum support. Guaranteed to outlast years of ups and downs.

Glose black	103.674.61
Grann golden brown	704.199.85





10

CENTERHALV swivel chair. Seat W51×D47 cm (20⅛×18½"). Tested for 125 kg (276 lb). Height ajustable. 46-56 cm (18½×22"). Comfy, lightweight and easy to move around. The shape of the armrests adds to the comfort and the brake mechanism of the castors keeps the chair in place when you stand up – and releases when you sit down.

Black	106.011.24



All parts

Office chairs



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SMÖRKULL office chair with armrests. Seat W48×D49 cm (19¼×18⅞"). Tested for 125 kg (276 lb). Height adjustable 44-56 cm (17 3/8x22"). Automatic tilt tension, synchronized tilt mechanism and tilt lock. Heightadjustable armrests. The cover for seat and backrest is removable and machine washable. Rubber-coated casters; run smoothly on any type of floor. Design: Sarah Fager.

Gunnared dark gray	504.457.87

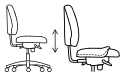




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LIDKULLEN active sit/stand support. Seat diameter Ø38 cm (15"). Tested for 110 kg (243 lb). Height adjustable 59-81 cm (23¼–31⅞"). Gives you an active sitting position thanks to tilting mechanism of the seat. It is ideal when you have a height adjustable desk.

Gunnared dark gray	504.457.87



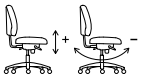
Conference chairs



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LÅNGFJÄLL conference chair, 5 legs with casters. Seat W53×D41 cm (20⅞×16⅛"). Tested for 110 kg (243 lb). Seat height adjustable 43-53 cm (16⅞-20⅞"). A comfortable conference chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	291.775.69
Gunnared beige/white	592.523.69
Gunnared dark gray/black	591.775.77
Gunnared dark gray/white	792.523.87
Gunnared green-gray/black	695.060.59
Gunnared green-gray/white	595.060.69
Gunnared red-orange/black	895.060.63
Gunnared red-orange/white	295.060.75

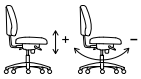




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LÅNGFJÄLL conference chair with high back, 5 legs with casters. Seat W53×D41 cm (20⅞×16⅛"). Tested for 110 kg (243 lb). Seat height adjustable 43-53 cm (16⅞-20⅞"). A comfortable conference chair with lightly curved lines, attention to the sewn details and an easy-to-use mechanism hidden under the seat to highlight the design.

Gunnared beige/black	091.776.31
Gunnared beige/white	492.524.83
Gunnared dark gray/black	391.776.44
Gunnared dark gray/white	792.525.18





LÅNGFJÄLL pair of armrests. Relieves the pressure on arms and shoulders. Fits LÅNGFJÄLL swivel chairs.

Black	503.205.65
White	703.205.69



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FJÄLLBERGET conference chair. Seat W42×D40 cm (16½×15¾"). Tested for 110 kg (243 lb). Height adjustable 43-56 cm (16⅞-22"). The curved bent wood back and armrests are both comfortable and stylish.

White stained oak veneer/	
Gunnared dark gray	404.877.68
Black stained oak veneer/	
Gunnared light beige	404.062.77





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LÄKTARE conference chair. Conference chair with clean Scandi-design in natural, light birch veneer. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. 10-year guarantee.

Birch veneer/white	095.031.91





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LÄKTARE conference chair with chair cover. Comfy, elegant and easy-to-place conference chair. It's sturdy yet lightweight and stackable to save space but can also be hung on the table for easy cleaning. Removable/washable cover.

Beige/white	195.032.75
Light green/white	895.032.48
Medium gray/white	895.032.53



LÄKTARE chair cover. LÄKTARE chair covers are soft and comfy, made from 90% recycled polyester. Available in several colours for an easy match with the other furniture in the room. Chair covers have a simple and elegant expression that is easy to place in any conference room. Keep a few extra covers at hand for quick and easy updates when needed. This cover is made of dope-dyed GUNNARED fabric in polyester. It is a durable fabric with a wool-like feel, a warm look and a two-toned melange effect.

Gunnared light beige	105.280.01
Gunnared light green	705.279.99
Gunnared medium gray	305.280.00

All parts

Home chairs



SMÄLLEN swivel chair. Seat W40×D39 cm (15¾×15⅜"). Tested for 110 kg (243 lb). Spin the seat upwards or downwards to adjust the seat height of the chair.

Black	005.034.35





LOBERGET/MALSKÄR swivel chair. Seat W44×D43 cm (17⅜×16⅞"). Tested for 110 kg (243 lb). Height adjustable 45-57 cm (17¾-22½"). These casters are designed for soft floors.

White/White	194.454.69





ELDBERGET/MALSKÄR swivel chair. Seat W44×D43 cm (17⅜×16⅞"). Tested for 110 kg (243 lb). Height adjustable 45-55 cm (17¾-21⅝"). Lower back support, adjustable height and sturdy casters – this desk chair really has it all. Use it at the desk, roll it to the dining table and add PYNTEN seat pad for extra soft and comfortable sitting.

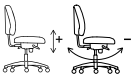
Dark gray/black	593.318.47





RENBERGET swivel chair. Seat W48×D43 cm (18⅞×16⅞"). Tested for 125 kg (276 lb). Height ajustable. 44-55 cm (17⅜×21⅝"). Enjoy sleek leather-like comfort with a durable, easy-care finish, supportive armrests, adjustable tilt tension, and height customization—designed for effortless style and all-day ergonomic support.

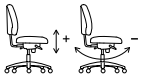
Bomstad black	406.110.94





MILLBERGET swivel chair. Seat W52×D45 cm (20½×17¾"). Tested for 110 kg (243 lb). Height adjustable. Adjustable tilt tension allows you to adjust the resistance to suit your movements and weight. Padded armrests offer comfortable support for your arms while working at the desk. To adjust the tilt tension, turn the knob under the seat to increase or decrease the resistance.

Murum black	004.893.97
Murum beige	904.893.93





STIGBYGEL swivel chair with armrests. Seat W65×D70 (25⅝×27½")Tested for 110 kg (243 lb). A swivel chair with armrests made of handwoven paper twine, a living material that makes each one unique.

Beige/white	505.564.31





BRYTNING swivel chair. The high backrest and the curved shape of the chair, provide good lower back support and prevent your back from getting tired. You sit comfortably, longer and with a relaxed posture.

Naggen beige	706.118.46
Naggen dark gray	506.441.69





LOBERGET/SIBBEN children's desk chair.

White	593.376.70



All parts

Gaming chairs



UTKLASSNING gaming chair. Enhance your gaming experience! A chair with lots of ergonomic features and details that provide great comfort – even during long sessions. Easy to keep fresh since the cover can be removed and washed.

Gräsnäs anthracite/black	906.290.44
Gräsnäs gray/white	206.292.88





STYRSPEL gaming chair. This gaming chair helps you play at the top of your game. Adjust the headrest, lumbar support, armrests and the seat height and depth – the mesh material keeps you cool when the game heats up!

Dark gray/gray	505.220.35
Red	706.130.58





BÄSTBOLL gaming chair. The gaming chair that helps you perform at your best with its great comfort and ergonomics where you can adjust the armrests, headrest, seat height and lumbar support and enjoy the airy, high-quality mesh.

Black/Mjuk black	205.862.55
Blue/Mjuk light gray	205.859.63





LÖPARBANA gaming chair. This gaming chair helps you play at the top of your game. Adjust the headrest and seat height to enjoy a comfortable support that allows you to focus when the match begins.

Vissle green	105.863.31
Vissle dark gray	305.863.30





HUVUDSPELARE gaming chair. The backrest gives you good lumbar support – and even when the game heats up, you stay cool thanks to the mesh net.

Black	705.076.04



Accessories



KOLON floor protector. 120×100 cm (47¼×39⅜"). Suitable for most types of floors and flat-woven rugs. Not suitable for cork floors or heated wooden floors. If the floor protector is left lying on the floor for a long period a vacuum may form and cause damage to your floor. Therefore, lift the floor protector at regular intervals for ventilation.

448.811.00



PYNTEN seat pad. W41×D43 cm (17×16¼") Tailor made to fit LOBERGET and ELDBERGET swivel chairs perfectly. Soft and comfortable to sit on while giving your room a warm and cozy look.

Dark gray	904.749.90



PYNTEN child seat pad. W32×D33 cm (12½×13") Tailor made to fit LOBERGET/SIBBEN children´s desk chair perfectly. Soft and comfortable to sit on while giving your room a warm and cozy look.

Turquoise	505.388.28

Services

We offer a range of services to help you with everything from putting it together to getting it home. Of course, the more you do it yourself, the lower the price will be. And the more we do it for you, the more you can sit back and relax!



Delivery service

Can’t take your furniture with you?
We’ll bring it to your home or workplace.



Click and Collect

Your online purchases can be ready for pick-up on a day that’s convenient for you.
Have access to all items available to purchase online at IKEA.ca. It’s easy:

1. Buy your items online
2. Pre-select a date to collect your order
3. Pick-up your purchase at an IKEA store near you.



Assembly service

Sometimes it’s nice to have someone else to put your furniture together.
We’re happy to do it for you.



It’s ok to change your mind

You have 365 days to return your purchase. Keep your receipt safe to make returns easier. You’re free to change your mind. Return unused items in their original packaging within 365 days together with proof of purchase for a full refund.

Talk to a co-worker or visit IKEA.ca/services for further details and pricing.

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