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# Window treatments



In this guide you will find lots of inspiration, tips and advice on what curtains and blinds can do for you and your interior. Have a look through it to plan and prepare your purchase and secure an optimal window solution. Open your windows to a world of new possibilities!



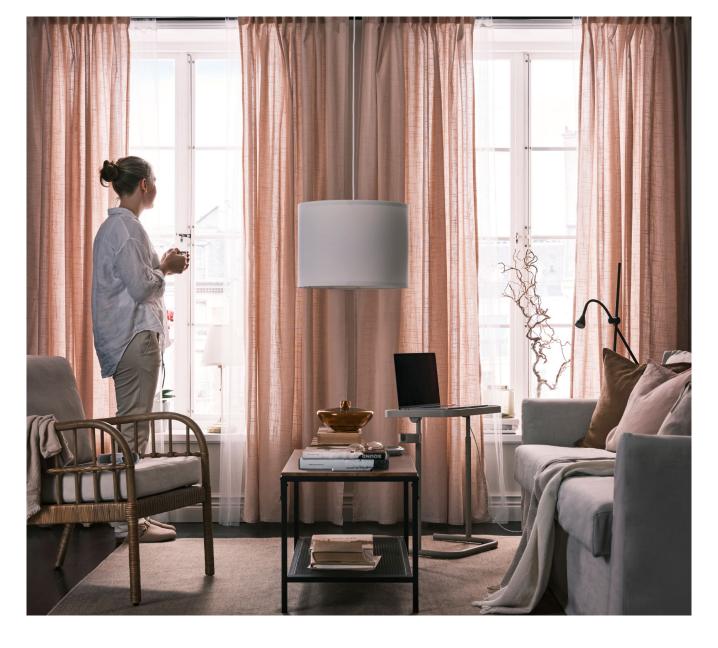
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# How can I improve my home with curtains and blinds?

Your choice of window solution is a great way to add beauty and expression to your home. But curtains and blinds can actually serve many more purposes – and usually more than one at a time. They control how much light is let in and give you a feeling of privacy and safety. You can also use them to dampen noise and reduce heat and cold

while protecting your furniture and flooring from harsh sunrays. Another option is to use a curtain as a room divider or as an alternative to wardrobe doors. With this guide we want to help you see all the possibilities and then make the right choice for your home.





### 6 things your window solution can do for you:

#### 1. Privacy

A window solution can be great at giving a sense of privacy and safety to your home. Your choice depends on where and on which floor you live. With a layered curtain solution, you can easily adjust from daytime to evening.

#### 2. Impact

Different fabrics, tactility levels, shapes and colours affect our senses in different ways. Some colours can calm you or improve your focus, sweep away negative emotions and inspire positivity, while a soft fabric draped harmoniously gives a sense of peace.

#### 3. Light

Different rooms require different levels of light, depending on the type of activities that take place there and the light conditions that suit them. Sometimes a one-layer curtain is just what you need, while using two or three layers allows multiple ways to control light at various times of the day – to reduce glare, provide maximum darkness or allow as much light in as possible.

#### 4. Energy

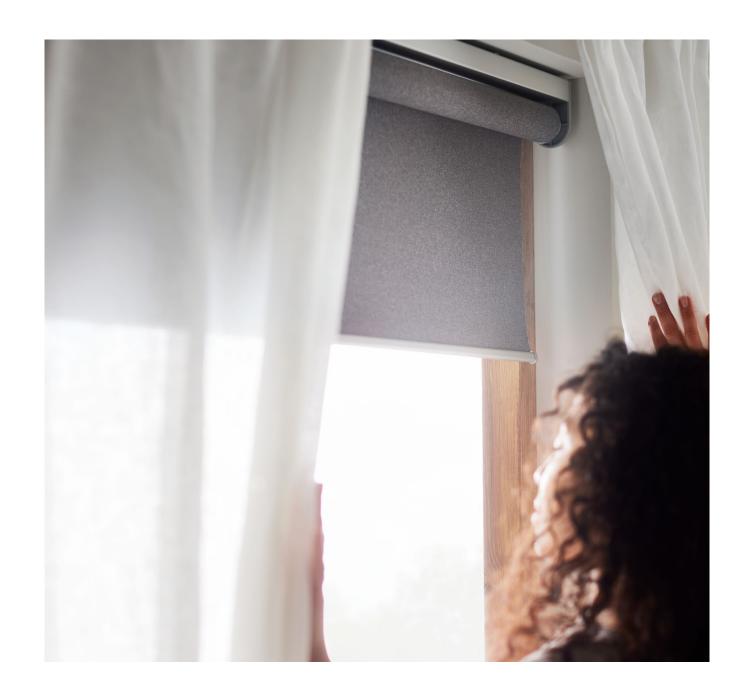
No one wants to waste energy, and the right window solutions can help control the temperature in a room. They can stop the heated or airconditioned air from seeping out and keep drafts and hot afternoon sun from seeping in – ultimately saving energy.

#### 5. Sound

Your home should be an oasis of calm when you need it to be. Protect against unwanted and intrusive sounds by using curtains and fabric blinds to absorb sound and reduce echoes.

#### 6. Smart

Smart home products can add convenience and make your life feel safer, while helping you save energy and money. Smart blinds can be set to automatically go up in the morning when you wake up, to lower before you arrive home in the evening or be adjusted to go up or down at different times while you are away for added peace of mind.



### I get my beauty sleep in the middle of the day!

"Sometimes I work night shifts and come home just as the sun's rays begin to find their way into the bedroom. I really need the room to be completely quiet and dark. So the first thing I do is to pull down the blackout blind and draw the sheer curtain that falls softly and evenly – only then am I ready for bed.

Other days it's the opposite; I come home in the evening, just like most other people do. Then it's streetlamps and moonlight that my curtains block out instead, ensuring that I can get my beauty sleep."



Sleeping is vital for our well-being. It helps us to feel rested in body and mind, reinforces our immune system and memory, controls our hormones and even our appetite! A good night's (or day's) sleep starts with effectively blocking out streetlights and moonlight. Choose between a blind or a curtain based on your style and preferences.



Curtains and soft textiles are superheroes when it comes to transforming your bedroom into a relaxing retreat. Hang curtains around the bed to create a cozy and private sanctuary within the room – a place to wind down and get your rest, even when other family members are in the room.



For a total blackout, consider the gap between the window solution and the window. A blind can either be mounted inside the window recess or fixed in place to hang from the wall or ceiling. If you go for the latter, or a curtain, make sure to add on some centimetres on both sides to minimize the light that can enter. Another choice for a curtain is to add on corner accessories to build a track rail that can close completely in line with the window



To get some flexibility in your bedroom, go for two layers of curtains. One could be a blackout curtain or a blind, and the other a sheer curtain that lets some daylight through while still providing privacy. A semi-sheer fabric, such as linen or cotton, is a great in-between option that provides a great deal of style.

Does your living room sometimes turn in to a bedroom when friends and family stay overnight? With a layered curtain solution in the living room, the transformation occurs in a flash. With a soft lightfiltering curtain, you can add your personal style and expression to the room while a blackout curtain turns it into a quest room so your guests can enjoy a lie-in.





When you look for a window solution that focuses on privacy, consider the material and thickness of the fabric since its density and colour will affect how it reacts with the light and what atmosphere it gives to your room.



### No more glare on screens

"Sometimes it feels like the screens in our home are multiplying by themselves. We use them all the time – from the quick news update and cartoons at the breakfast table to school homework before dinner and the late-night film when the whole family stretches out on the sofa. Lately I've also worked from home at times with my laptop on the dining table. But the sunlight outside created disturbing glare on the screen – that's when I finally decided to look over our window solutions."



A smart blind is very handy in the kitchen or dining room when your hands are full and you are busy prepping, cooking or eating. With a smart blind connected to the IKEA Home smart app, you can use voice control to make the blind go up or down.



Start off with choosing the right curtain material for your needs. Do you want the curtain to filter the light, give you privacy, insulate from heat or cold? Also consider cleaning aspects and how you want it to withstand general wear and tear. Blackout curtains have a blackout layer, while the room darkening curtains hava a dense construction of woven or thick fabric like velvet. Curtains are lighter and let more light through, and sheer curtains even more so.



The phone or tablet is a never-ending source for recipes and cooking tips. Make sure you have a good light without getting irritating glare on the screen. One optimal choice could be a roman blind since it doesn't require any upkeep like a tie-back curtain.





Same fabric, same hour of the day – but different colours. All colours interplay with natural daylight but they create different impressions. What character do you want to add to your room?

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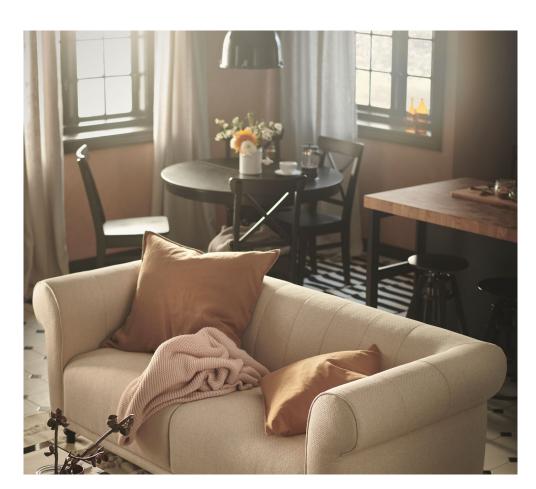
With choosing the colour of the curtains, you can easily create a certain feel in the room. You could either choose a colour that harmonizes and blends in with the walls and decor, or go for a contrasting tone.



TV, tablets, laptops, phones ... the screens are everywhere in the home and glare can be really annoying. Make sure you choose the right window layering solution to filter light from the outside both during the daytime and in the evening.



In busy areas of the home like the living room, privacy might not be the priority, so a one-layer solution could be enough. Maybe you'll go for a soft curtain or prefer a neat, contemporary look that a blind will give.



Daylight is great for reading and a good idea is to curl up in a sofa or comfy armchair by the window. Just make sure you choose a curtain or blind that filters the light just enough.



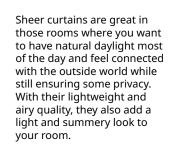
### I don't want to miss the cherry blossoms

"From my living room window I have this lovely view to the west overlooking a small park where the sun always sets. I enjoy it all year round – from the blossoming cherry trees in spring to the rich palette of the autumn leaves. It's actually one of the reasons I chose this apartment in the first place. So to make sure I don't miss out on any cherry blossoms, I chose a sheer curtain for this window. A nice feature is how the golden rays of the sun filter through the fabric."

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A sheer curtain is perfect for a layered solution, and by placing it closest to the window, you diffuse the sunlight rather than block it out. A great choice for winter is layering with blackout or thicker curtains to increase warmth and energy saving.







With a smart blind you can make sure not to miss out on any sunrise or sunset, just set the timer when you want the blind to go up or down.

The smart blind range can not only be controlled via a remote, but also with the IKEA Home smart app.

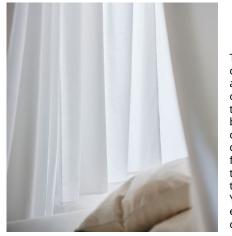


### My curtains protect me from heat, cold – and noise

"An old house can be full of character. But old buildings often also mean old insulation and air seeps in and out around our windows all year round. But here's a tip: change to blackout curtains in a thick, heavy fabric and you can enjoy a much more even and comfortable indoor temperature. An extra feature is that the textile also dampens the noise of slamming doors, music and the whole soundtrack of life with our big family."



The thickness of the fabric also matters in terms of how well the curtain absorbs sound. If you consider a blind, it is also important if you mount it inside or outside the window recess. Some brackets are compatible with more than one family, which means you can replace a light-filtering blind with a blackout and vice versa if the needs in the room change.



Textiles dampen sound caused by everyday activities like the clattering of dishes and cutlery or the screeching from chairs being moved around. To capture the sound waves drape the curtains with folds and ensure that there is space between the wall and the curtain. You will get the best effect at a distance of 9-15 centimetres.



A cellular blind with a honeycomb structure traps air and transforms it into an insulating barrier between the window and the room. It prevents cold air from seeping in and heated air from seeping out.



If you have several windows in the room, you can either dress them identically or individually. It all depends on how the room is used and if it is divided into different zones.

**↓** 15



### Great ways to do a makeover

"Living in 25 square metres of space is sometimes challenging, but I do know a thing or two about flexibility. My friends call me a magician when they see me transform the home office into a dining room. The same goes for the window solution: layered curtains are the trick. Sheer curtains let the sunlight through during the day and in the evening the room darkening curtains block out the streetlights.

Recently I've become an expert at updating my room without spending a fortune. I just change curtains! A more neutral curtain, for example, will blend in with the rest of the room, while a contrasting colour will make a big statement and set the style. I like both ways – that's why I keep changing."





Solid colour or patterned? If all the other soft furnishings in the room are a solid colour, going with printed curtains, as well as cushions and rugs, can be a nice contrast. Quirky prints and geometric patterns go well with a contemporary style, while florals would suit modern classic and traditional decor. One thing to remember though is that prints add visual weight to any element.



Long or short? Well, that's a matter of personal choice. Full length curtains will look more luxurious, but you need to be careful if you have a radiator under your window since they can block the heat when drawn across. Windowsill length or just below the windowsill may be a more practical solution.





By layering, you can adapt the window solution to the needs you have in the room: sheer and room darkening work well in the living room, sheer or privacy or blackout work best in the bedroom. Or why not combine a blind and curtains? You can play with all the combinations.

When living with children, nothing is more important than safety. Exposed cords hanging down in a window can be a hazard to children – that's why all our blinds are cordless. They are still easy to use though; for convenience, you can use our separate draw rod to pull down and push up your blind.









Curtains are not just for windows. They are great when you want to create a temporary wall solution, hide your workspace and your open storage – or just replace the closet doors to add more softness.

### How to choose the right material?

Each material used for our window solutions has specific properties and has been chosen for a reason. Learn more about different textile materials here. Also take a look at the product information page for each product on our website to learn more about materials and sustainability.



**Polyester** is a strong, wrinkle-resistant material that is easy to maintain. It absorbs almost no moisture and it's commonly used as a more affordable alternative to natural materials. Recycled polyester and virgin polyester have identical looks, attributes and characteristics.



**Linen** has a timeless appeal and works perfectly in any season. The fabric is strong and durable and gets only softer with each wash. The natural fibres make the fabric highly breathable, allowing air to pass through and circulate.



Cottons softness and breathability has made it the world's most popular natural fibre. The material is strong and can be washed at high temperatures. Natural fibres such as cotton are 100% renewable, and today many of our products are made of recycled cotton.



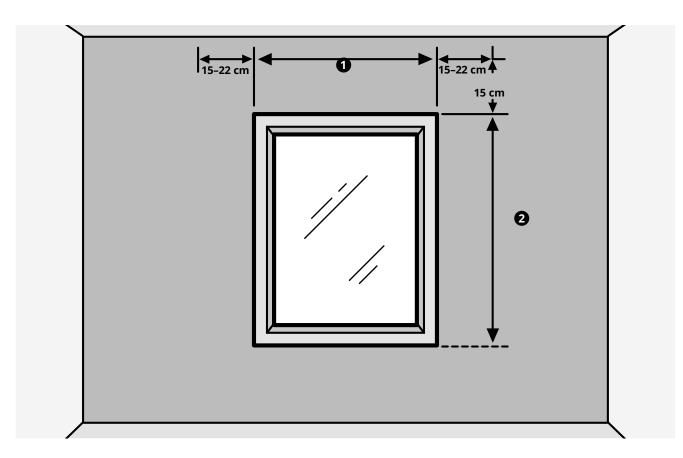
**Viscose** fibres are strong, transport moisture away and are often combined with other materials such as cotton. As for its look, viscose offers lustre, colour brilliance and a satin-like sheen.



We always test the safety, quality, and durability of our products.

### Basic in place - curtains

When it comes to windows, one size does not fit all. Windows are built in different ways. And we all have different needs regarding curtains. Part of the secret to creating truly beautiful, simple solutions that use several layers is to measure your window properly.



#### Step 1. Measure width of window

This determines the width of the curtain rod or track rail needed.

- a. Measure the width of your window from edge to edge of the frame.
- b. Decide where to mount brackets to evenly distribute the weight of your rods and curtains.
- c. Add at least 15 cm (5 15/6") or 15–22 cm (5 15/6-8 11/6") on each side of the measurement. This is to ensure that the window will be fully covered and allow you to fully open the curtain.
- d. To ensure stability, curtain rods extending between 140–280 cm (55 1/8-110 1/4"), will need three brackets. For curtain rods longer than 280 cm (110 1/4"), four brackets are recommended. If you have more than two brackets, you will not be able to close or open the curtain completely, in this case maybe a track rail is a better solution.
- e. Calculate the curtain width according to the desired pleated effect: Curtains: from 1.5 to 2.5 times the length of the curtain rod.

#### Step 2. Measure height of window

This determines the length of your curtains.

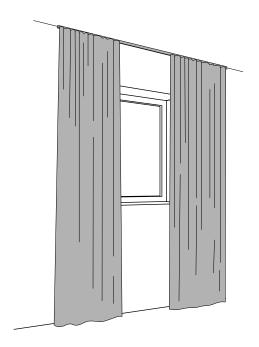
f. Measure from the top of the window frame to where you want the curtains to end.

#### TIP

If you intend to add blinds, it's a good idea to add a couple of centimetres to the width of the blinds so that they overlap the window frame and completely block out light.

#### TIP:

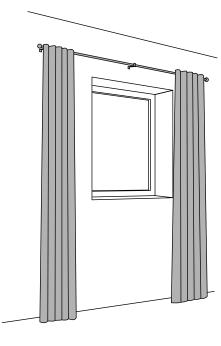
As a general rule, adding 15 cm (5 15/16") to the upper measurement gives space to your curtain rod or track rail, and creates a visual appearance that the ceiling is higher by mounting the curtain rod closer to the ceiling. Curtains can either hang on the wall or from the ceiling. Consider if you prefer a curtain rod or a track rail.



#### Ceiling-mounted:

The many benefits of hanging your curtains at ceiling level include absorbing sound, giving a feeling of a larger room with a higher ceiling (this works well in a small space, but may not be ideal in a room that is already large) and the creation of a more modern impression compared to curtains hung at the top of the window frame.

If the rail is mounted in the ceiling, the curtains can be hung so that the rail is not visible, which gives a very elegant impression.



#### Wall-mounted:

You can mount your rod to the wall above the window frame. A rule of thumb is 5 cm (2") above the frame, but it is up to you to decide. Also consider things like the proportions and height of the ceiling.

For a traditional look, use curtain rods. Extending the curtain rod beyond the actual window gives the impression that the window is larger, and that the ceiling is higher.

If you choose fabric, consider whether you want a solid colour or patterned (floral, dotted, striped) depending on what impression you want to give.

#### **Curtain length**

There are three different options when deciding the length of the curtain, depending on your style and or needs in terms of covering the window space:

- 1. The slight float: this sits about 2.5 cm (1") above the floor.
- 2. The kiss: the kiss barely touches the floor. Nevertheless, it needs to be measured most accurately, from the rod.
- 3. The puddle: the curtain just puddles at the base on the floor.

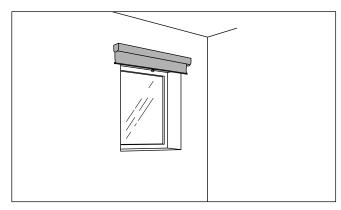
### **Basic in place - blinds**

All our blinds come in different models, fabric, colours, lengths and widths. Many of them can also be cut to adapt to the window size. Some brackets are compatible with more than one family, meaning that you can easily change the type of blind whenever you need (want?) to make a change in the room. For more details, visit our website product pages.

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#### Across the home: Tips & Ideas

Hanging the blind on the wall is one option. Hang it 5 cm (2") above the frame if you want to mount outside the window recess.

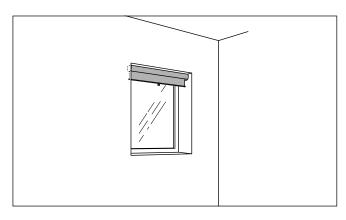


Hanging the blind on the wall is one option. Hang it 5 cm (2") above the frame if you want to mount outside the window recess.

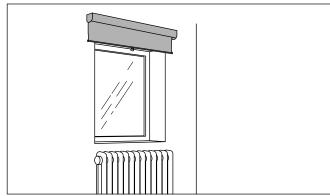
If you intend to mount the blind outside the window recess, it's a good idea to add a couple of centimetres to the width of the blinds so that they overlap the window frame and completely block the light.



Ceiling mounting may be necessary with large windows or multiple windows that need to be covered by a single blind.



If it is vital to block out the light, we recommend installing the blind inside the window recess to perfectly cover the window area.



When mounting a blind, also keep in mind the architectural limitations: for example, if there is a windowsill, radiator or piece of furniture just below the window, we recommend a shorter drop length for blinds.

#### **Curtains and blinds**

From a light management perspective, IKEA curtains and blinds offer different options: light filtering, privacy, room darkening and blocking out light.

Also consider your needs in terms of privacy: for example, a light-filtering choice has a sheer fabric that lets light in and provide some privacy, a blackout on the other hand blocks the light out and

also gives you a maximum level of privacy.

Symbols on the packaging and on the website help you identify what is right for you.



#### Light filtering

Curtains and blinds with a sheer fabric provide privacy, while letting daylight through and help you feel connected with the world outside the window.



#### Privac

A perfect solution when you want privacy or want to block annoying glares on TV and computer screens. The outside light still comes through and creates a cozy atmosphere in the room.



#### Room darkening

Room darkening curtains and blinds prevent most light from entering and provide privacy both day and night by blocking the view into the room from outside.



#### Block-ou

With blackout curtains or blinds your sleep won't be disturbed by moonlight and street lights. And you will not be woken by the sun when you want to sleep in late.

#### Why curtains?

Curtains add function, style and expression to your room. Complete with the hanging solution that best fits your preferences and needs.

#### Sheer

Sheer curtains let sunlight through and allow you to sense what is happening in the world outside while giving you privacy. They are perfect to use in a layered window solution.

#### **Privacy**

A perfect solution when you want privacy or want to block annoying glares on TV and computer screens. The outside light still filters through and creates a cozy atmosphere in the room.

#### **Room darkening**

Room darkening curtains prevent most light from entering and provide privacy both day and night by blocking the view into the room from outside.

#### **Blackout**

Blackout curtains block light from shining through and completely darken your room.

#### Why blinds?

They can provide a clean, minimalist look to a room and are also ideal for a home with modern decor.

#### **Roman blind**

A perfect solution when you want privacy or want to block annoying glares on TV and computer screens. The outside light still filters through and creates a cozy atmosphere in the room. Our blinds are cordless and the length can be adjusted.

#### Roller blind

Roller blinds available as blackout and filtering, come in different sizes of widths. Manual or Smart, with or without a cassette – all based on your preferences.

#### **Pleated blind**

The one-layer fabric is pleated for a decorative look and you can pull down and up according to your needs. Available with a blackout or filtering function.

#### **Cellular blind**

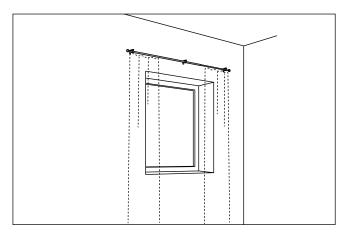
The honeycomb structure traps air and transforms it into an insulating barrier between the window and the room.

#### Smart blind

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A smart blind has the function of a blackout or filtering blind/cellular blind, but is possible to connect to the IKEA Home smart app.

### Ways to hang your curtains



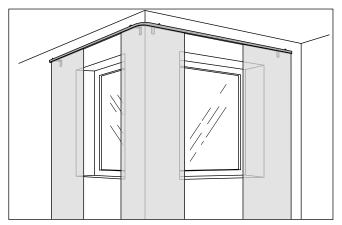
#### **Curtain rods**

In our range you'll find rods with different lengths and diameters, as well as adjustable (telescopic) rods.

Always check the maximum load in the product information.

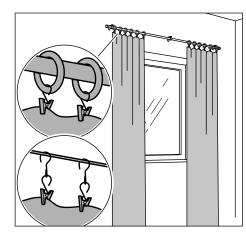
Choose the colour and complete with finials. They work with eyelet curtains but also with heading tape curtains.

Curtain rods need brackets, and the amount varies with the width. Keep in mind that if you need more than two brackets, this means that you cannot fully open the curtain.



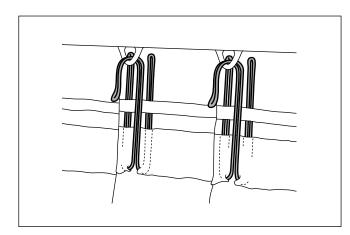
#### Track rail

The rail works with any kind of curtain (using heading tape and eyelets) though you will need to complete with certain accessories. It allows you to build a system, that extends as much as you like (a very good option when you want to build room dividers) – and all while overcoming architectural limitations at the same time.



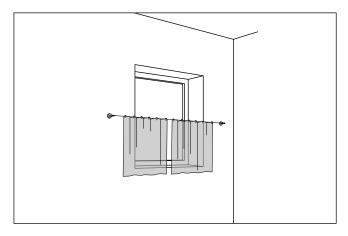
#### Rings and clips

Rings have clips attached to the bottom, and the clips grasp the top edge of the curtains. This arrangement lowers the hemline without altering the curtains, letting the full length of the curtains hang below the rod.



#### Hooks

You fix the hooks directly to the curtain with no hardware being visible – and you can pleat your curtains as much as you like (depending on how many hooks you've added). You can hook the finger hooks to the pin and the rings for a curtain rod, or the hooks to the glider of a track rail.

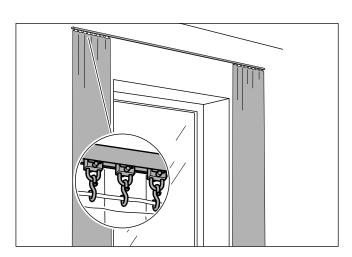


#### Wire

The simplest option, it's meant only for lightweight panels or sheer curtains. To be completed with clips.



Scan this code to



#### **Gliders**

Gilders help to easily slide the curtain on the track rail while ensuring pleating. You can connect the gliders to the finger hooks.

### **Create different impressions: suspension**

Different ways of hanging curtains can help to enhance the style of the room, since it has a visual impact and determines how the curtains fall. Curtain rods, track rails and wire can be mounted from the ceiling or to the wall.

Type of curtain	Example	To be completed with
Curtains with tabs (open and hidden tabs)  Curtains with open tabs create a traditional and casual feel.  Hidden tabs have a looser fall but are still quite formal.  But keep in mind that it can be difficult to pull the curtain back and forth.		Curtain rod
Curtains with heading tape  Curtains with heading tape and pleater hooks give a more dressed up or formal feel.  They also have a stiffer drape.		Curtain rod or track rail and accessories (hooks and gliders)
Curtains with rod pocket  Curtains with a rod pocket come ready to hang. You slide them onto your curtain rod via the pocket of fabric at the top. If you want a softer look for your window, rod-pocket curtains are a great choice since the fabric covers up the rod.  A nice choice for curtains that will stay put.		Curtain rod
Curtain with eyelets  Curtains with eyelets give the best drape with a modern feel. Once hung, your curtains will fall in soft and even pleats.  Easy to open and close – great for rooms where you want flexibility.  Eyelets give a contemporary finish to your curtains, so they are a perfect match to go with a modern home.		Curtain rod
Curtain wire  A wire has a clean and neutral design that allows you to hang the curtain with clips directly to the wire. Also a good choice if you want to divide the room or hide an open storage solution.		Hooks and clips
Track rail  In the range we have single track and a triple track. You can also combine them as much as you like.  A track rail is a very functional solution that allows you to extend it as much as you like, perfect for overcoming architectural limitations.  The triple track solution is ideals for panels.		Gliders and hooks

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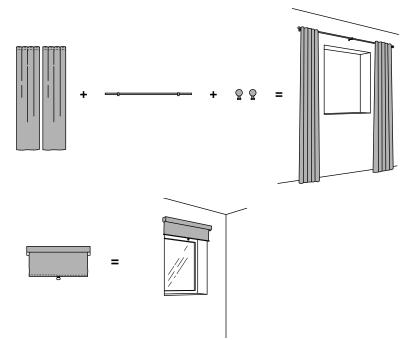
### **Window layering**

#### **One-layer solution**

A simple solution and a good choice for limited space or odd window measurements – or when one layer is simply enough to cover the need in that room.

Decide if you want to have a curtain or blind. A curtain is recommended if you want a more furnished look and if you want to be able to machine wash it. The first thing to consider in dressing a single window is size: give the window a look that makes it feel proportional to the room.

When single windows are the same size throughout the room, using the same solution creates continuity, while different solutions can be a way to emphasize various zones of the room.



#### Single track

There are different possibilities from our track rail family. It is up to you to cut or to extend it. By using the corner connectors, you will be able to cope with any corners. This can be the solution when you want to minimize the amount of light entering from the side of the curtain and if you want to close the space around the window.

Another benefit with track rails is that you can extend them as much as you like.

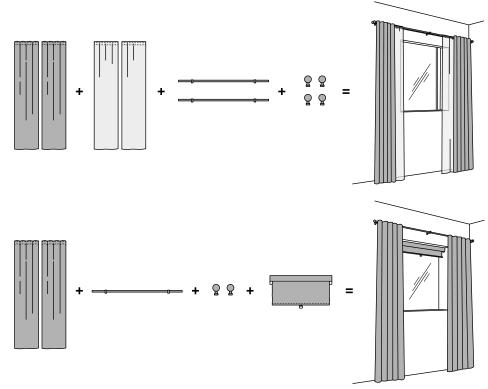
#### Two-layer solution

A solution with two layers is flexible and good for those rooms where various activities take place during the day since the needs vary – like in the living room, dining room, a home office or in the bedroom. With a two-layer solution you combine function and beauty.

Use two curtains or a combination of a curtain and a blind or by using a double-track rail.

The great thing about blinds and curtains is that they pair together seamlessly and add depth to your windows. For example, open the blind and keep curtains closed to allow light to filter through, and then close the blind to completely block out light and increase privacy at night.

When you choose this solution, mind the distances between the blind rail and the rod to avoid friction between the 2 solutions.



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#### **Double rods**

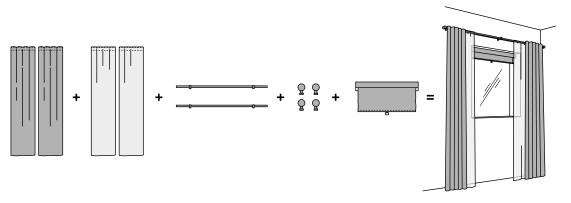
When you choose a double rods solution, you decide how to position the rod holders in the brackets: this depends on the distance you decide you want from the wall or the distance

between first and second rod: for example, if you want to drape the curtain and you want to avoid friction when sliding the layers.

#### Three-layer solution

A solution with three layers is very versatile, and especially good for multi-function rooms. With three layers, you can block light or let it in, keep your room warm or cool, stop glare on screens, ensure both privacy and views or just make your

room feel cozier. A beautiful and functional solution is guaranteed.



#### Three-layer solution

A full solution providing maximum flexibility in terms of light, sound, privacy control and function – perfect for a bedroom and living room.

Layered window solutions offer the benefits of improving insulation, light control and privacy – and all while you make your home a more comfortable environment.

### Something to think about before starting

open?

How does the window

Keep in mind if the window opens inward or outward when you take the measurements for

mounting outside or inside the window recess.

### Adapt to the architecture?

Is it an arched window or a bay window? Think what kind of window you have and if there are architectural limitations. Sometimes, even a windowsill or a radiator under the window can determine the type of window solution.

### What are the benefits with a smart blind?

With a smart blind connected to the IKEA Home smart app, you can control it wirelessly or set a timer to roll it up or down depending on the activity taking place in the room.

### Can sunrays harm my flooring and furniture?

Yes, but with the right window solution you can protect furniture and flooring from harsh UV-rays.

### Do I need a blackout, filtering or sheer curtain?

Think of how the room is used. For example, maybe you use your laptop and watch TV there and want to reduce glare on screens. If you have the need for blackout and filtering in the same room, then a multiple solution is what works best.

### How can I ensure my privacy?

Consider if a sheer curtain can be enough for the kitchen, but a blackout is essential for the bedroom. A layered solution is a great choice if needs change and you want to be flexible.

### How can my window solution dampen noise?

Curtains play a very important role when it comes to dampening sound, especially when combined with other sound-dampening interior details like rugs, textiles, furniture, upholstered furniture, beds and cushions.

### Can my window solution improve the indoor climate?

Depending on the thickness of the material, your curtain or blind can insulate against both cold drafts and heat from the sun. A cellular blind with a honeycomb structure traps air and transforms into an insulating barrier between the window and the room.

#### Curtain rod or track rail?

Choosing the right hardware is essential to achieving both the desired aesthetic aspect and function of the window.

### Is my window facing south or north, east or west?

Do the windows get sun in the evening or the first light of the day? Do I need a black-out, a privacy screen or a more visual statement? Or maybe all three. Also consider the right material for the fabric.

### Should I choose a curtain, a blind or a panel?

Curtains and blinds have different looks but serve the same function. The main difference between curtains and blinds is how much they cover the window. While blinds cover the window directly in line with its surface, curtains are usually hung in front of the window and often drape to the floor. Keep in mind that with a layered solution you can combine a blind and a curtain.



# Should I choose one layer or multiple layers?

A single layer is the easiest solution and works well in many rooms, but multiple layers are more about adapting and being flexible where many needs and activities in the room take place during the day.

#### What about cleaning?

Consider if you want a textile curtain and if you want to be able to machine wash it (an especially good choice for the kitchen). Check the washing instructions for the chosen material.

### How long and wide should the curtain be?

Mostly it is about aesthetics, for example if you want to adjust the proportions of the windows. But also consider the need, like if you want to cover more than the window recess to insulate or block out the light.

