

RECIPES

Chocolate-dipped banana ice cream



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8 PCS. ICE CREAM

Make your own delicious ice cream treats with healthy banana dipped in light chocolate – with crispy topping or raspberries.

INGREDIENTS:

200 g CHOKLAD LJUS milk chocolate bar
4 bananas
8 ice-cream sticks
8 tbsp. of topping – finely chopped nuts, coconut, sprinkles or freeze-dried raspberries
2 egg whites

STEP BY STEP:

1. Peel the bananas and cut them in half.
2. Insert an ice-cream stick into the cut surface of each part.
3. Place the bananas on an oven tray with baking paper in the freezer for at least 2 hours.
4. Melt the chocolate in a water bath.
5. Dip the bananas in chocolate and top with finely chopped nuts, coconut, sprinkles or freeze-dried raspberries.



CHOKLAD LJUS milk chocolate bar, 100 g
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